Cysts and ovarian activity in Holstein dairy cows in early lactation related to milk and plasma fatty acids and to plasma metabolites and hormones



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## Introduction

1. During the early lactation there are large métabolic changes associated to NEB and fat mobilisation

2. These changes are physiologicals but can cause disturbances :

Levels

- » Production
- » Health
- » Reproduction

3. Two majors reproduction problems observed in the field are :

- » Delayed resumption of cyclicity
- » Ovarian cysts

## Introduction

4. The management of the waiting period and the early detection of ovarian problems are essential for good performances. It is a difficult task:

- a. Number of environnemental factors which influence performances (nutrition, genetic, sanitary...)
- b. Accuracy or constraints of the available tools (BCS, BHB, glucose, NEFA...)

#### 5. The goal of this study was :

A field survey to assess the links between the metabolic changes in blood and milk during the lactation and the resumption of cyclicity or ovarian cysts.

## I. Materials and methods

## **1.** Characteristics of the farms :

- a. 32 cows from 5 private farms
- b. Good management with achievement of the goals by the farmers :
  - Production and milk quality: 7727 ± 1201.2 kg milk, 43.3 ± 3.1 g fat/l and 34 ± 1.0 g proteins/l , 250.8 ± 27 mg urea/l , 271 150 ± 89924 cells/ml,
  - Reproduction : AFC 26.8 ± 1.8 months, CI 397 ± 14.0 days
  - Sanitary : prophylaxy and IBR status in order
  - Nutrition : mostly grass silage (60%), balanced to achieve production goals

## 2. Samples :

- a. Taken every month, from the first milk recording to the positive pregnancy test (3-5th milk recording)
- b. blood, milk and gynecologic examination (sonograph)

# 1. Ovarian activity : mesured by the presence or absence of a corpus luteum (+ progesterone).

a. In the blood

	Chol	TG	Glu	BHB	IGF1	NEFA	Fatty acids NEFA (%)				
							<b>C16</b>	C18:0	C18:1	C18:2	
No activity	4.8	0.15	68.6	0.91	38.6	0.23	25	36.5	32.9	5.6	
Corpus luteum	5.5	0.16	68	0.54	62.7	0.12	23.7	39.7	28.3	8.3	
SEM	0.12	0.01	1.03	0.05	3.13	0.02	0.32	0.69	0.71	0.51	
P <f< td=""><td>*</td><td>NS</td><td>NS</td><td>**</td><td>***</td><td>**</td><td>+</td><td>*</td><td>**</td><td>*</td></f<>	*	NS	NS	**	***	**	+	*	**	*	

- The markers of intense negative energy balance and fat mobilisation are higher when no activity was recorded :BHB, NEFA, C18:1 in NEFA
- On the other hand cholesterol, IGF1, C18:0 and C18:2 in NEFA were greater when a corpus luteum was observed

#### b. In the milk

		yield	Fat					
	C4-C14	<b>C16</b>	Odd + Br	C18:0	C18:1	Polyuns	(kg/d)	(g/kg)
No activity	19.2	35.4	3.2	13.7	25.9	2.4	35.6	4.4
Corpus luteum	21.3	35.9	3.6	12.2	24.4	2.5	36.1	4.3
SEM	0.32	0.47	0.05	0.23	0.5	0.05	0.84	0.07
P <f< td=""><td>**</td><td>NS</td><td>**</td><td>**</td><td>NS</td><td>NS</td><td>NS</td><td>NS</td></f<>	**	NS	**	**	NS	NS	NS	NS

- No differences between yield and fat in milk
- C4-C14, branched and odd fatty acids from the rumen activity - were higher when activity was observed :
- C18 originating from the fat mobilisation was greater when no activity was recorded.

## 2. Cysts

#### a. Occurrence

- 41% of the cows developped at least one cyst during the study : 47.8% of the primiparous cows and 36% of the pluriparous cows.
- Cysts were observed on average at 67.8 days in lactation

#### b. Consequences :

- Calving and first insémination interval: 71.2 d for normal cows and 80.2 d. for cystic cows
- Days open : 87.4 d for normal cows and 116.1 d for cystic cows.
- Fertility index : 1.8 for normal cows and 2.4 for cystic cows

#### c. Blood metabolites

	Chol	TG	Glu	BHB	IGF1	NEFA	Fatty acids NEFA (%)			
							<b>C16</b>	C18:0	C18:1	C18:2
Cyst	4.5	0.15	73.1	0.83	41.7	0.21	24.1	37.2	33.1	4.9
No cyst	5.8	0.16	63.5	0.61	59.6	0.14	24.7	38.8	28.1	8.9
SEM	0.12	0.01	1.03	0.05	3.13	0.02	0.32	0.69	0.71	0.51
P <f< td=""><td>*</td><td>NS</td><td>*</td><td>+</td><td>NS</td><td>NS</td><td>NS</td><td>NS</td><td>+</td><td>*</td></f<>	*	NS	*	+	NS	NS	NS	NS	+	*

- No clear relationship between presence of a cyst and blood metabolites except :
  - Higher glycemia and C18:1 in the NEFA fraction (rate of mobilisation)
  - Lower cholesterolemia and C18:2 in the NEFA fraction

#### d. In the milk

		yield	Fat					
	C4-C14	<b>C16</b>	Odd + B	C18:0	C18:1	Polyuns	(kg/d)	(g/kg)
Cyst	19.7	36.8	3.2	13.5	26.5	2.2	37.6	4.5
No cyst	20.9	34.5	3.7	12.6	23.8	2.7	34.1	4.2
SEM	0.32	0.47	0.05	0.23	0.5	0.05	0.84	0.07
P <f< th=""><td>NS</td><td>NS</td><td>*</td><td>NS</td><td>NS</td><td>*</td><td>NS</td><td>NS</td></f<>	NS	NS	*	NS	NS	*	NS	NS

- Again, no clear relationship with fatty acids content in milk.
- Higher branched + odd and polyunsaturated fatty acids in normal cows.

## **III. Discussion and conclusion**

1. Ovarian activity : blood and milk results showed that :

- a. Less negative energy balance is favorable for ovarian activity
- b. A normal liver activity (more cholesterol, IGF1..) is also beneficial for a good ovarian activity.

### 2. Presence or no of cyst :

- a. Less clear link with the metabolism in the blood or in the milk but :
  - Cholesterol (progesterone synthesis) seemed to have a role in the ovulatory process and the development of cysts
  - High glycemia (cows with insuline resistance ?) is favorable for the formation of cysts

## **III. Discussion and conclusion**

- b. Formation of cysts can be linked to other parameters than nutrition like genetic, seasonal variation, parity, uterine infection...
- c. Cysts before 50 days of lactation have generally no impact on reproduction and can be physiological (29% in our study).
- 3. According to these preliminary results blood and milk fatty acids could provide informations of interest for reproduction management.