

# Regulation of the hypothalamo-pituitary-ovarian axis in mare: what's new?

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Welsh pony mares



# Environmental Factors



## Central control of ovulation

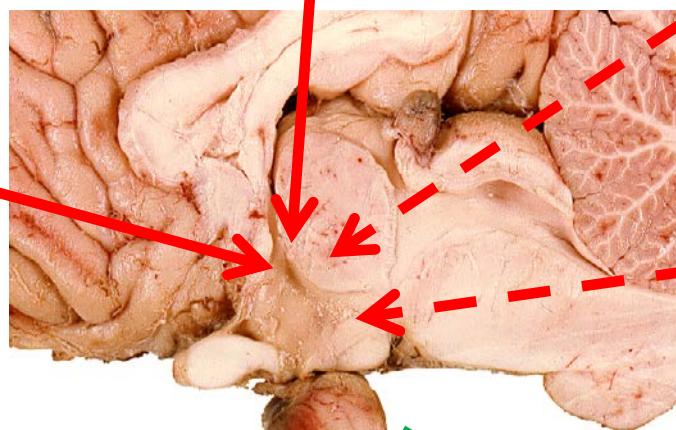


Photoperiod / melatonin

Feed intake / Metabolism /  
Leptin or other adipokines

Stress /  
Welfare-Illness

Social relations/  
Pheromones



Interacting factors



- 1°) one example of interaction : Photoperiod / Nutrition
- 2°) hypothetical neuroendocrine mechanism
- 3°) Where can we pharmacologically act to synchronize ovulation and insemination ?

- 3-1) Gonadotropin level
- 3-2) GnRH agonist / antagonist
- 3-3) Kisspeptin Stimulation
- 3-4) Metabolism level / photostimulation

With focus on results of our research unit:  
**Physiology of Reproduction and Behaviours**

1°) one example of interaction : Photoperiod / Nutrition

## Photostimulation and Winter anoestrus

Duration of light treatment

Individual progesterone curves

6 March

30 April

Nat. Phot.

Light treatment

14.5L 9.5D

-30

0

30

60

90

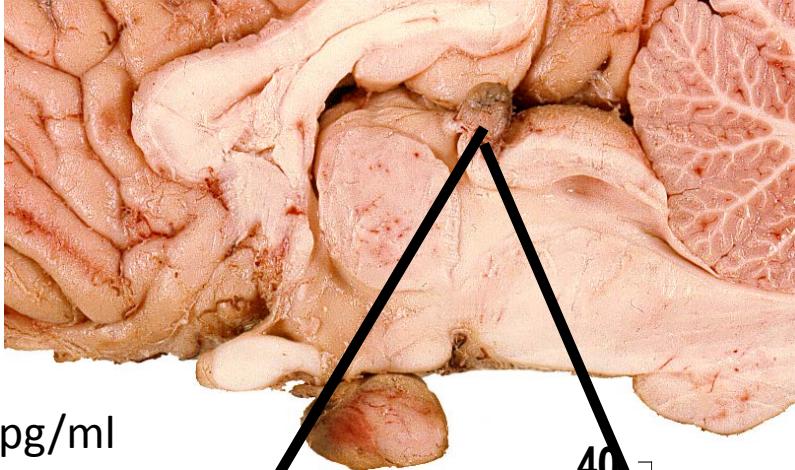
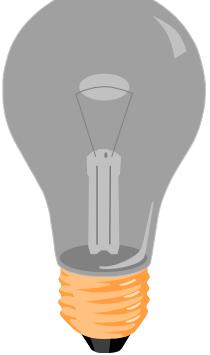
120

150

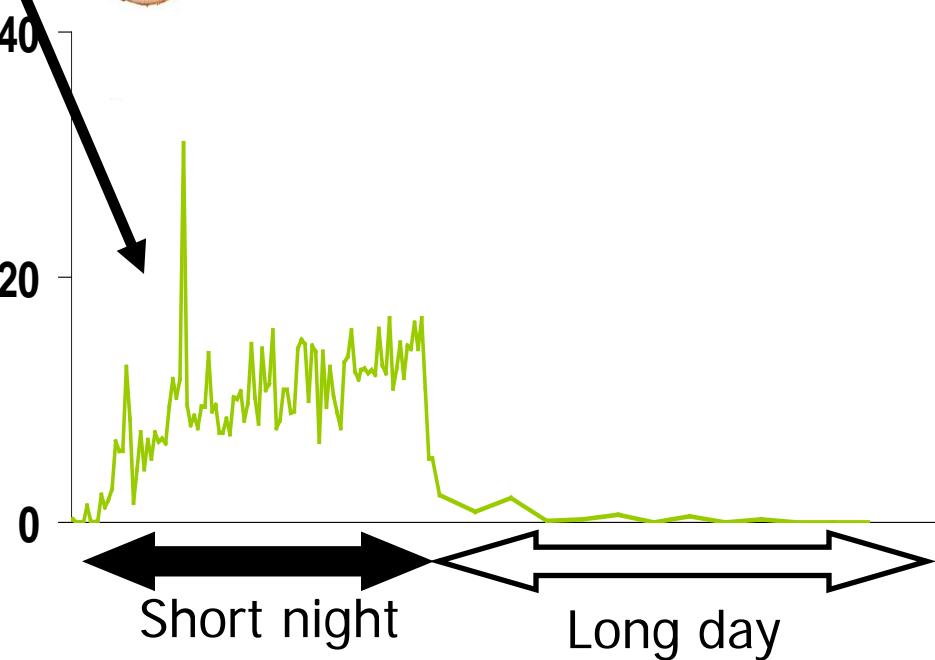
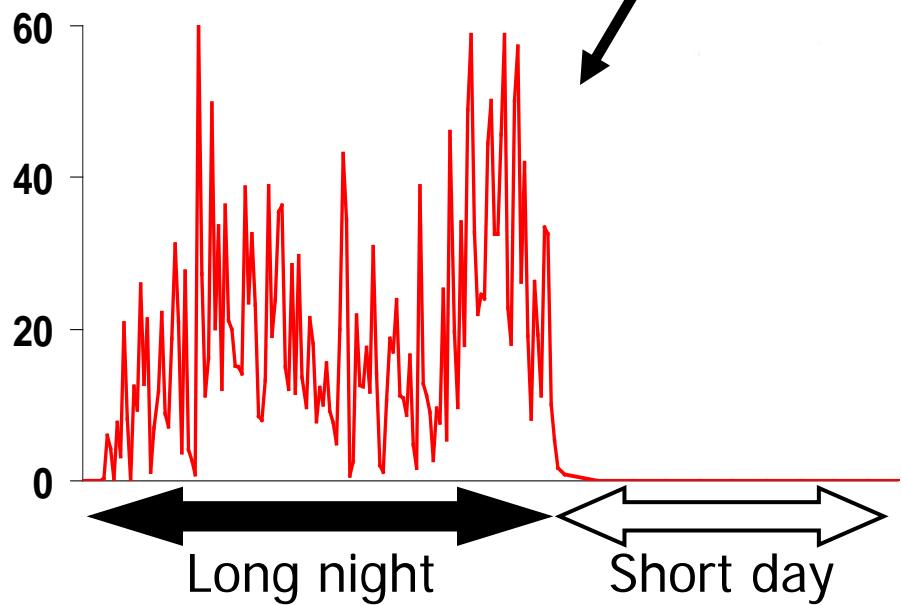
180

