



Overview of Equine Assisted Activities & Therapies in the United States

Leif Hallberg
M.A., LCPC

Horses Across the United States

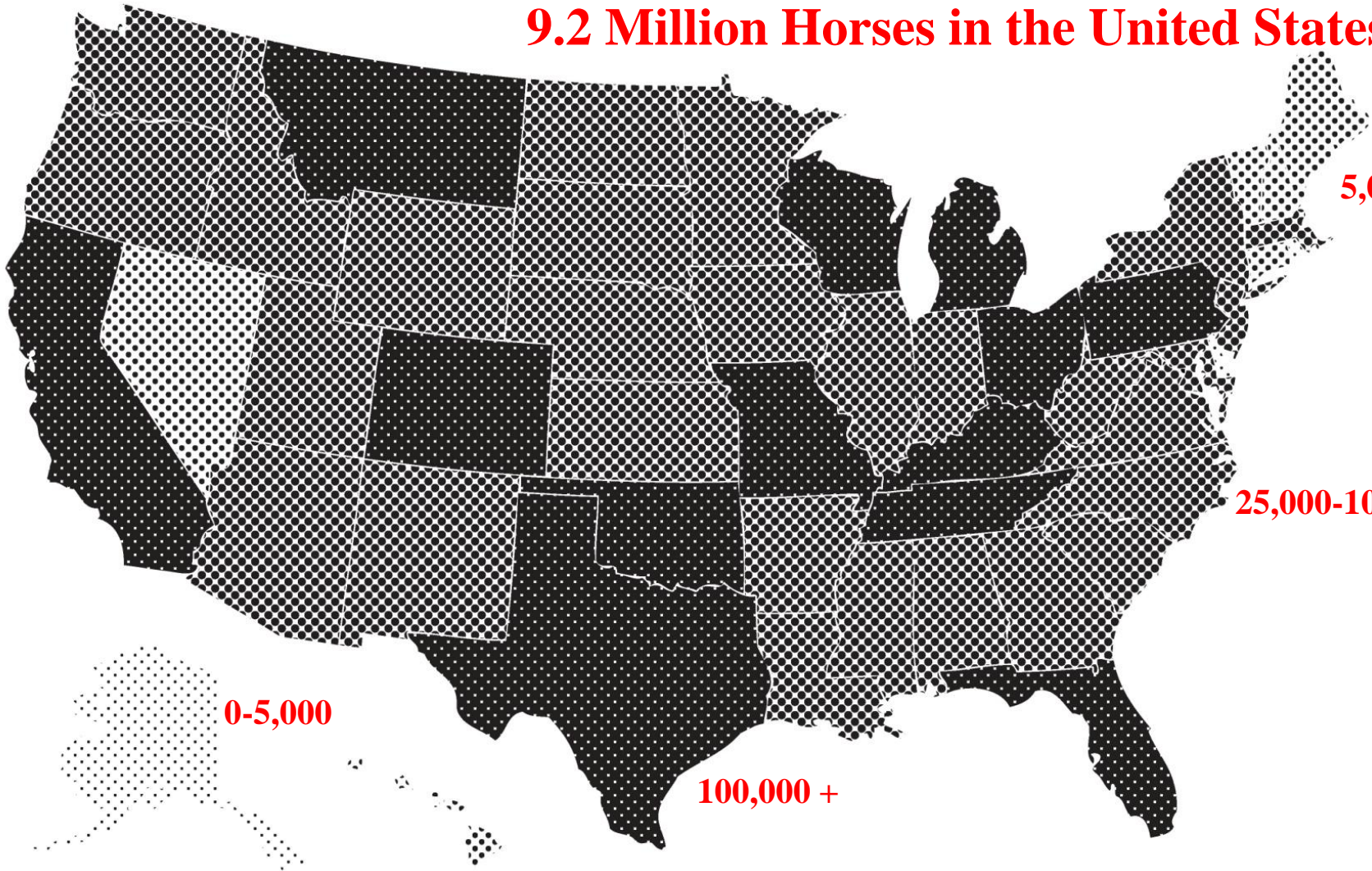
9.2 Million Horses in the United States

5,000-25,000

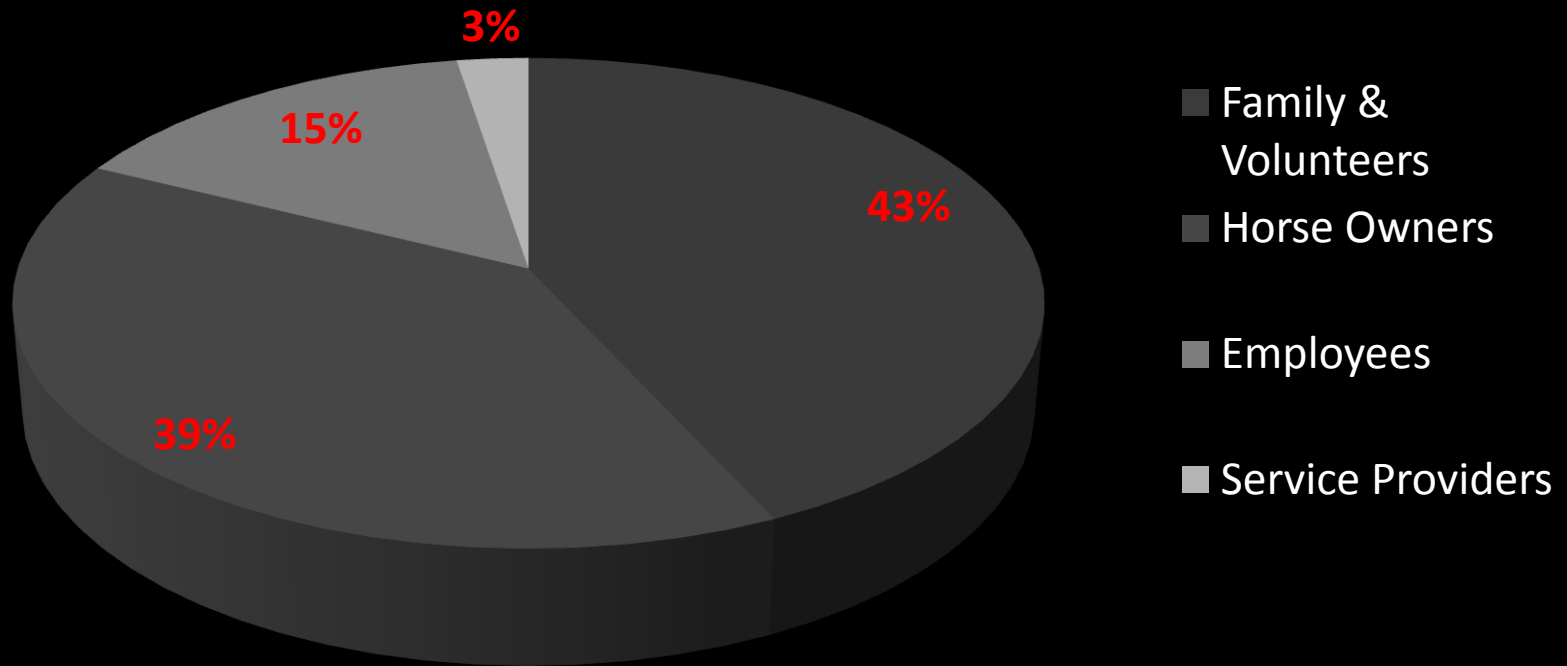
25,000-100,000

0-5,000

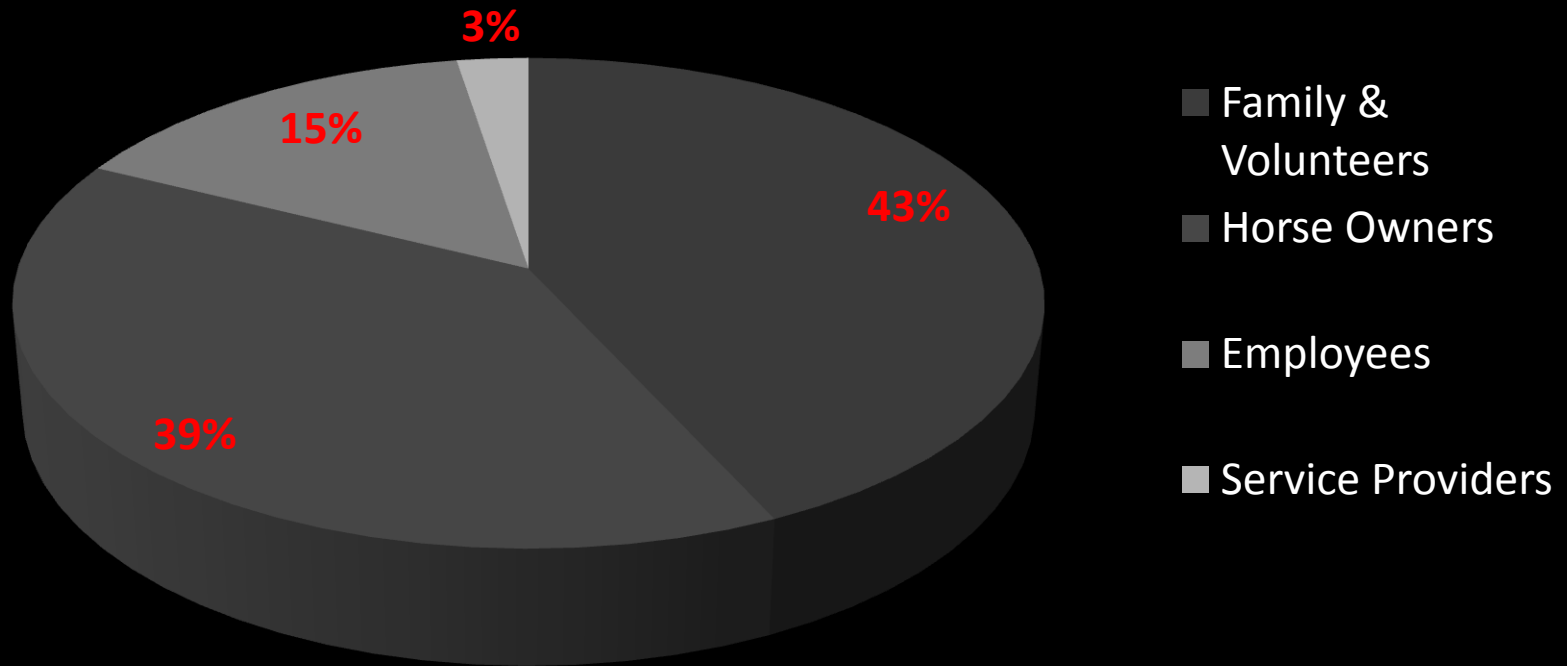
100,000 +



4.6 Million People are Involved in the U.S. Horse Industry



4.6 Million People are Involved in the U.S. Horse Industry



1 out of 63 Americans is involved with horses

Cost of Horse Ownership



Cost of Horse Ownership



**\$3,000-\$6,000
Per Year**

U.S. Horse Industry Standards

- No competency standards for riding instructors

U.S. Horse Industry Standards

- No competency standards for riding instructors
- No competency standards for horse trainers

U.S. Horse Industry Standards

- No competency standards for riding instructors
- No competency standards for horse trainers
- No competency standards for horse ownership

