









Enrichment items during turnout – effect on horse behaviour?

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#### Overview





- Background
  - Horse housing
  - Enrichments
  - Aim of the experiment
- Study 1
  - Materials and methods
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- Study 2
  - Materials and methods
  - Results
- Discussion
- Conclusion

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#### Background I



- Barren environments and social isolation have been related to behavioural problems (Luescher et al., 1991; Nicol, 1999; Cooper et al., 2000; Henderson, 2007)
  - Often not given ad libitum roughage but rather few meals with most energy from concentrates
  - Positive behavioural effects of group housing (e.g. Christensen et al., 2002; Heleski et al., 2002; Rivera et al., 2002; Søndergaard and Halekoh, 2003; Søndergaard and Ladewig, 2004)
  - Still the most common way of housing horses is in individual tie-stalls or in boxes (Bachmann & Stauffacher, 2002; Søndergaard et al., 2002)

### Background II

- A range of products for enrichment are available in shops
- A few studies on environmental enrichments for horses (review: Henderson and Waran, 2001)
- What is an enrichment?
  - Newberry (1995): "an improvement in the biological functioning of captive animals resulting from modifications to their environment"
  - Animals kept individually: reduce boredom, apathy or stereotypies
  - Animals kept in groups: reduce aggressive interactions, movement



#### The aim of the experiment

• To test the effect of different enrichment items on horses' activity and behaviour

Kept either individually

or in groups



• Hypothesis:

- Individual horses -> less passive
- Horses in social groups -> fewer aggressive interactions



#### Materials and methods I



o Study 1

- 8 individually kept, adult, warmblood horses
- Systematically rotated through 8 individual paddocks with one of 7 additional items (1 control)
- Instantaneous sampling every minute 1 hour at the start (10:00 to 11:00) and end of the turnout period (14:00 to 15:00)

#### • Behaviours observed

 Item directed activities, passive or active independent of item





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### Additional items





# Results study 1





#### Passive behaviours vs. item directed



Item directed behaviours (frequencies)

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#### Passive behaviours vs. eating



#### Materials and methods II

• Study 2

• 6 groups of riding horses (3-4 horses/group)

- Different breeds, mares and geldings
- 4 days with each item

Same observation
method and behaviours
+ social interactions





## Results study 2





#### Passive behaviours vs. item directed



#### Passive behaviours vs. eating behaviour

R=-0.67 P<0.0001



Eating non-item directed substrates (frequencies)

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### Social interactions







### Discussion

• Edible items were more attractive

- Amounts
- Number of piles/objects
- Aggression
- Also opportunity for increasing structural complexity in groups of horses
- No knowledge of long term effects of CBALL
  - Frustration? Stress? Stomach ulcers?





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## Conclusion





- Horses interacted the most with edible items like CBALL or straw
- Group housed horses showed a reduction in number of social interactions when given straw



 Providing edible items like straw might function as an environmental enrichment for horses either kept individually or in groups



#### Thank you for your attention

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• Any questions?





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