



Department of  
Primary Industries



# Consequences of Nutrition & Growth During Gestation for Beef Production

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AUSTRALIA

# Mothers, Babies, and Disease in Later Life

BMJ  
Publishing  
Group

*DJP Barker*

SECOND EDITION

# Mothers, Babies and Health in Later Life

D. J. P. Barker



CHURCHILL LIVINGSTONE

# This presentation

- Background on the Australian Beef Industry
- Consequences of nutrition of pregnant cows
- Longer-term consequences for offspring
  - Growth and efficiency
  - Carcass and yield
  - Muscle cellular development
  - Beef quality
- Conclusions and context

# Background

- Australian beef industry:
  - ~24,000 farms
  - 2.1 million tonnes of beef p.a.
  - Gross value of \$8 billion p.a.
- National breeding herd is pasture-based
- Early-life and backgrounding on pasture
- Two-thirds finished & slaughtered off pasture & one-third feedlotted
- Prolonged droughts & nutritional restriction common

## Background

- Paucity of information on longer-term consequences of maternal nutrition and early-life growth for commercial outcomes in beef production systems
- Australian beef industry advice:
  - Growth restriction prior to weaning reduces subsequent growth and increases fatness in later life

## Characteristics of the severely growth-retarded newborn lamb

- More fetal-like metabolic and endocrine status at birth
- Lower maintenance energy requirements
- Limited capacity for lean tissue growth
- High early-postnatal relative feed intake

**Propensity to fatten in early-postnatal period**

Greenwood *et al.* (1998-2004), Rhoads *et al.* (2000a,b), Ehrhardt *et al.* (2003)

# Objectives

Answer research questions:

- Does severe, chronic maternal nutritional restriction of beef cows have long-term effects on offspring?
- Do prenatal and pre-weaning nutrition and growth interact to influence beef production?
- Do sire-genotype and early-life nutrition and growth interact to influence beef production?

# Objectives

- Conduct research within commercial systems  
on commercial outcomes
- Help refine advisory information for the  
Australian beef industry





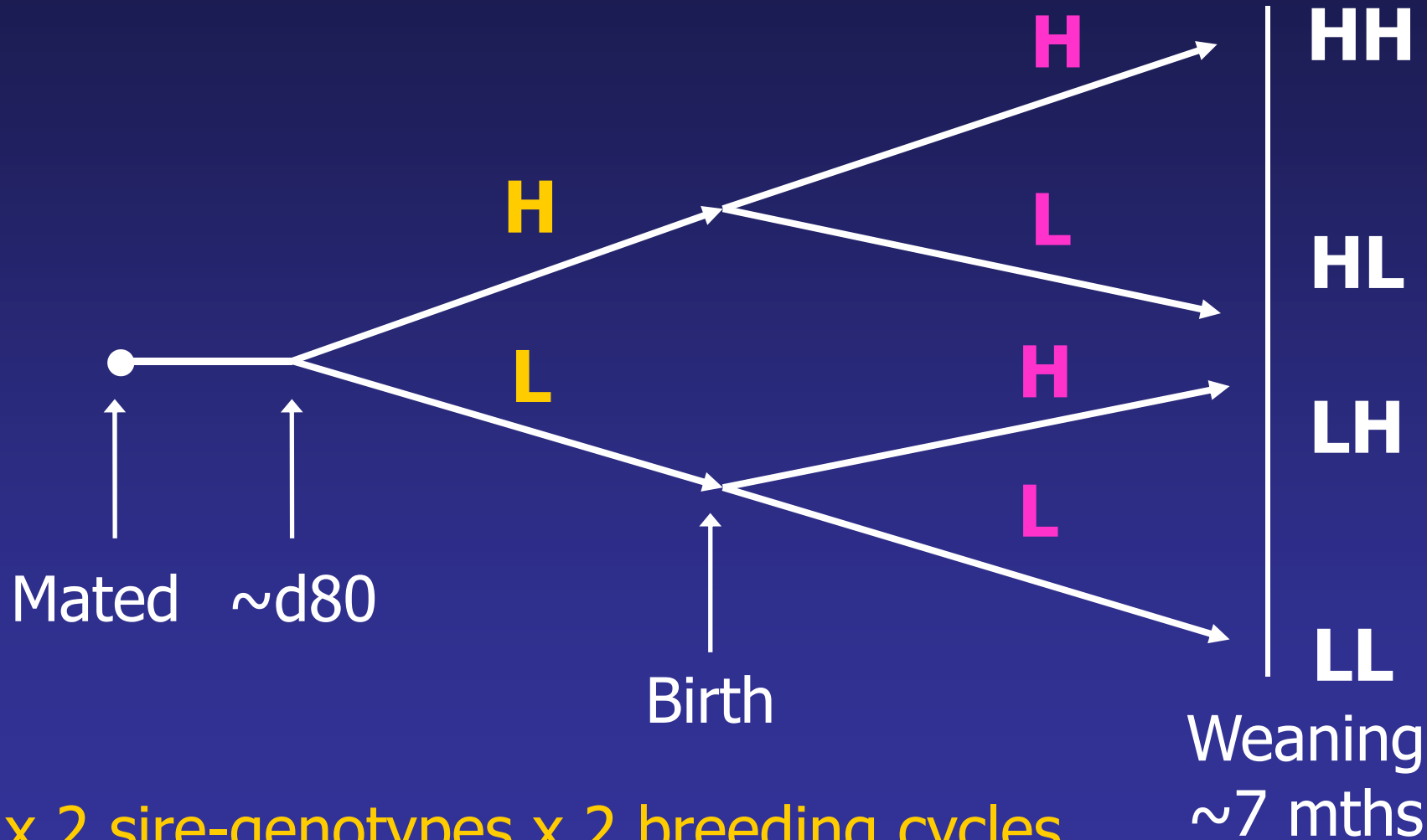
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# Consequences of Nutrition of Pregnant Cows

