Modification of gut microflora in rainbow trout (O. mykiss) using live yeast

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# Introduction

- The conditions for farming aquatic animals are changing
  - Increase of disease
  - Pressure to decrease the use of antibiotics
  - Increasing use of protein from plant origin in aquaculture feeds
- Among different solutions studied, probiotics seem to represent a viable option
  - Improvement of digestibility
  - Stimulation of immune system
  - Regulation of gut microflora (pathogens)
  - Anti-microbial properties

# Yeast as a probiotic in Fish

- Most of the published studies use bacterial probiotics
- Few studies with yeast to date, some examples

| Yeast   | Fish species       | Effect                        | Author                 |
|---|--------------------|-------------------------------|------------------------|
| Debaryomyces<br>Hansenii                        | European seabass   | Gut maturation<br>Antioxidant | Tovar-Ramirez et al    |
| Debaryomyces<br>Hansenii, Candida<br>tropicalis | Indian white Prawn | Immune stimulant              | Sarlin and Philip 2011 |
| Saccharomyces<br>cerevisiae                     | Rainbow trout      | Gut maturation                | Waché et al 2006       |
|   |                    | Immunestimulant               | Panigrahi et al        |
|   | Tilapia            | Growth promoter               | Lara-Flores et al 2003 |
|   | Whiteleg shrimp    |                               | Sholtz et al 1999      |

## Live yeast (Saccharomyces cerevisiae)

#### Baker's yeast, or Instant yeast





- Dry yeast
- Small granulometry, easily dissolved
- Low stability to moisture and heat

#### Usage in aquaculture

- Feed for rotifers and artemia (shrimp and fish larvae)
- Sometimes used to treat ponds in shrimp farming
- Fermentation of on-farm made feeds.

Yeast for animal nutrition .



- Dry yeast
- Low porosity microgranule
- Bigger granulometry
- High stability to moisture and heat

### Potential usage in aquaculture

- Probiotics
- Gut modifiers
- Regulation of gut microflora

# Objectives of the study

- Feasibility study to further explore the effects of live yeast as a probiotic in fish.
- Proof of concept of live yeast as gut modifier in fish.





# **Material and Methods**

- 4 tanks of 750 L in a flow through system (9°C) 2 control tanks + 2 tanks for the treatment feed.
- 100 rainbow trout of 150g per tank in order to have standard farming conditions (15 kg of biomass in 750L).
- One week acclimatisation period before a 8 week feeding trial
- Feeding with Skretting LA30 3mm fish feed pellets supplemented or not with 0.1% Live yeast (Actisaf pwd, Lesaffre Feed Additives, France)
- Weigh and length measurement at day o, and at 4 and 8 weeks
  - (100 individual fish at To, 30 at T4, 50 at T8)
- At 8 weeks, a sample of gut tissue was sampled and stored for further bacterial analysis. (16 fish from each group)



# Method used for live yeast feed coating

- 1. Weigh out 200g of fish feed and 0.2g live yeast.
- 2. Dissolve the live yeast in 15mL of distilled water.
- 3. Add the yeast solution to the fish feed gradually whilst mixing.
- 4. Continue mixing until all of the solution is absorbed and the feed is evenly coated.
- 5. Rinse any residual yeast solution from the container with 2mL of distilled water and add this to the feed whilst mixing.

# Gut analysis

- The gut samples were washed from faeces and stored at -20°C and then -80°C until TRFLP analysis
- <u>TRFLP Procedure</u>
  - After DNA extraction, PCR were performed using 0.5µL of DNA (100-200ng/reaction) and the 27F (labelled with Cy5)-1389R primers combination (~full length 16s rDNA).
  - The PCR product was digested with Hae3 and Msp1 and run on a sequencer (capillary electrophoresis).
  - T-RFS were assigned to a bin size with the Beckman fragment analysis software using a 600bp internal standard.
  - The profiles of T-RFs were analysed with R (vegan package).

# TRFLP : Characterisation of the microflora



### Results • Weight



#### Individual weight (g)

# 



# No differences in weight ,fork length or survival after 8 weeks

# Gut Microbiota Analysis

- The number of peaks (~number of species) is much lower than in other animals such as pig or rumen: ~ 20 peaks for fish gut compared to 50-60 for rumen/pig colon.
- It could be that the bacterial population is indeed less diverse or it could be due to the high contamination with the host DNA.

## Gut Microbiota Analysis

- Analysis of the 16s rDNA profiles of the 20 samples that could be successfully amplified using Principal Coordinates analysis. Md 1 and 2 are the multidimensional scales.
- The Manova analysis confirmed that there was indeed a significant difference between the control and the treated group bacterial population.
- P≥0.001



C=control and Y = yeast.

Red circle= confidence interval (95%) as calculated by the standard deviations of their (weighted) averages.

# Conclusions

- Significant differences were shown in gut microbial populations
- The study did not show differences in growth and length probably due to the high performing feed used and low temperature
  - Work in more challenging production conditions for future studies
- This suggests that that current tests for yeast efficacy as a probiotic in the absence of stress, pathogen challenge, etc cannot determine the true effect of probiotics in fish

# Future work – Action of yeast

- Define challenging conditions for yeast/probiotics in fish to further quantify performance.
  - Nutrition, stress, pathogens etc
- Optimise the inclusion of probiotics in fish feed
- Identification of the specific microbial population modification by pyrosequencing.
- Need to harness the power of new molecular and immunological techniques to fully evaluate feed additives

## Thank you for your attention