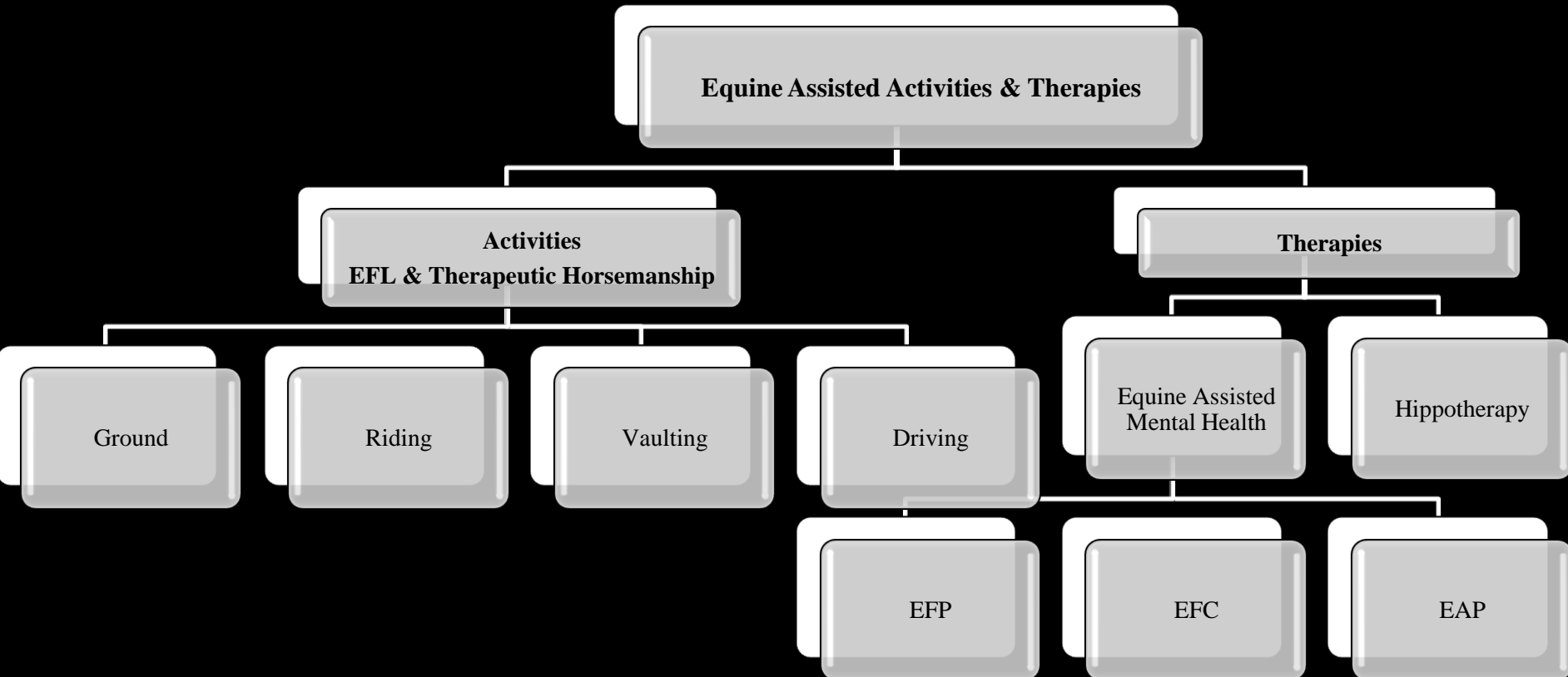


Equine Assisted Activities and Therapies

Definition of Equine Assisted Activities & Therapies (EAAT)

EAAT services include recreational, educational, or therapeutic goals achieved through relationship with horses.

