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4 **Variation factors for the use of foal heat in warm and cold-blooded horses**

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10

11 **Abstract:**

12 In order to study variation factors affecting the use of foal heat in the breeding of  
13 warm-blooded and cold-blooded horses, French administrative data covering the  
14 breeding seasons between 1994 and 2008 were analysed; i.e. 306,540 foaling-first  
15 mating intervals in warm-blooded animals and 204,329 in cold-blooded animals. The  
16 GLM procedure under SAS was used for statistical analyses. The factors of variation  
17 targeted were; year, age of the mare, month of mating, breeding area and breed. The  
18 same analysis was also performed using the Logistic procedure from SAS on a  
19 bimodal variable which took values of 1 if the interval was  $\leq 14$  days and 0 if  $> 14$   
20 days. The two methods produced exactly the same results. Foal heat is used more  
21 intensively in cold-blooded breeds, and marked differences can be seen between  
22 breeds. However, intra-breed genetic analyses using ASREML on a maternal animal  
23 model that split the effects of the mare into an additive genetic part and an  
24 environmental part revealed low levels of heritability of the foaling-first mating interval  
25 (between 0 and 0.10) and not inconsiderable effects of the environment common to  
26 the same mare (between 0.03 and 0.11). A seasonal effect and the age of the mare  
27 (mainly for in warm-blooded breeds) revealed some physiological influences on the  
28 occurrence, or not, of foal heat. However, the most important factor for variation  
29 appeared to be the breeding management techniques applied, as shown by the  
30 effects of the breeding region and year. The sustained decline over the years in the  
31 use of foal heat is a matter for concern, and this trend needs to be reversed as it  
32 exerts a negative impact on the productivity rates of our breeds because it reduces  
33 the number of opportunities to get a mare into foal.

34 **Key words:**

35 Horse, foal heat, factors of variation, heritability, repeatability

## 37 **Introduction**

38 The particular features of horse reproduction are described in many handbooks  
39 (Nishikawa 1959, Nishikawa and Hafez 1968, 1974) and reviews (Nagy et al. 2003,  
40 Blanchard and Macpherson 2011). One of these specificities is that mares go into  
41 heat very soon after foaling. As we showed recently (Langlois et al., 2011) as a  
42 continuum of the work by Matthews et al. (1967), the interval between birth and the  
43 next mating has a bimodal distribution that is not normal. As shown in Figure 1, the  
44 first peak observed before 14 days centres around 8-9 days and corresponds to foal  
45 heat. The second peak is smoother, occurring at around 29-30 days and  
46 corresponding to the first normal heat. Subsequent heat periods, every 21 days to  
47 90 days, cannot be clearly identified. Despite its non-normal distribution, this interval  
48 clearly reflects the intensity of the use of foal heat in breeding and we used it as a  
49 basis for our analyses. In order to avoid any problems connected with non-  
50 normality, we also used one, none or all variable, taking a value of 1 if the mare was  
51 mated during the 14 days following foaling and zero if it was covered later. The aim  
52 of this study was to analyse effects of year, age of the mother, season, breed and  
53 breeding area on the use of foal heat for breeding. After identifying the principal  
54 factors for variation, we then performed a breed-by-breed genetic analysis to  
55 estimate the heritability and repeatability of this interval between foaling and first  
56 mating.

## 57 **Materials and methods**

58 French administrative data on breeding seasons between 1994 and 2008 were  
59 analysed and this produced 306,540 foaling-first mating intervals for warm-blooded  
60 horses and 204,329 intervals for cold-blooded horses.

61 As explained above, two variables were analysed: the GLM procedure under SAS  
62 (2002-2003) was applied to the intervals observed. The logistic procedure under SAS  
63 (2002-2003) was used when considering none or all variables.

64 The factors thus analysed were:

65 Year of mating: 15 levels from 1994 to 2008, 1994 being the reference.

66 Age of the mare at mating: 19 levels from 2 to 20 or older, with 6 years old being the  
67 reference.

68 Month of mating: 12 levels from January to December, with April being the reference.

69 Breeding area: 10 levels, as described in the study on foetal losses (Langlois et al.  
70 2010), with Region III (Normandy-Western France) being the reference.