# Pregnancy nutrition

# Lactation nutrition



x 2 sire-genotypes x 2 breeding cycles  
(n = 514 cows/calves)

Cafe *et al.* (2006)







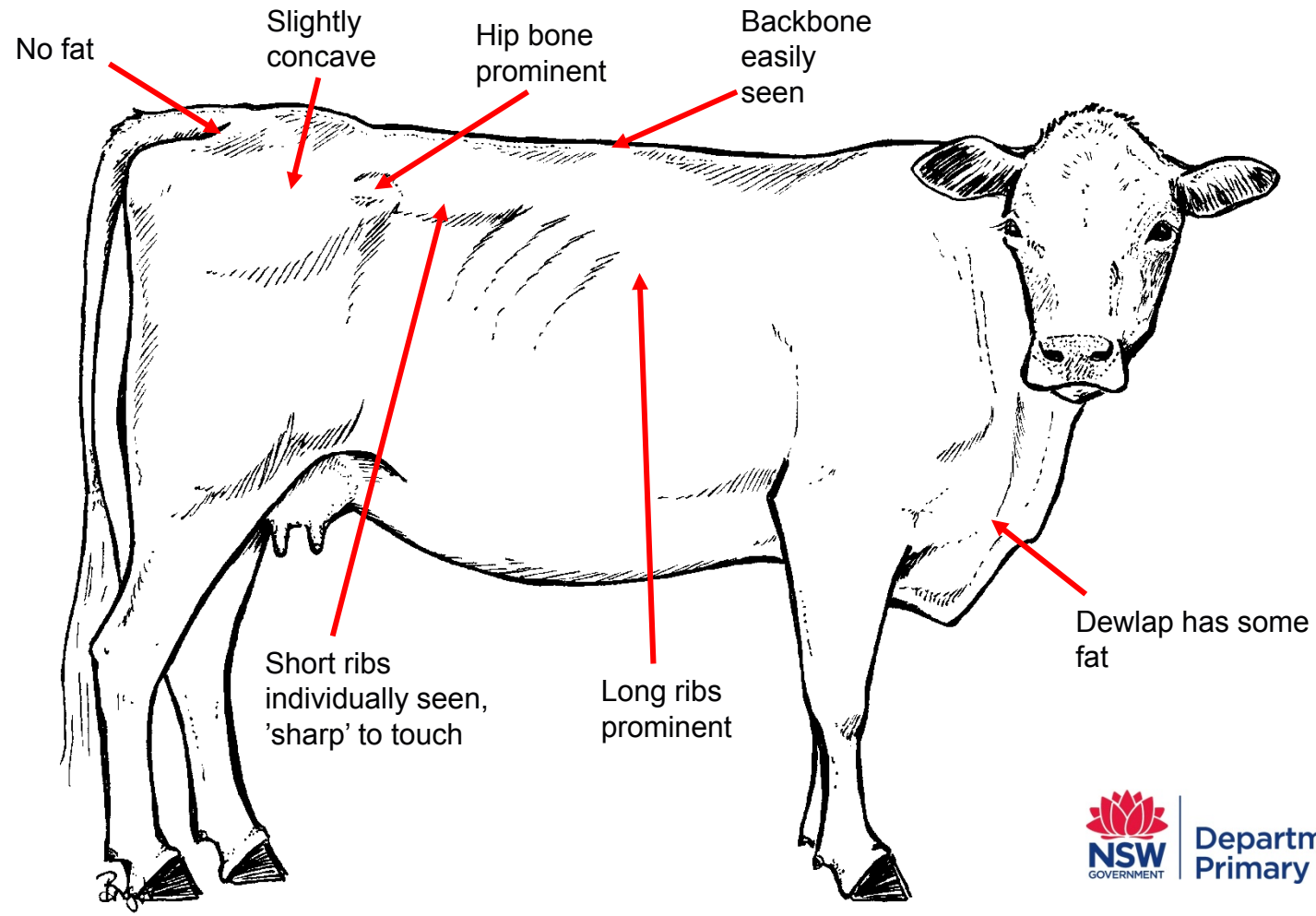
# Maternal Nutritional Restriction

## Pregnant cow nutrition

|                                | <b>High</b> | <b>Low</b> |
|--------------------------------|-------------|------------|