Numbers of days after January the 1st

Guillaume et al 2000. J. R. F. supplement 56, 205-216.

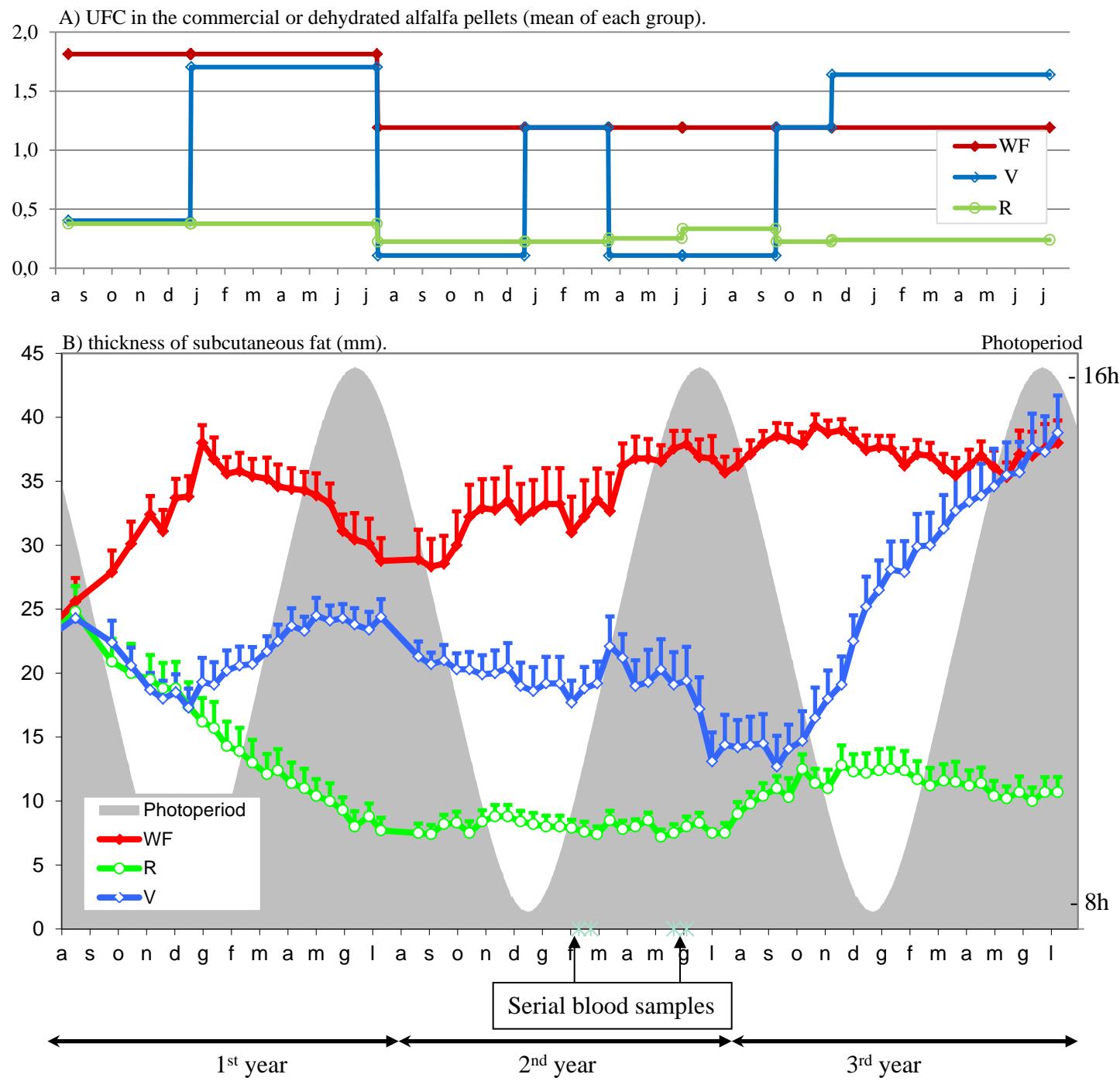


Plasma melatonin pg/ml



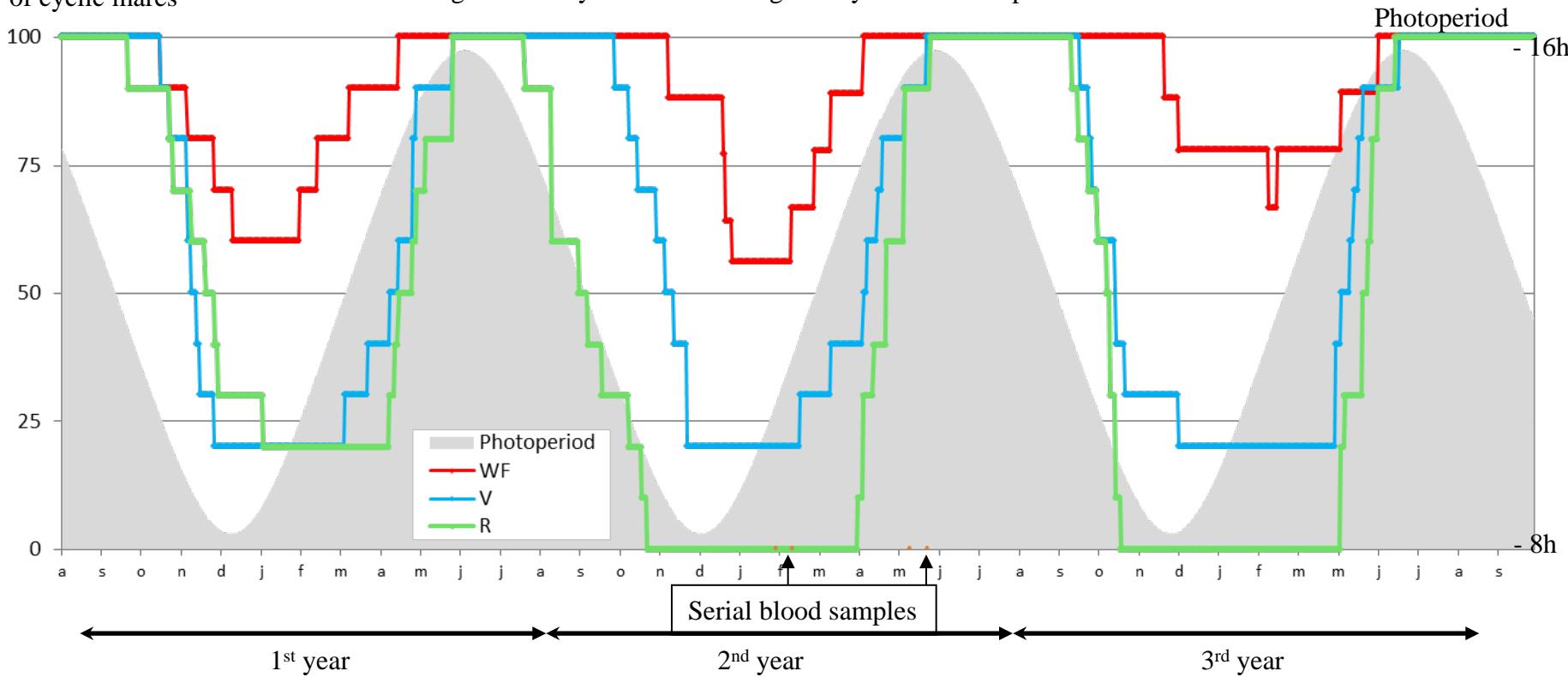
GUILLAUME *et al*, American J. of Physiology 268; R1236-1241.

Melatonin is the neurohormone which acts on reproduction by its length of secretion.



% of cyclic mares

Fig. 2: % of cyclic mares during the 3 years of the experiment



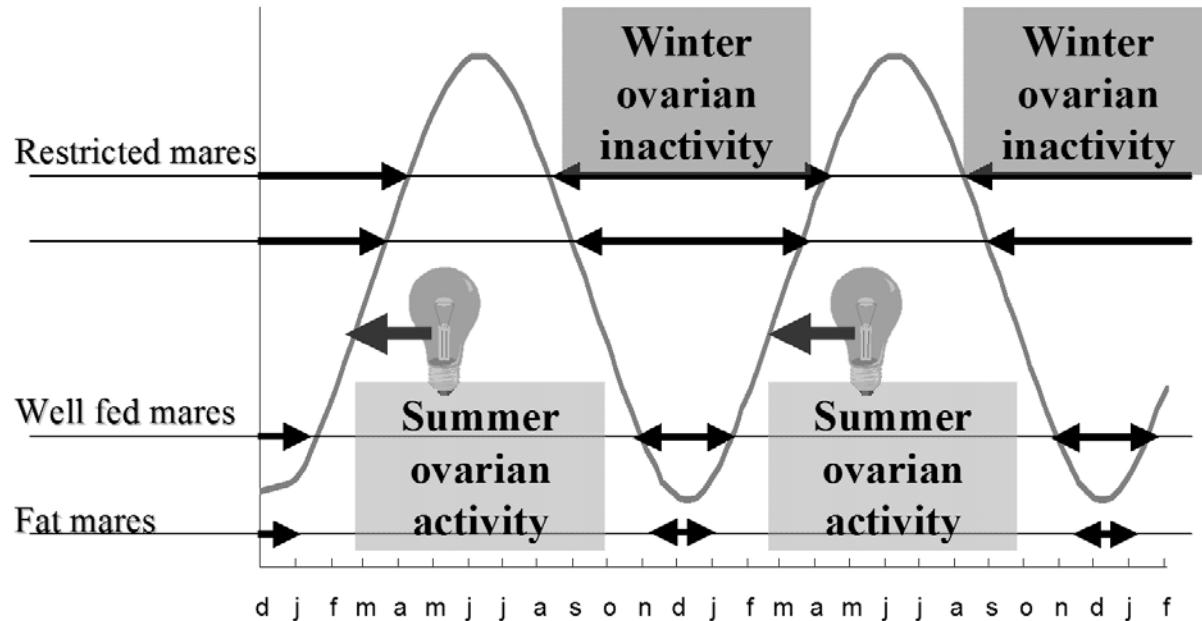
Correlations between leptin mean levels during the two 24h periods and duration of the previous or following winter ovarian inactivity. (n=29).

A calendar		Ovarian inactivity 2 <sup>nd</sup> winter	Ovarian inactivity 3 <sup>rd</sup> winter
R	End	15 May ± 6	21 May ± 4
V	End	2 May ± 10	13 May ± 6

Duration Of	2 <sup>nd</sup> ovulatory winter inactivity	3 <sup>rd</sup> ovulatory winter inactivity
Leptin	-0.67 P<0.0001	-0.73 P<0.0001

Annual rhythm of reproduction: interaction of nutrition and photoperiod

Food energy available



## 2°) hypothetical neuroendocrine mechanism:

Is the kisspeptin system the key?

In 2003 discovery of kisspeptin and Kp receptor Kiss1r/GPR54  
(de Roux et al 2003, Seminara et al 2003)

Kisspeptin = 143 amino acid  last 10 C-term aa sufficient for 100% efficiency

In horses

kisspeptin (eKP10) differs for 1 aa in second position Arg instead of Asn  
Decourt et al submitted

Kiss1r or GPR54

A mistake : the sequence was absent from the genomic database EquCab2.