71 The breed effect was considered in different ways, depending on the file being  
72 analysed. To prevent a proliferation of levels, we first of all considered the sire's  
73 breed and then whether the mother's breed was identical (with pure breeding as the  
74 reference) or different (crossbreeding effect), which only added two levels. For the  
75 general database, only the difference between warm and cold blooded animals was,  
76 with warm-blooded being the reference. For the sub-file defined by warm-blooded  
77 sire breeds, five levels were considered: Thoroughbred (TH), Arab (AR), Anglo-Arab  
78 (AA), French Saddle (FS) and French Trotter (FT), which acted as the reference. For  
79 the sub-file defined by cold-blooded sire breeds, eight levels are considered:  
80 Percheron (PER), Boulonnais (BOU), Trait du Nord (TDN), Auxois (AUX), Ardennais  
81 (ARD), Cob Normand (CBN), Comtois (COM) and Breton (BRE), which acted as the  
82 reference.

83 By definition, the reference level had an effect that was equal to zero in GLM  
84 analyses and an odds ratio of 1 in logistic analyses. An odds ratios >1 indicated a  
85 positive effect and an odds ratio <1 a negative effect.

86 A Dam animal model adding the random effects of the mare's genotype and of the  
87 common environment she shared with all her offspring was then adjusted using  
88 ASREML software (Gilmour *et al.* 2009). This was applied to all breeds where the  
89 number of animals enabled correct estimations of the genetic parameters. The data  
90 restricted to pure breeding and mares with at least two gestations are shown in Table  
91 1.

92 [Table 1: Data structure of the sub-files studied.](#)

93 To explain these models in a more mathematical manner: let  $D_{ik}$  be the duration of  
94 the foaling-first mating interval of dam  $i$  at her  $k^{\text{th}}$  gestation, added to a corresponding  
95 vector for fixed effects and the general mean  $\mu$ .  $\mu$  is the mean interval for the  
96 reference levels of all factors of variation.

97 To simplify, let us ignore the complex indices of elements  $b$  in the  $B$  vector. Note that  
98 every  $b$  is a deviation from the reference level of the corresponding factor, and every  
99  $b$  is estimated independently of all other fixed and random effects:

$$100 \quad D_{ik} = \mu + B + A_{mi} + C_{mi} + E_{ik}$$

101 Where  $A_{mi} + C_{mi}$  are the maternal effect with its additive genetic part  $A_{mi}$  and its  
102 common environmental part  $C_{mi}$ , and  $E_{ik}$  is a random error.

103 The variance-covariance structure supposes independence between genotypes and  
104 the environment, but the genotypes are correlated through the coefficient of  
105 relationship of the dams. The maternal environment is also correlated intra-mare but  
106 not between mares. All other correlations are supposed to be zero. This enables an  
107 estimation of the different variance components:  $\text{Var}(A_m)$  and  $C^2_m$  leading

109 respectively (when expressed as a percentage of phenotypic variance) to the  
110 definition of heritability ( $h^2 = \text{Var}(A_m)$ ) and repeatability ( $r = \text{Var}(A_m) + C^2m$ ).

111

112

## 113 **Results**

114 All the effects described below were found to be significant in the analyses using the  
115 GLM and Logistic procedures in warm-blooded and cold-blooded horses, and in  
116 general. However, the magnitude of the effect of the mother's age was not sufficient  
117 to be significant in cold-blooded horses. For reasons of simplicity, we have limited  
118 ourselves to presenting the GLM results because the Logistic analyses produced  
119 almost the same results in a symmetrical manner, and because effects expressed in  
120 days were easier to understand than when expressed as odds ratios.

### 121 *Year*

122 Figure 2 shows that there was a general trend towards increasing the foaling first-  
123 mating interval, with the exception of the 2002 mating year 2002 which displayed a  
124 very low value.

125 [Figure 2: Effect of the year on the foaling first-mating interval.](#)

### 126 *Age of the mare*

127 [Figure 3: Effect of the age of the mare on the foaling first-mating interval.](#)

128 Among warm-blooded mares (Figure 3), there was a clear minimum for the foaling  
129 first-mating interval in those aged 8-10 years. This was not observed in cold-blooded  
130 mares, where the shortest delays were observed among 3-year-olds and values  
131 appeared to stabilise thereafter.