|                                | (n=285)     | (n=229)    |
| Cow LW post-partum (kg)        | 500         | 394        |
| Cow pregnancy LW $\Delta$ (kg) | +102        | -11        |
| Cow treatment LW $\Delta$ (kg) | +55         | -45        |

Cafe *et al.* (2006)

# Low Nutrition = Fat Score 1 – “At Risk”

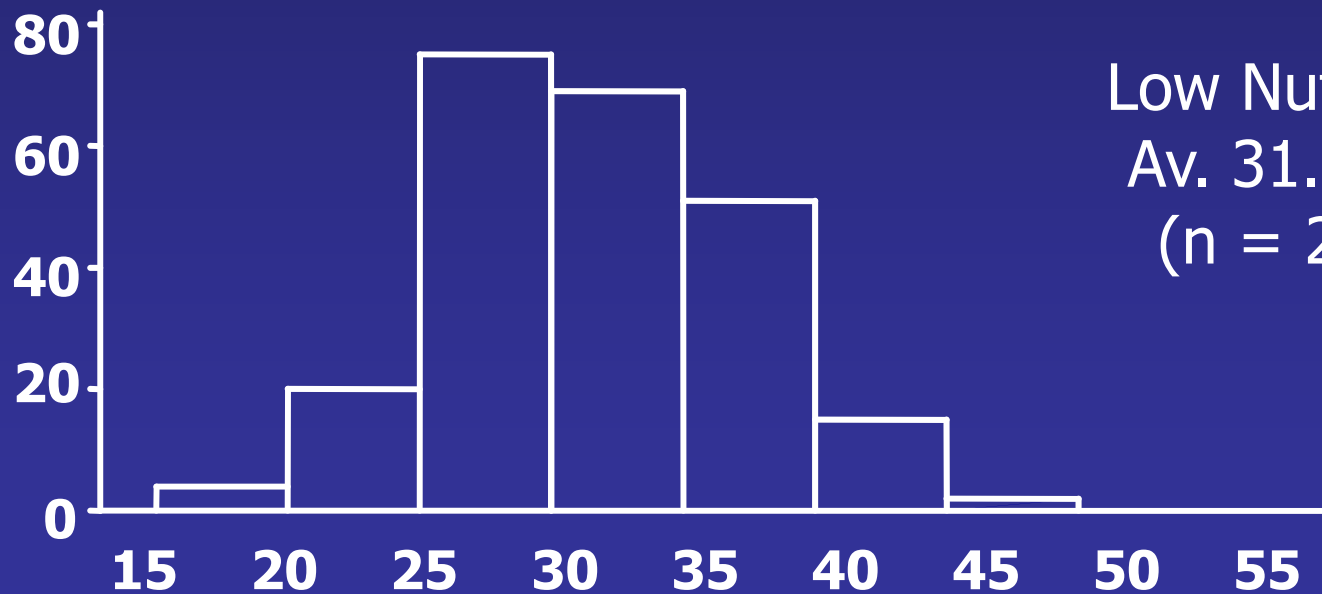
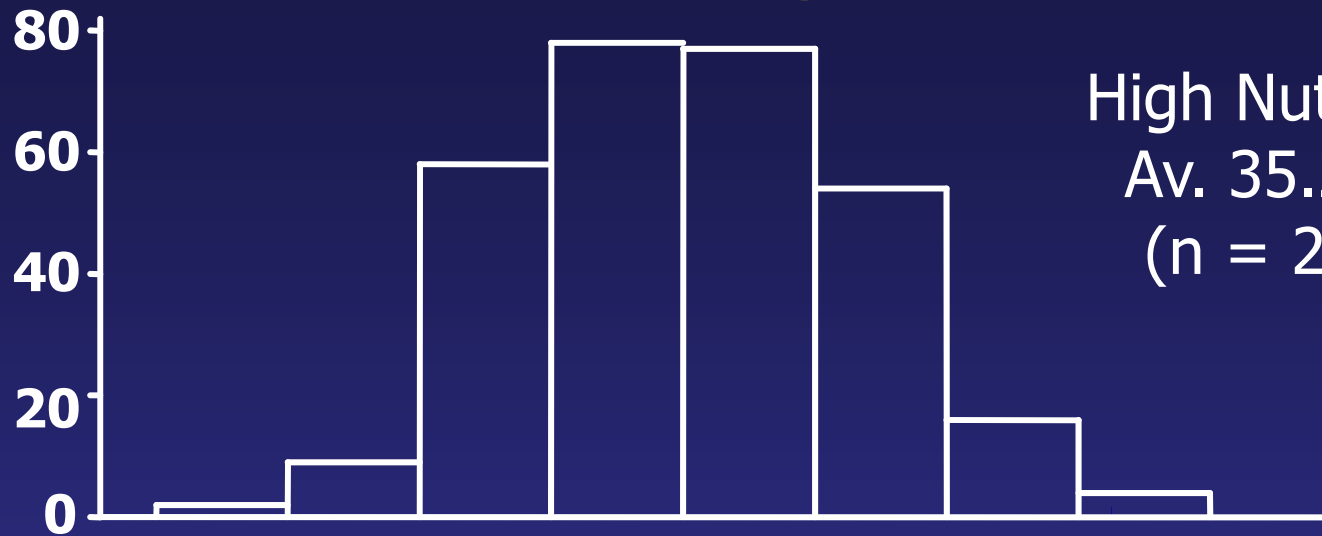