Now eKiss1r is identified : 380 aa, high similarity with other mammals

Decourt et al submitted

kisspeptin immunoreactive fibres exist in the mare hypothalamus

In the POA at the level of the SCN : low density

In the anterior periventricular area: higher density

In the ARC numerous fibres

In the ME numerous fibres

Exemple : ARC arcuate nucleus;

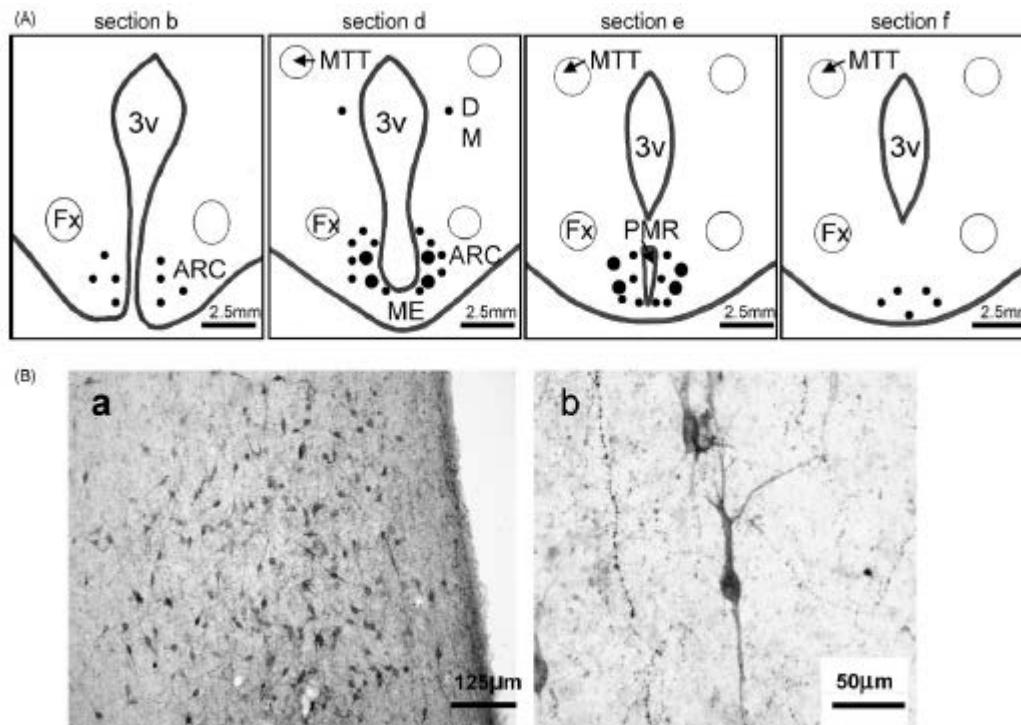


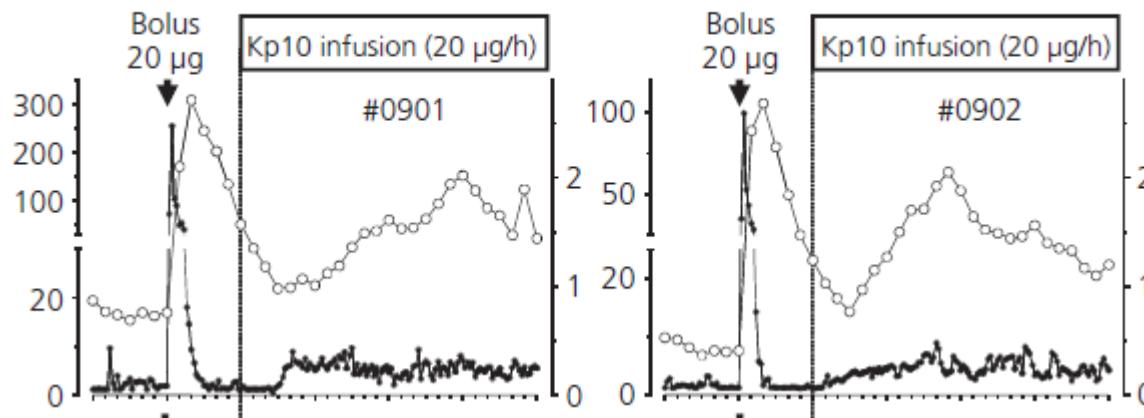
Fig. 2. (A) Diagrammatic presentation of localization and density of kisspeptin immunoreactive cell bodies in sections (b), (d), (e), and (f) (from Fig. 1) of the ARC of the mare I. Small dot, <5 neurons; big dot, 50 neurons. (B) Photomicrographs of kisspeptin immunoreactive cell bodies taken on the section (d) above of the ARC of the mare I, at two different magnifications showing (a) the density of neurons in the ARC and (Bb) a bipolar neuron in the ARC. ARC, arcuate nucleus; DM, dorsomedial nucleus; Fx, fornix; ME, median eminence; MTT, mammillothalamic tract; PMR, premamillary recessus; 3V, third ventricle.

Decourt et al. Journal of Chemical Neuroanatomy 2008

The kisspeptin system is present also in horses.