### 132 *Season*

133 There was a general trend (Figure 4) towards increasing the interval during the year,  
134 and two waves corresponding to the spring and autumn could clearly be seen.  
135 Breeding in January was mainly through the use of foal heat. Breeding on foal heat  
136 was common between February and April in warm-blooded horses, and between  
137 February and may in cold-blooded breeds. Use then declined until July-August,  
138 when the curve for mainly cold-blooded breeds starts to rise again.

139 [Figure 4: Effect of the season on the foaling-first mating interval](#)

140

### 141 *Breeding area*

142 Figure 5 shows that regions I (East), II (Brittany), V (Centre-Poitou), VI (South-West),  
143 VII (Auvergne), IX (Mediterranean regions) and X (Mountainous areas) displayed  
144 clearly longer intervals than others with shorter intervals (regions III (Normandy-  
145 Western France), IV (Northern France + Ile de France) and VIII (Burgundy)). The  
146 results shown in Figure 5 were then used to produce the map shown in Figure 6.

147 [Figure 5: Effect of the breeding area on the foaling-first mating interval.](#)

148 [Figure 6: Map of breeding areas as a function of their use of foal heat.](#)

#### 149 *Breed*

150 All warm-blooded breeds (Figure 7) had longer intervals than the French Trotter  
151 which served as a reference. Boulonnais, Trait du Nord, Auxois and Ardennais  
152 breeds had shorter foaling-first mating intervals than the Breton, Cob Normand,  
153 Comtois and Percheron breeds (Figure 8).

154 [Figure 7: Effect of a warm-blooded sire's breed on the foaling-first mating interval.](#)

155 [Figure 8: Effect of a cold-blooded sire's breed on the foaling-first mating interval.](#)

156 The situation was the same for the "none or all" variable, but the difference between  
157 the Cob Normand and Ardennais breeds was not as marked. In general, all cold-  
158 blooded breeds had shorter intervals than the reference, while in the Breton and  
159 Comtois breeds, foal heat was used more for mating. When crossing breeds, the  
160 interval was reduced by 2.5 days in warm-blooded breeds and by only 0.5 days in  
161 cold blooded breeds. On average, the interval was 2.7 days shorter than in warm-  
162 blooded breeds. The corresponding odds ratios was that there a 1.904 greater  
163 chance of using foal heat in cold-blooded breeds than in warm-blooded breeds. This  
164 value was 1.376 when crossing warm-blooded breeds and only 1.063 when crossing  
165 cold-blooded breeds.

166 Breed per breed, genetic analyses (Table 2) revealed few intra-breed additive  
167 genetic effects and not inconsiderable maternal effects. Indeed, despite significant  
168 breed effects, the values for intra-breed heritabilities only ranged from 0.00 to 0.10.  
169 However, values for a common environment shared by the same mare ranged from  
170 0.03 to 0.11, which as a function of the breeds gave rise to repeatability values of  
171 between 0.07 and 0.16.

172 [Table 2: Genetic parameters regarding the length of gestation in French horse](#)  
173 [breeds](#)

#### 174 **Discussion**

175 The two methods used for these analyses produced almost the same results.  
176 Therefore, despite the bimodal distribution of the foaling first-mating interval, the  
177 effects in days of the different variation factors might be preferred to the odds ratios

178 produced by logistic regression. However, the latter is statistically the most  
179 convenient and should serve as the reference in the rare cases where these two  
180 approaches do not generate similar results.

181 The year effect revealed a steady increase in the foaling-last mating interval, with the  
182 exception of 2002. This reflected a symmetrical decline in the use of foal heat for  
183 breeding. It is possible that the development of AI and the payment of fees for each  
184 dose rather than per mated mare might have impacted this feature. Social trends  
185 towards more amateurism and anthropomorphism might also have caused this  
186 negative impact.

187 As for age, the shortest foaling-last mating interval was observed in warm blooded  
188 mares aged between 8 and 10 years. However, in cold-blooded mares, the minimum  
189 for 3 year-olds was followed by relative stability. In fact, this effect is not significant  
190 regarding the "none or all variable" in cold-blooded horses. However, the maximum  
191 use of foal heat in animals aged between 5 and 9 years was confirmed for this  
192 variable in warm-blooded horses. In most cases, foal heat was not used for breeding  
193 in young mares (including a large number of primipara) and older, warm-blooded  
194 mares.