**Low = ~ CS 3 & 400 kg vs. High = ~ CS 6 & 500 kg**

# Birth weights



Number of calves



Birth weight (kg)

Cafe *et al.* (2006)



# Factors affecting birth weight

- Maternal nutrition
- Cow genotype, age, weight and parity
- Fetal genotype and sex
- Placenta
- Thermal environment
- Litter size

# Statistical analyses

- Stepwise regression

exclusion at  $F$ - ratio  $< 5.49$ ,  $P > 0.02$  for 1 d.f.

- **Covariates**: Dam age, Dam previous lactation status; Days pregnant at start of nutritional treatment; Dam BW at parturition
- **Fixed Effects**: Pregnancy nutrition; Lactation nutrition; Calf sex; Sire breed; Year
- **First order interactions**: Between fixed effects; Between covariates and fixed effects

## Dam and calf weights at birth (n = 228)

| Variable                      | Mean | Model<br>$R^2$ | Pregnancy<br>nutrition<br>$r^2$ |
|-------------------------------|------|----------------|---------------------------------|
| Dam LW at<br>parturition (kg) | 445  | 71%            | 50%                             |

## Dam and calf weights at birth (n = 228)

| Variable                   | Mean | Model R <sup>2</sup> | Pregnancy nutrition r <sup>2</sup> |
|----------------------------|------|----------------------|------------------------------------|
| Dam LW at parturition (kg) | 445  | 71%                  | 50%                                |
| Birth wt (kg)              | 33.7 | 43%                  | 20%                                |

## Birth weight (n = 228)

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| Mean | Model<br>$R^2$ | Terms<br>( $r^2$ )       |
|------|----------------|--------------------------|
| 33.7 | 48%            | Dam LW parturition (26%) |

---

## Birth weight (n = 228)

| Mean | Model R <sup>2</sup> | Terms (r <sup>2</sup> )   |
|------|----------------------|---------------------------|
| 33.7 | 48%                  | Dam LW parturition (26%)  |
| 33.7 | 43%                  | Pregnancy nutrition (20%) |