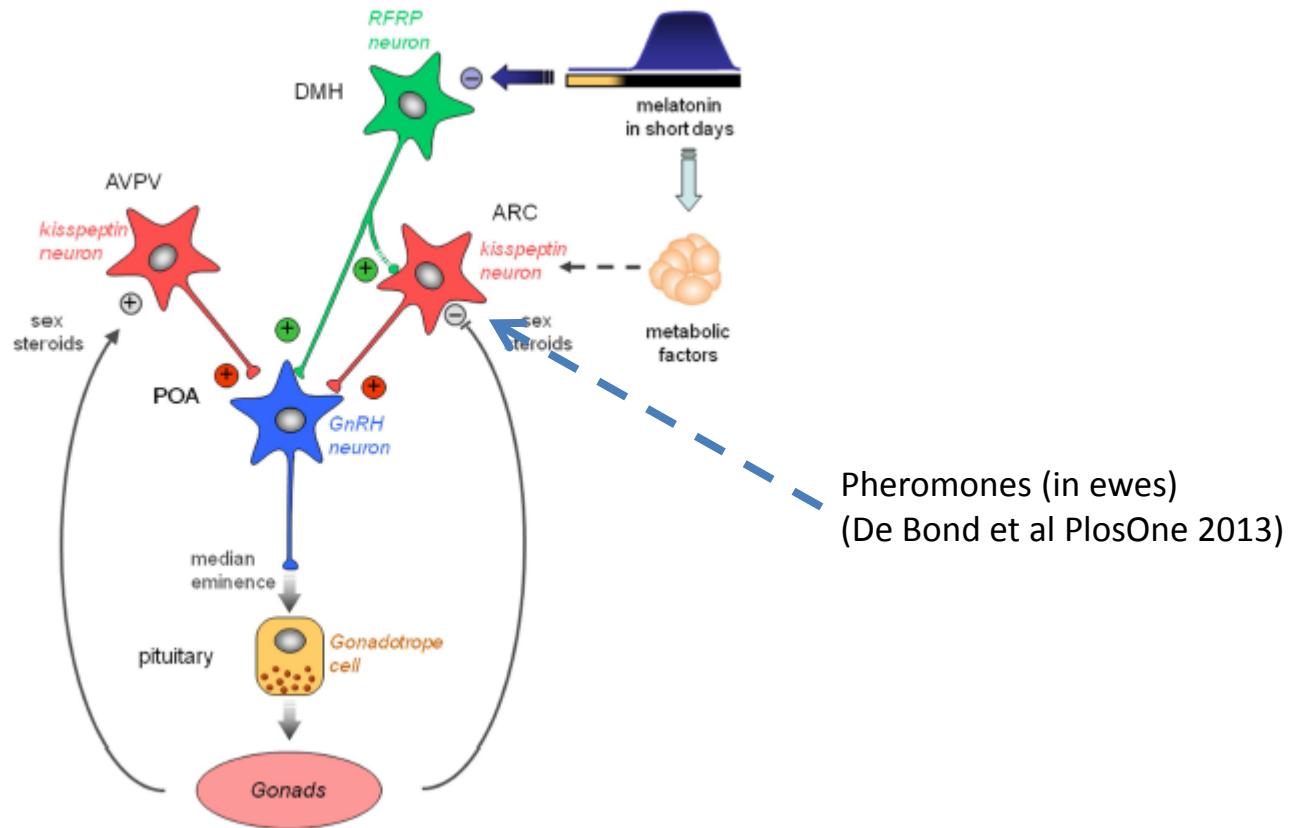
## Effect of Kisspeptin injections in ewes

Effect of i.v. administration of Kp10 on hypophyseal portal blood concentrations of gonadotrophin-releasing hormone (GnRH) (closed circle) and peripheral concentration of luteinising hormone (LH) (open circle).



Caraty et al: Journal of Neuroendocrinology 2013

## 2°) hypothetical neuroendocrine mechanism



POA= preoptic area

AVPV= anteroventral periventricular nuclei

ARC = arcuate nuclei

DMH= dorsomedial hypothalamus

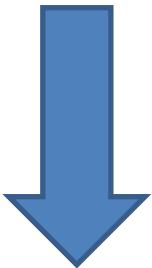
RFRP = RF-amide related peptide

(RFRP-3, the mammalian ortholog of GnIH)

Scheme for male Syrian Hamster  
Adapted from Simonneaux *et al*  
Frontiers in Neuroscience 2013

The closer the artificial insemination to ovulation time, the better the fertility.

Also for embryo transfer or ovum pick-up



Artificial induction of ovulation is needed.



#### Melatonin and/or leptin control



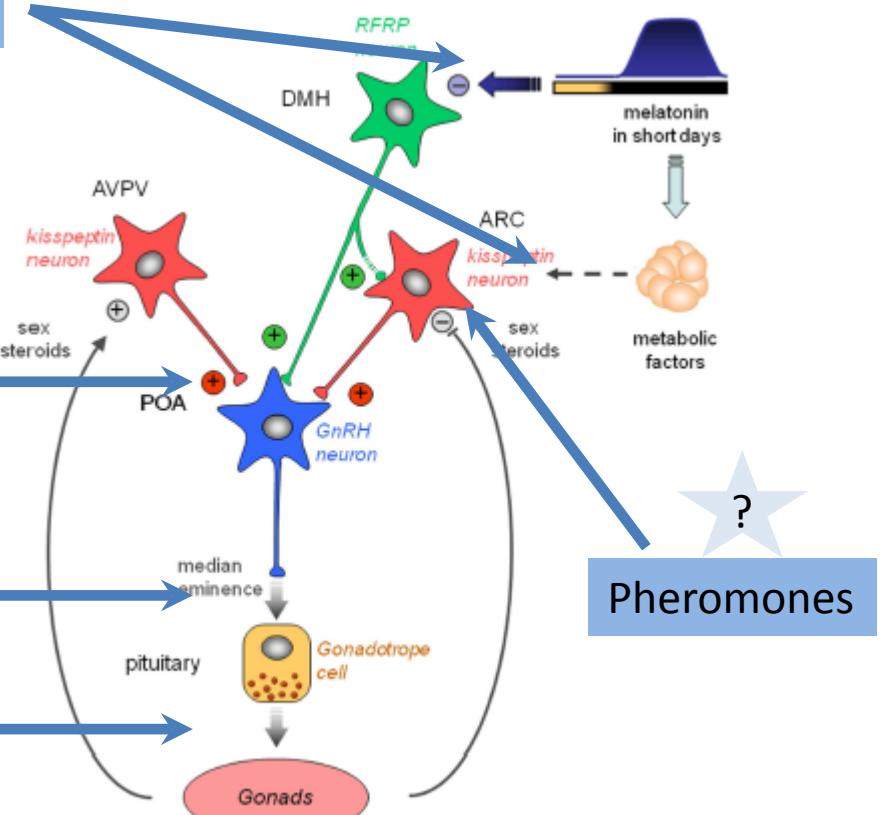
Kisspeptin injection



GnRH agonist or antagonist injection



Gonadotropin injection



Crude equine gonadotrophin extract (CEG)