195 Season effect: It was seen that as the year progressed, the foaling first-mating  
196 interval tended to lengthen. However, seasonal waves of shorter intervals could be  
197 observed between February and May and in September-October. These waves were  
198 confirmed on the diagram of foal heat utilization, where the minimum was clearly  
199 situated in the summer between June and August. As suggested by Koskinen (1991),  
200 some physiological reasons could be put forward to explain why a larger proportion  
201 of mares display foal heat in the spring and autumn, including the photoperiod  
202 (Malschitzky et al., 2001; Sumeet Sharma et al., 2010).

203 Breeding area: The map shown in Figure 6 could be deduced from analysis of the  
204 two variables. Regions marked in green were those with a more intensive use of foal  
205 heat for breeding.

206 Indeed, this map reflects the regions traditionally linked with the breeding of warm-  
207 blooded horses. These include the national studs in Saint Lô, Le Pin, Angers, La  
208 Roche/Yon, Compiègne and Cluny. Should we therefore conclude that breeders in  
209 these regions are less reluctant than others to use foal heat for breeding?

210 As we indicated previously, the breeders of cold-blooded horses breeders use more  
211 foal heat than those of warm-blooded horses (Langlois *et al.* 2011). Among the  
212 latter, the French Trotter is the warm-blooded breed where foal heat is most widely  
213 used; at the other end of the scale, the Thoroughbred and Arab breeds are very shy  
214 and the technique is little employed, while the Anglo-Arab and Selle Français saddle  
215 breeds lie in between. Among cold-blooded horses, foal heat is most frequently used  
216 in the Breton breed, but the levels do not differ significantly from those seen in the

218 Ardennes, Cob Normand, Comtois and Percheron breeds. However, the heavy  
219 Auxois, Boulonnais and Trait du Nord breeds make significantly less use of this  
220 method.

221 It is not possible to determine whether these differences in the use of foal heat are a  
222 result of breeding management methods or because of the occurrence, or not, of this  
223 special heat. It is likely that the two causes coexist. The breed effect determined  
224 during this study is indicative of possible genetic influences. The season effect also  
225 revealed some physiological influences. On the other hand, it was difficult to explain  
226 the sustained decline in the use of foal heat over the years (except for 2002) by  
227 factors other than breeding practices. Indeed, if heat fertility is lower during foal heat  
228 (Lowis and Hyland, 1991; Davies Morel et al., 2009; Blanchard and Macpherson,  
229 2011), fertility at the end of the season is higher when using foal heat because there  
230 are more opportunities to get the mare in foal (Langlois *et al.*, 2011). We would  
231 therefore recommend a correction to this negative trend.

232

### 233 **Conclusion**

234 The two methods proposed here were used to analyse variation factors with respect  
235 to the use of foal heat for breeding, and they produced exactly the same results.  
236 There was a clear difference in favour of cold-blooded breeds in terms of using foal  
237 heat, and differences between breeds were clearly demonstrated. The effects of the  
238 season and the mare's age (in warm-blooded breeds only) revealed the influence of  
239 physiological factors. However, the most important factors of variation are breeding  
240 management revealed by the effects of the breeding region and the year and the low  
241 estimations of the heritability.

242 The declining use of foal heat is a matter for concern and this trend needs to be  
243 reversed. Indeed, it exerts a negative impact on the productivity rates of our breeds  
244 because it reduces the number of opportunities to get mares into foal.

### 245 **Conflicting interest**

246 The authors declare that they have no conflicts of interest.

247

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250 us with the data.