# Calf weaning weights (kg) (n = 514)

| <u>Stage of treatment</u> | <u>Maternal Nutrition</u> |                 | <u>diff.</u> |
|---------------------------|---------------------------|-----------------|--------------|
|                           | Low<br>(n=229)            | High<br>(n=285) |              |
| Lactation                 | 164                       | 207             | 43           |
| Pregnancy                 | 177                       | 195             | 18           |

# Weaning weight (n = 228)

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| Mean<br>(kg) | Birth wt<br>( $\Delta$ /kg) | Model<br>$R^2$ | Terms<br>( $r^2$ )  |
|--------------|-----------------------------|----------------|---|
| 189          | 1.53                        | 74%            | Lactation nutrition (41%)<br>Dam LW at parturition (14%)<br>Birth Wt (3%) |

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# Maternal Nutrition

- Cows buffer the growing fetus
- 3.7 kg difference in birth weight despite >100kg difference in post-partum cow live weight
- Birth weight from heifers & cows was similarly affected by nutrition during pregnancy

# Maternal Nutrition

- Nutrition during pregnancy, especially during later pregnancy, also affects milk production
- Growth to weaning is sensitive to effects of nutrition of cows & milk production

Carry-over effects of maternal nutrition during pregnancy on lactation confound attempts to define the extent of fetal programming

# Design considerations Fetal programming studies

Uncoupling of prenatal & postnatal effects

- Artificial rearing
- Cross-fostering
- Factorial experimental designs



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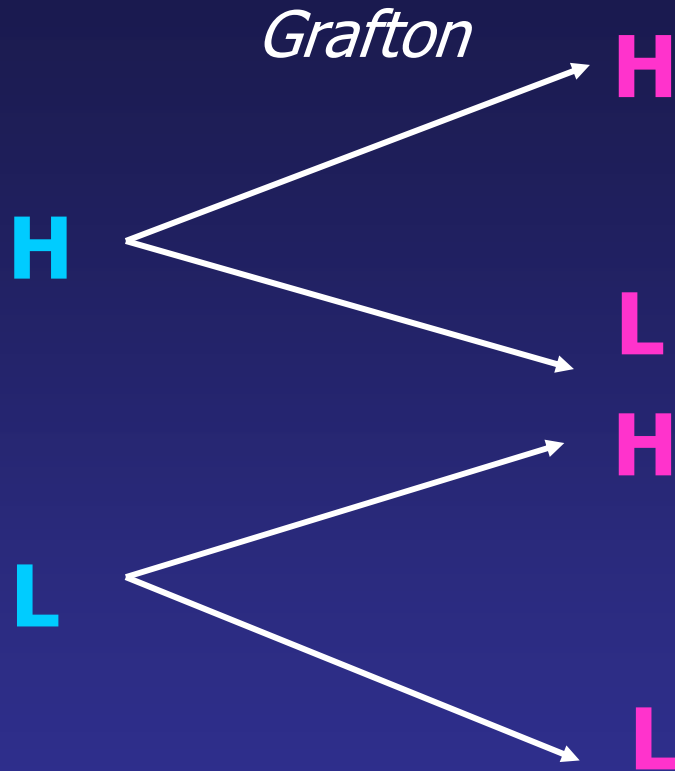


# Longer-term Consequences

# Early-Life Nutrition

# Background

# Feedlot



**Pregnancy nutrition from ~d 80**

**Lactation nutrition**

~ 7 mth  
av. 189 kg

~ 26 mth  
av. 514 kg

~ 30 mth  
av. 678 kg  
Slaughter

x 2 sire-genotypes x 3 cohorts (n = 240)

# Statistical analyses

- Stepwise regression

exclusion at  $F$ - ratio  $< 5.49$ ,  $P > 0.02$  for 1 d.f.

- **Covariates**: Dam age, Dam previous lactation status; Days pregnant at start of nutritional treatment; Dam BW at parturition; **Birth day; Birth weight; Age at weaning; Weaning weight; Feedlot entry weight; Carcass weight**
- **Fixed Effects**: Pregnancy nutrition; Lactation nutrition; Calf sex; Sire breed; Year
- **First order interactions**: Between fixed effects; Between covariates and fixed effects



## Liveweights (n = 228)

| Stage   | Mean<br>(kg) | Birth<br>wt<br>( $\Delta$ /kg) | Weaning<br>wt<br>( $\Delta$ /kg) | Model<br>$R^2$ | Terms ( $r^2$ )                          |
|---------|--------------|--------------------------------|----------------------------------|----------------|--|
| Weaning | 189          | 1.5                            | n.a.                             | 74%            | Birth wt (3%)<br>Dam wt partur.<br>(14%) |