Lapin and Ginther J Anim Sci. 1977

Duchamp et al J Reprod Fert 1987

hCG

Palmer and Jousset: J Reprod Fertil Suppl. 1975

Recombinant LH

Legardinier et al: Glycobiology 2005

Meyers-Brown et al: Animal Reproduction Science 2011

## 2 GnRH agonist or antagonist injection

Repeated IV

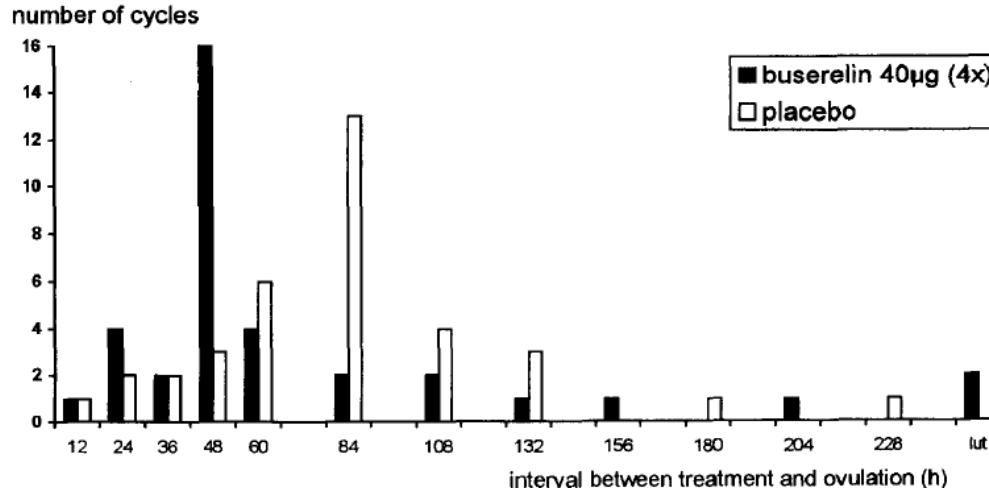


Figure 3. Experiment 1: Interval (h) between start of treatment and observation of ovulation. Treatment consisted of 4 doses of buserelin (40 µg, iv) at 12-h intervals (buserelin 40µg (4x)), or 4 doses of saline solution (NaCl 0.9%, iv) at 12-h intervals (placebo). lut = luteinization without ovulation.

Barrier-Battut et al Theriogenology 2001

1 subcutaneous injection of 6 ml at 1.05 mg/ml

Levy and Duchamp: Reprod Domest Animal 2007.

subcutaneous infusion with microosmotic pump (300 to 2700µg/day)

= induction of 1 cycle in anoestrus

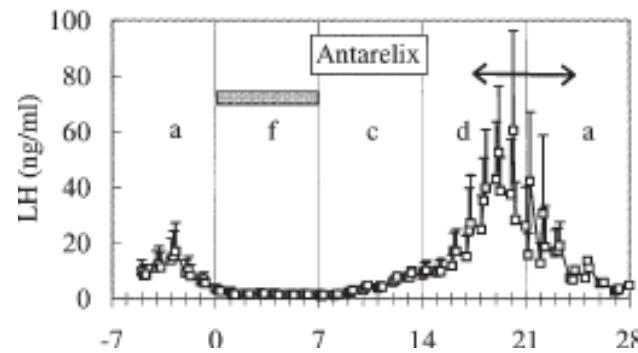
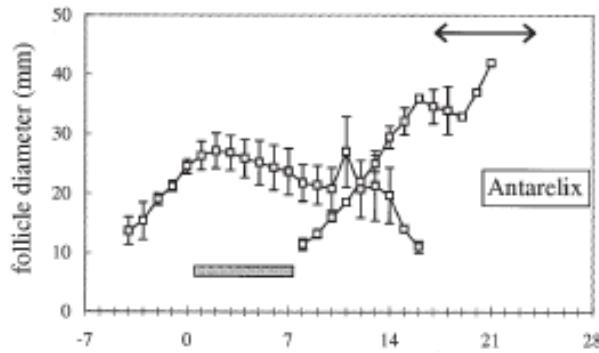
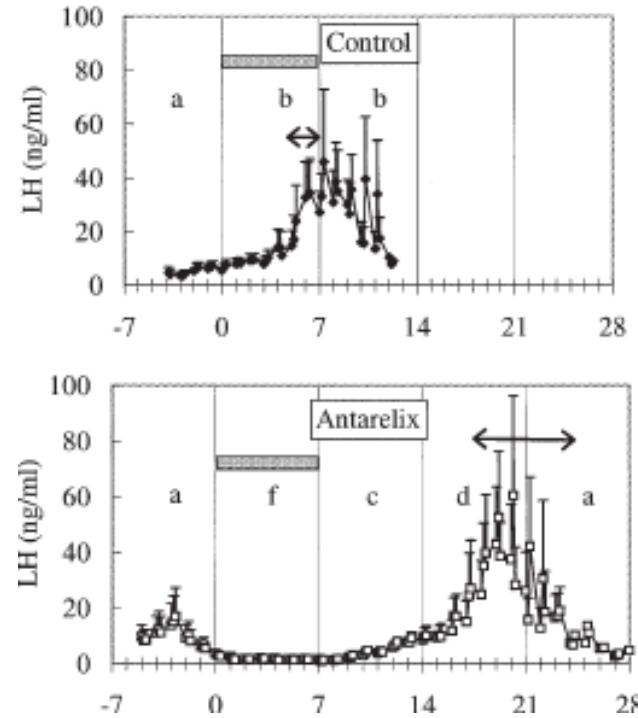
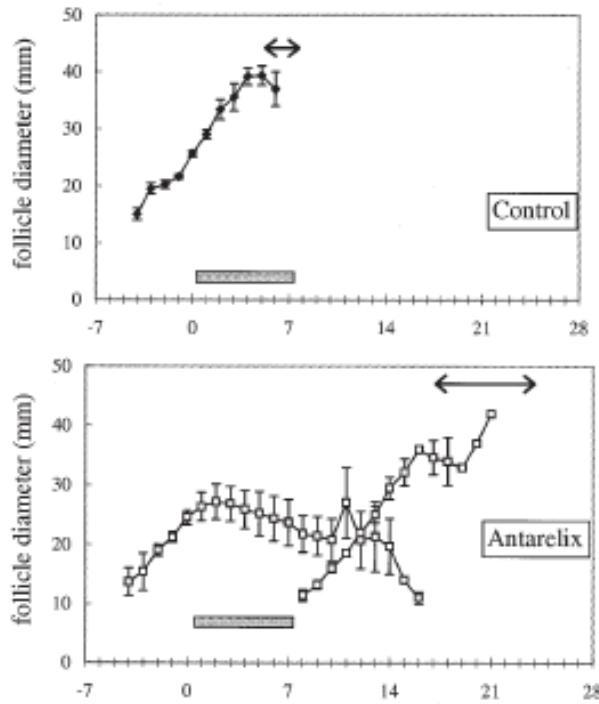
Quellier et al Société Française d'étude de la Fertilité 1987.