251

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290

291 Table 1: Structure of the data in the sub-files studied.

292

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293 Breed	Observations	Mares	Sires of mares	
294 Generations				
295 Thoroughbred	47,149	12,239	3954	17
296 Arab	9977	2512	1652	23
297 Anglo-Arab	6400	1880	2317	22
298 French Saddle	47,256	13,045	6305	22
299 French Trotter	121,525	30,259	2815	14
300				
301 Percheron	14,105	7343	1040	14
302 Ardennes	8621	2091	1269	16
303 Cob Normand	5046	1142	481	14
304 Comtois	34,546	8469	2889	19
305 Breton	38,928	9202	2960	17

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306

307 Table 2: Genetic parameters affecting the foaling-first- mating interval in French  
 308 horse breeds

Breed	Heritability	C <sup>2</sup> maternal environment	Repeatability
Thoroughbred	0.056 (0.007)*	0.062 (0.007)	0.118 (0.010)
Arab	0.052 (0.014)	0.052 (0.013)	0.104 (0.019)
Anglo-Arab	0.046 (0.023)	0.098 (0.024)	0.144 (0.032)
French Saddle	0.065 (0.008)	0.098 (0.009)	0.163 (0.001)
French Trotter	0.050 (0.004)	0.044 (0.004)	0.094 (0.001)
Percheron	0.102 (0.013)	0.030 (0.012)	0.132 (0.018)
Ardennes	0.000 (0.000)	0.103 (0.010)	0.103 (0.010)
Cob Normand	0.025 (0.017)	0.042 (0.017)	0.067 (0.024)
Comtois	0.050 (0.008)	0.110 (0.009)	0.160 (0.001)
Breton	0.033 (0.007)	0.085 (0.008)	0.118 (0.001)

309

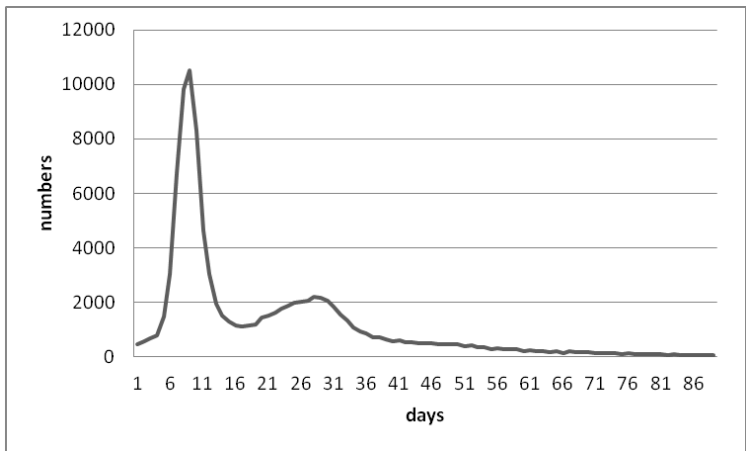
310 \* Standard deviations shown in brackets.

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312

313 Figure 1: Distribution of the foaling-first mating interval

314



315

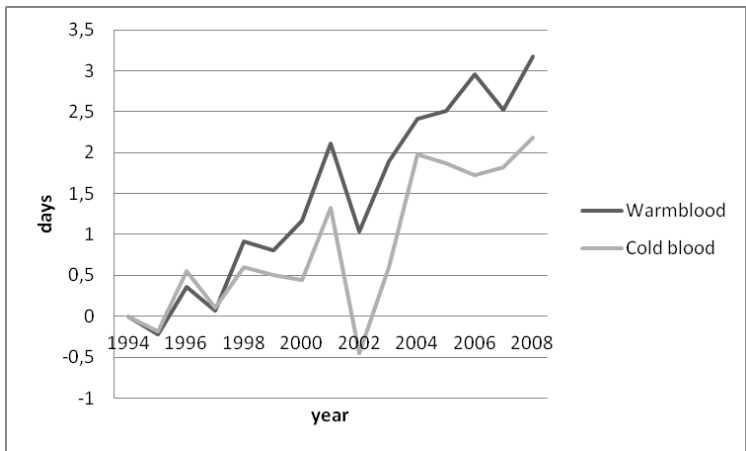
316 -Total for the 2005-2008 mating seasons 2005-2008 with respect to data between 1 and 90 days