## Liveweights (n = 228)

| Stage             | Mean<br>(kg) | Birth<br>wt<br>( $\Delta$ /kg) | Weaning<br>wt<br>( $\Delta$ /kg) | Model<br>$R^2$ | Terms ( $r^2$ )                          |
|-------------------|--------------|--------------------------------|----------------------------------|----------------|--|
| Weaning           | 189          | 1.5                            | n.a.                             | 74%            | Birth wt (3%)<br>Dam wt partur.<br>(14%) |
| End<br>background | 514          | 3.0                            | 0.7                              | 71%            | Birth Wt (13%)<br>Weaning Wt<br>(48%)    |

## Liveweights (n = 228)

| Stage             | Mean<br>(kg) | Birth<br>wt<br>( $\Delta$ /kg) | Weaning<br>wt<br>( $\Delta$ /kg) | Model<br>$R^2$ | Terms ( $r^2$ )                          |
|-------------------|--------------|--------------------------------|----------------------------------|----------------|--|
| Weaning           | 189          | 1.5                            | n.a.                             | 74%            | Birth wt (3%)<br>Dam wt partur.<br>(14%) |
| End<br>background | 514          | 3.0                            | 0.7                              | 71%            | Birth Wt (13%)<br>Weaning Wt<br>(48%)    |
| Feedlot exit      | 678          | 4.4                            | 0.8                              | 72%            | Birth Wt (34%)<br>Weaning Wt<br>(11%)    |



# Feedlot intake (kg DM/d, n = 146)

| Mean | Birth wt<br>( $\Delta$ /kg) | Weaning<br>wt<br>( $\Delta$ /kg) | Model<br>$R^2$ | Terms ( $r^2$ )  |
|------|-----------------------------|----------------------------------|----------------|--|
| 12.1 | 0.1                         | 0.01                             | 75%            | Year/Sex (56%)<br>Birth Wt (15%)<br>Weaning Wt (2%)<br>Weaning age x<br>Dam age (2%) |

# Feedlot intake (kg DM/d, n = 146)

|   | Mean | Birth wt<br>( $\Delta$ /kg) | Weaning<br>wt<br>( $\Delta$ /kg) | Model<br>$R^2$ | Terms ( $r^2$ )  |
|---|------|-----------------------------|----------------------------------|----------------|--|
|   | 12.1 | 0.1                         | 0.01                             | 75%            | Year/Sex (56%)<br>Birth Wt (15%)<br>Weaning Wt (2%)<br>Weaning age x<br>Dam age (2%) |
| Adj. for<br>feedlot entry<br>weight (Wfe) | 12.1 | n.s.                        | n.s.                             | 84%            | Wfe (63%)<br>Year/Sex (19%)<br>Age weaned (1%)<br>Wfe x Year/Sex<br>(1%)             |

# Feed efficiency (n = 146) kg DM/kg gain

| Mean | Birth wt<br>(Δ/kg) | Weaning<br>wt (Δ/kg) | Model<br>R <sup>2</sup> | Terms (r <sup>2</sup> )   |
|------|--------------------|----------------------|-------------------------|---|
| 9.4  | n.s                | 0.02                 | 38%                     | Year/Sex (18%)<br>Prev Lact (5%)<br>Weaning wt (6%)<br>Year/Sex x Weaning wt<br>weaned (3%)<br>Year/Sex x Prev Lact<br>(3%)<br>Lact Nutr (3%) |

# Feed efficiency (n = 146) kg DM/kg gain

|  | Mean | Birth wt<br>(Δ/kg) | Weaning<br>wt (Δ/kg) | Model<br>R <sup>2</sup> | Terms (r <sup>2</sup> )   |
|--|------|--------------------|----------------------|-------------------------|---|
|  | 9.4  | n.s.               | 0.02                 | 38%                     | Year/Sex (18%)<br>Prev Lact (5%)<br>Weaning wt (6%)<br>Year/Sex x Weaning wt<br>weaned (3%)<br>Year/Sex x Prev Lact<br>(3%)<br>Lact Nutr (3%) |
| Adj. for<br>feedlot<br>entry wt<br>(Wfe) | 9.4  | n.s.               | n.s.                 | 32%                     | Year/Sex (19%)<br>Wfe (6%)<br>Prev Lact (5%)<br>Wfe x Year/Sex (3%)   |