Continuous infusion of GnRH induces GnRH receptor desensitization or downregulation in ewes but not in mares

Porter et al J Reprod Fert 1997

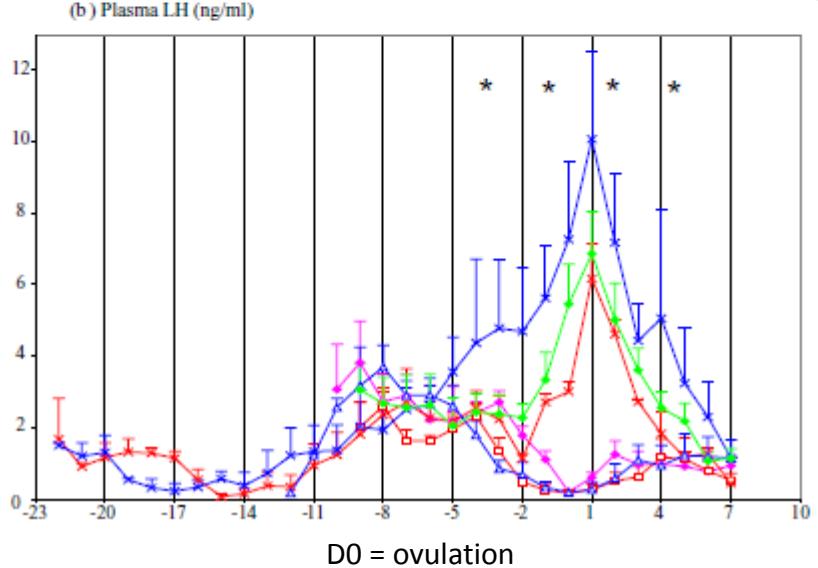
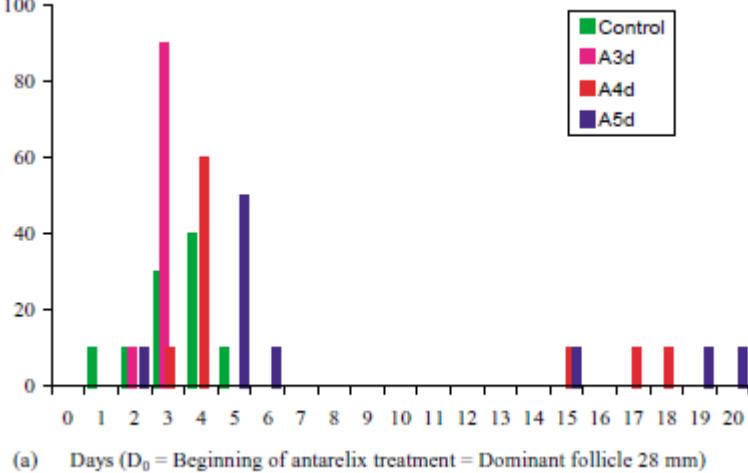
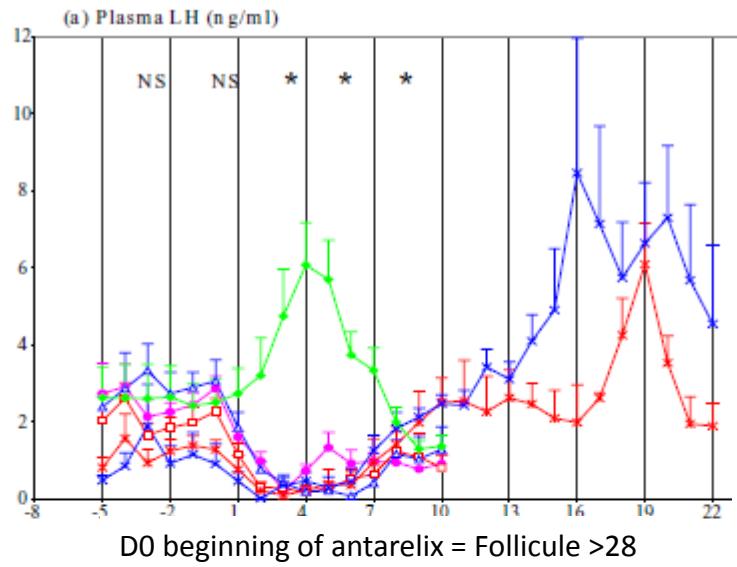
But Deslorelin® does it !

## 2 GnRH agonist or antagonist injection



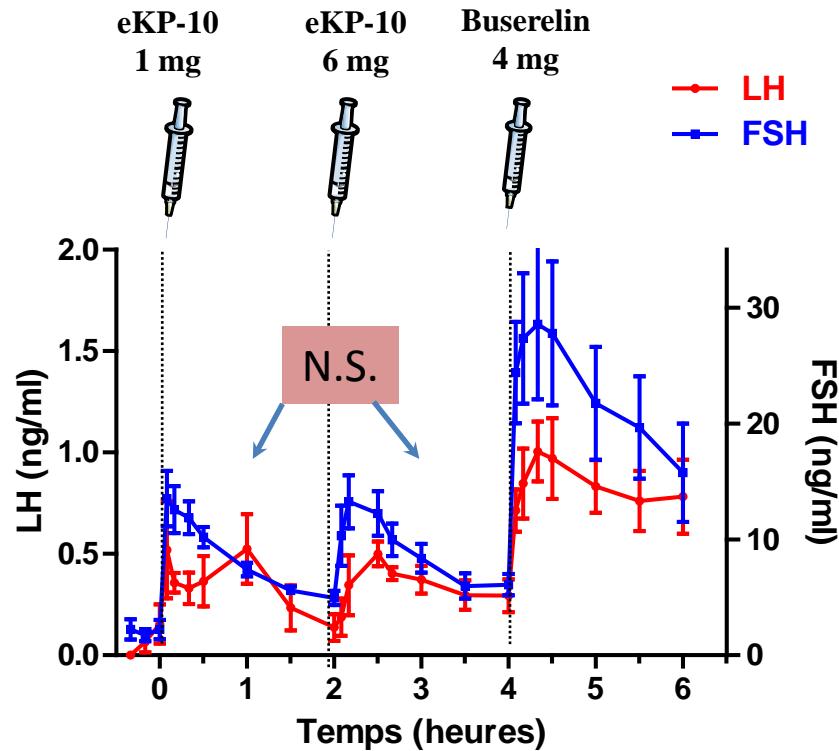
Days /beginning of the treatment = Largest follicle > 22 mm