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318

319 Figure 2: Effect of the year on the foaling first-mating interval

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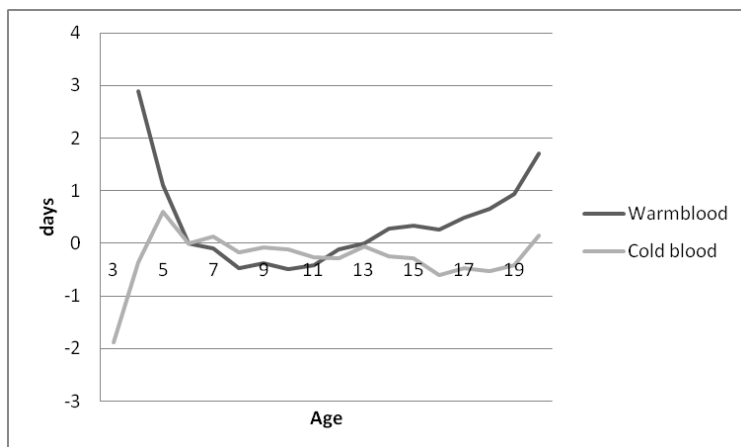


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323 Figure 3: Effect of the mare's age on the foaling first-mating interval

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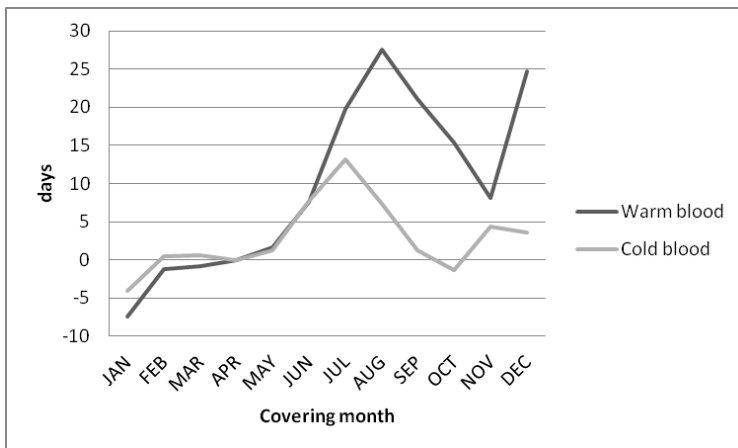


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326

327 Figure 4: Effect of the season on the foaling-first mating interval

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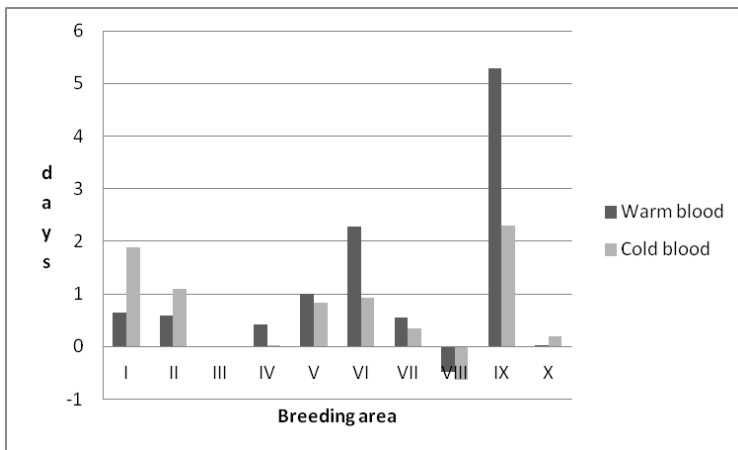
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332 Figure 5: Effect of the breeding area on the foaling-first mating interval