# Carcass and yield at 30 mo. (n = 228)

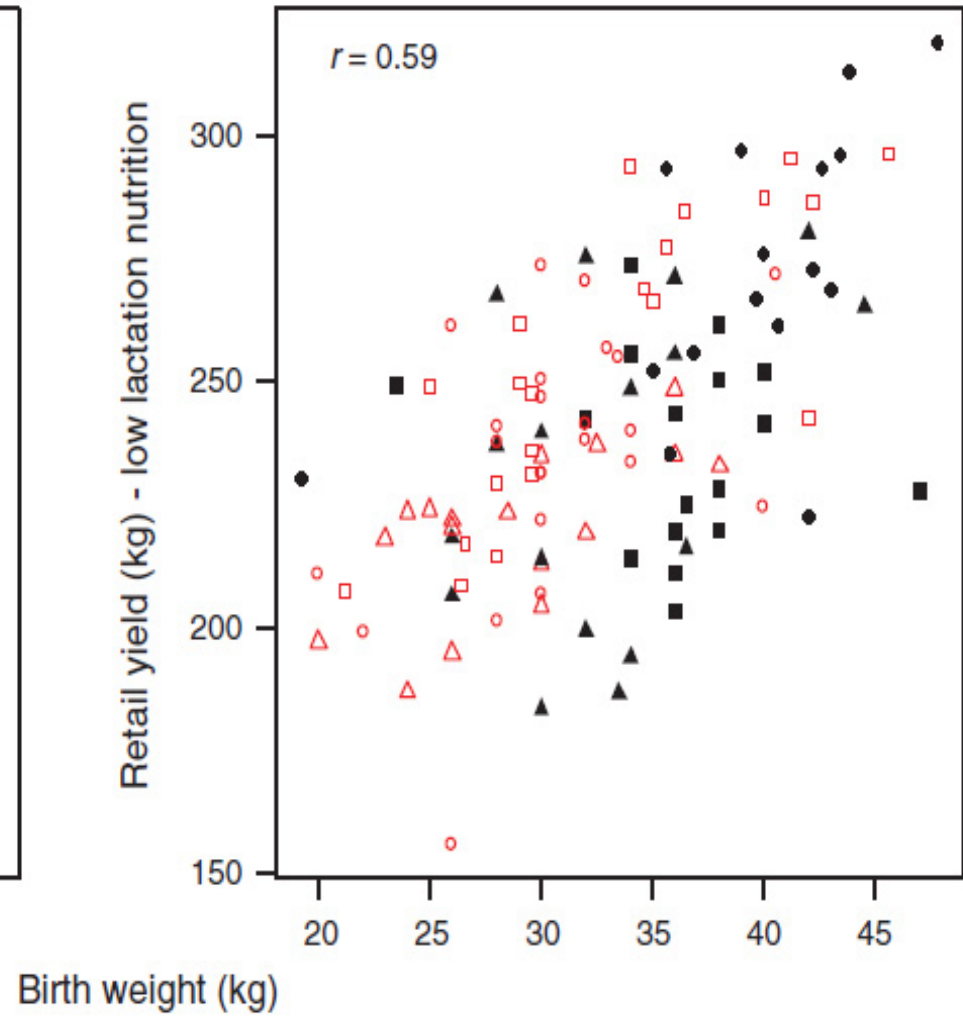
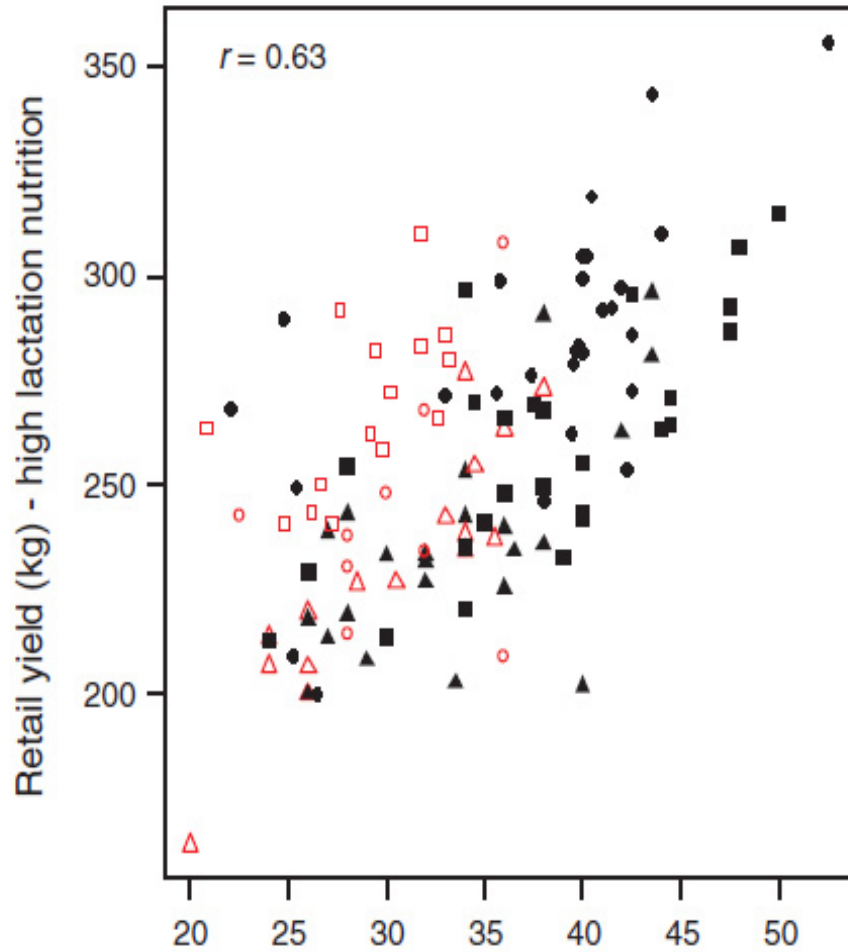
|                 | Mean | Birth wt<br>( $\Delta$ /kg) | Weaning<br>wt ( $\Delta$ /kg) | Model<br>$R^2$ | Terms ( $r^2$ )                    |
|-----------------|------|-----------------------------|-------------------------------|----------------|------------------------------------|
| Carcass wt (kg) | 382  | 2.7                         | 0.5                           | 70%            | Birth Wt (36%)<br>Weaning Wt (11%) |