Guillaume et al : reprod Nutri. Dev. 2002



In Mares, during winter ovarian inactivity

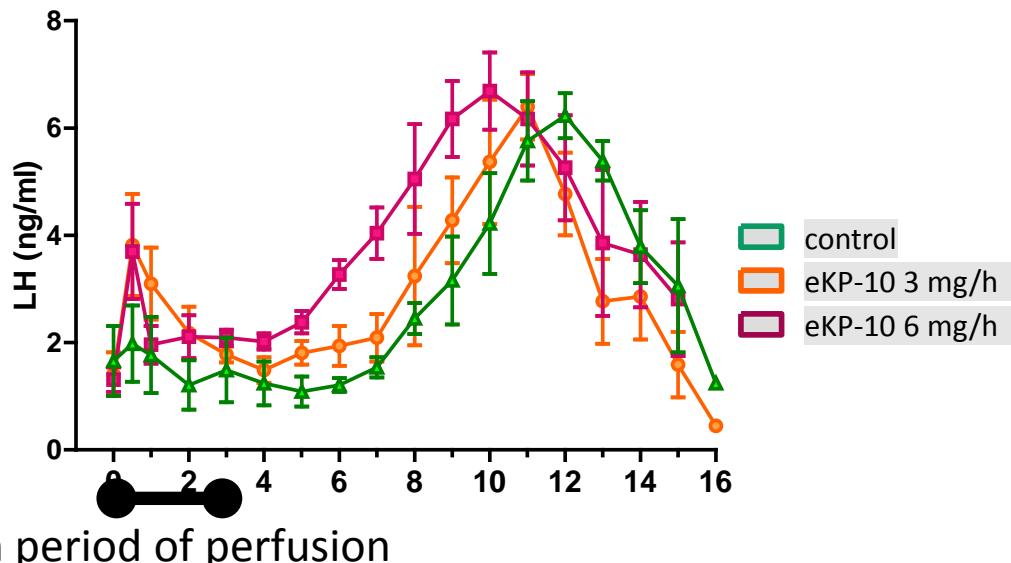
Effect of a single acute injection of eKp10 was tested in 4 anoestrus mares



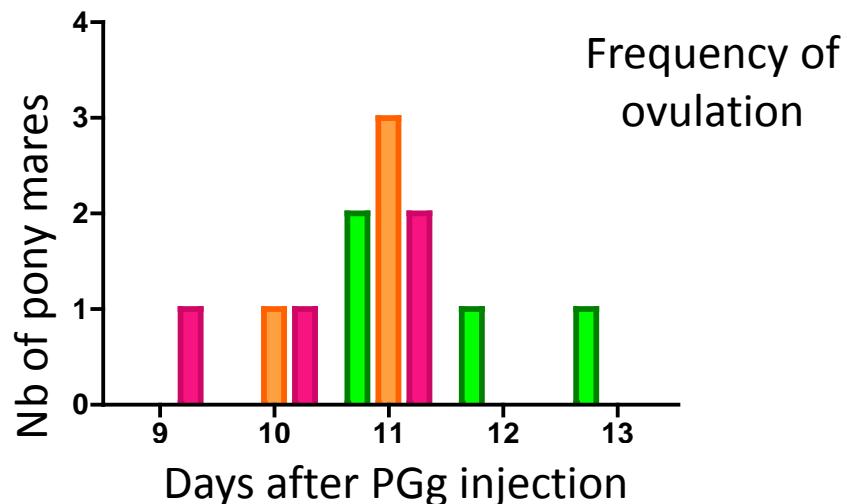
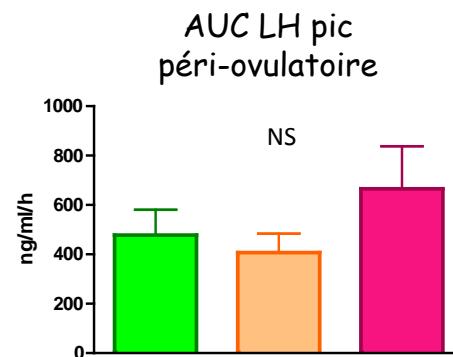
→ Increased the LH and FSH secretion

## In Mares, during breeding season

Effects of mid-term perfusion of eKp10 during the early follicular phase on LH plasma concentrations



72h period of perfusion



Frequency of ovulation

Conclusion in mares :  
Systematic low effect on LH or FSH secretion  
No effect to trigger the ovulation

Conclusion on the use of kisspeptin in mares:  
Confirmation of Magee et al previous results

Systematic low effect on LH or FSH secretion  
No effect to trigger the ovulation

Hypotheses on this failure to use of kisspeptin in mares:

- 1°) Important plasmatic clearance
- 2°) Poorly crosses the blood brain barrier and just acts through the median eminence
- 3°) Systematic desensitization or downregulation of Kiss receptor on GnRH neurons

Solution  
Development of better Kiss1r agonists?

## 4 Melatonin leptin and pheromones control



melatonin:

Active immunization against melatonin fail to act on the first ovulation.  
Researches on antagonists are in progress

Leptin and other adiponectins:

Are poorly investigated in equine.

The mobilization of fat tissues and the modification of leptin secretion with clenbuterol  
not act on the first ovulation.

McManus and Fitzgerald : Animal Reproduction Science 2003

Pheromones :

open the vial and the mare ovulates ... a dream

Neuroendocrine regulations are poorly studied in Equine compared to other domestic species.

As a consequence knowledge of the horses' peculiarities on this topic is very limited.

Therefore, how can we understand and serve our favorite animal model...and dearest friend ?