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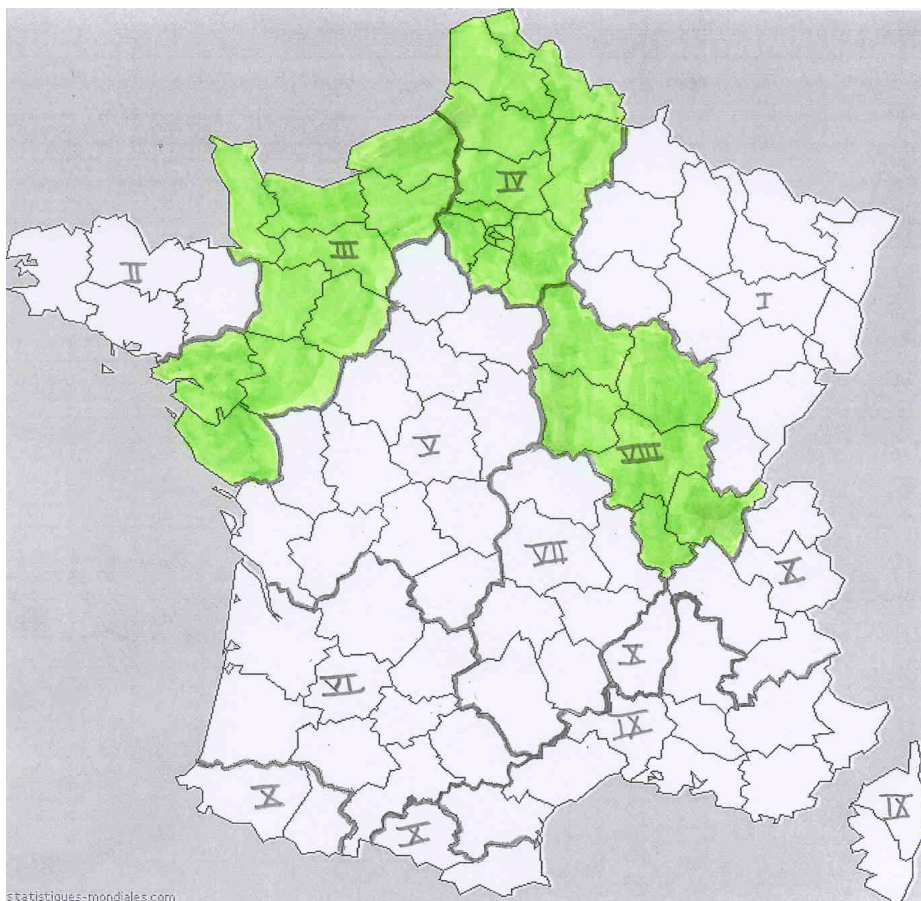


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336 Figure 6: Map of breeding areas as a function of their use of foal heat

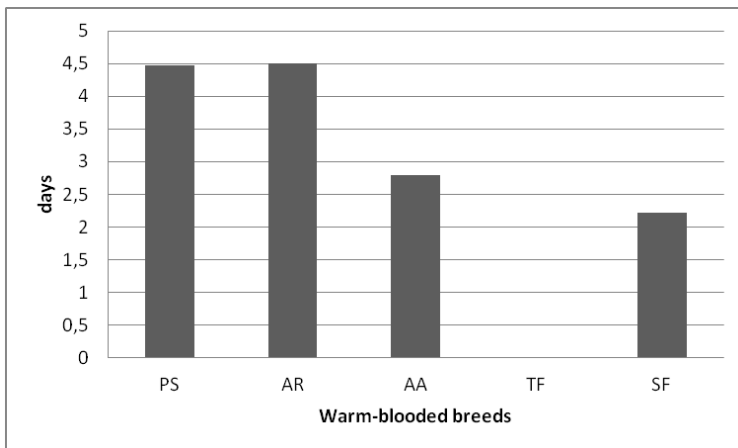


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339 Figure 7: Effect of the breed of warm-blooded sires on the foaling-first mating interval

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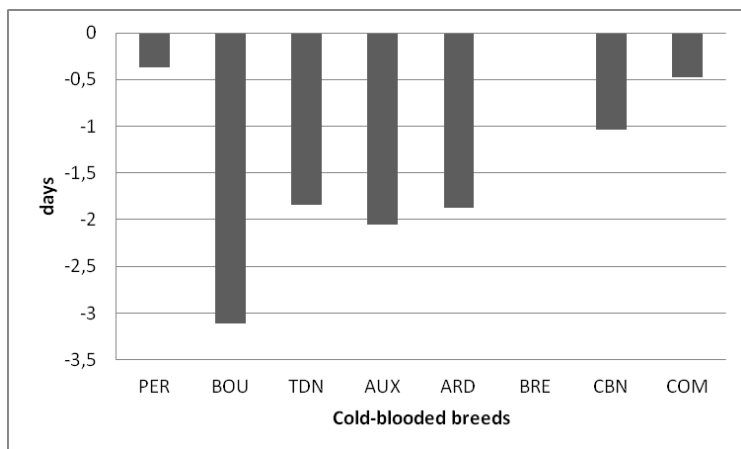
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344 Figure 8: Effect of the breed of cold blooded sires on the foaling first mating interval

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