Terminology





Historical Timeline of EAAT in the US



1966 – Cheff Center Opens in Augusta, Michigan

1960's



1966 – Cheff Center Opens in Augusta, Michigan

1967 – Certified Horsemanship Association
(CHA)

1960's



1966 – Cheff Center Opens in Augusta, Michigan

1967 – Certified Horsemanship Association
(CHA)

1969– North American Riding for the Handicapped
(NARHA)

1960's



1992 – American Hippotherapy Association
(AHA)

1990's



1992 – American Hippotherapy Association
(AHA)

1996 – Equine Facilitated Mental Health Association
(EFMHA)

1990's



1992 – American Hippotherapy Association
(AHA)

1996 – Equine Facilitated Mental Health Association
(EFMHA)

1999- Equine Assisted Growth & Learning Association
(EAGALA)

1990's



2003 – Equine Guided Education Association
(EGEA)

2000-2009



2003 – Equine Guided Education Association
(EGEA)

2006 – Certification Board for Equine Interaction
Professionals (CBEIP)

2000-2009



2003 – Equine Guided Education Association
(EGEA)

2006 – Certification Board for Equine Interaction
Professionals (CBEIP)

2007 – Equine Experiential Learning Association
(E3A)

2000-2009



2010 – NARHA/EFMHA Integration

2010-Current



2010 – NARHA/EFMHA Integration

2011- NARHA becomes the Professional Association
for Therapeutic Horsemanship International
(PATH Intl.)

2010-Current

U.S. EAAT Organizations



Colleges and Universities



16 colleges or universities across the United States offer degrees or coursework in EAAT

Doctors Learning From Horses

The University of Arizona's College of Medicine
and Stanford School of Medicine teach doctors
about bedside manner through horse
interactions.....

Lessons Learned Along the Way

- Having the oversight of one unifying body would be helpful

Lessons Learned Along the Way

- Having the oversight of one unifying body would be helpful
- International cooperation needs to be embraced

Lessons Learned Along the Way

- Having the oversight of one unifying body would be helpful
- International cooperation needs to be embraced
- Emphasis should be placed on unifying the competencies for the EAAT professional

Lessons Learned Along the Way

- Having the oversight of one unifying body would be helpful
- International cooperation needs to be embraced
- Emphasis should be placed on unifying the competencies for the EAAT professional
- Well designed & implemented research needs to be conducted

Lessons Learned Along the Way

- Having the oversight of one unifying body would be helpful
- International cooperation needs to be embraced
- Emphasis should be placed on unifying the competencies for the EAAT professional
- Well designed & implemented research needs to be conducted
- Cost Benefit Analysis needs to be addressed

Lessons Learned Along the Way

- Having the oversight of one unifying body would be helpful
- International cooperation needs to be embraced
- Emphasis should be placed on unifying the competencies for the EAAT professional
- Well designed & implemented research needs to be conducted
- Cost Benefit Analysis needs to be addressed
- EAAT isn't for every client, patient, or student

Sources

- *AHA* (n.d.) Retrieved from <http://www.americanhippotherapyassociation.org>
- *CBEIP* (n.d.) Retrieved from <http://www.cbeip.com>
- *CHA* (n.d.) Retrieved from [http:// www.cha-ahse.org](http://www.cha-ahse.org)
- *Cheff Center* (n.d.). Retrieved from <http://cheffcenter.org>
- *Colleges & Universities* Retrieved from <http://lfrazer.com>
- *E3A* (n.d.) Retrieved from <http://www.e3assoc.org>
- *EAGALA* (n.d.). Retrieved from <http://EAGALA.org>
- *EGEA* (n.d) Retrieved from <http://www.equineguidededucation.org>
- Humphrey, G. (2001, March 7). *Horse whisperer meets brain surgeon: Neurosurgeon uses horses to teach course on bedside manners*. Retrieved from <http://uanews.org/node/4518>
- *National economic impact of the U.S. horse industry: American horse council* . (2005). Retrieved from <http://www.horsecouncil.org/national-economic-impact-us-horse-industry>
- *Path Intl.* (n.d.). Retrieved from <http://pathintl.org>
- *Straight from the horse's mouth: Stanford med students praise new class*. (2006, September 6). Retrieved from http://med.stanford.edu/news_releases/2006/september/horses.html

Thank You!



Leif Hallberg, M.A., LCPC

leif@hallbergtherapy.com

lhallberg@pathintl.org

www.hallbergtherapy.com