# Carcass and yield at 30 mo. (n = 228)

|                   | Mean | Birth wt<br>( $\Delta$ /kg) | Weaning<br>wt ( $\Delta$ /kg) | Model<br>R <sup>2</sup> | Terms (r <sup>2</sup> )                                 |
|-------------------|------|-----------------------------|-------------------------------|-------------------------|---|
| Carcass wt (kg)   | 382  | 2.7                         | 0.46                          | 70%                     | Birth Wt (36%)<br>Weaning Wt (11%)                      |
| Retail yield (kg) | 249  | 2.0                         | 0.03                          | 70%                     | Birth Wt (37%)<br>Weaning Wt (5%)<br>Preg. Nutr. (0.7%) |

# Birth weight *vs.* Retail Yield (n = 228)



Robinson *et al.* (2013)

# Carcass and yield at 30 mo. (n = 228)

|                   | Mean | Birth wt<br>(Δ/kg) | Weaning<br>wt (Δ/kg) | Model<br>R <sup>2</sup> | Terms (r <sup>2</sup> )                                 |
|-------------------|------|--------------------|----------------------|-------------------------|---|
| Carcass wt (kg)   | 382  | 2.7                | 0.46                 | 70%                     | Birth Wt (36%)<br>Weaning Wt (11%)                      |
| Retail yield (kg) | 249  | 2.0                | 0.03                 | 70%                     | Birth Wt (37%)<br>Weaning Wt (5%)<br>Preg. Nutr. (0.7%) |
| Fat trim (kg)     | 55.4 | n.s.               | 0.10                 | 57%                     | Weaning Wt (24%)  |

## Carcass and yield at 30 mo. (n = 228)

|                   | Mean | Birth wt<br>( $\Delta$ /kg) | Weaning<br>wt ( $\Delta$ /kg) | Model<br>$R^2$ | Terms ( $r^2$ )   |
|-------------------|------|-----------------------------|-------------------------------|----------------|---|
| Carcass wt (kg)   | 382  | 2.7                         | 0.46                          | 70%            | Birth Wt (36%)<br>Weaning Wt (11%)                      |
| Retail yield (kg) | 249  | 2.0                         | 0.03                          | 70%            | Birth Wt (37%)<br>Weaning Wt (5%)<br>Preg. Nutr. (0.7%) |
| Fat trim (kg)     | 55.4 | n.s.                        | 0.10                          | 57%            | Weaning Wt (24%)  |
| Bone (kg)         | 67.6 | 0.5                         | 0.07                          | 70%            | Birth Wt (17%)<br>Weaning Wt (4%)                       |

Robinson *et al.* (2013)

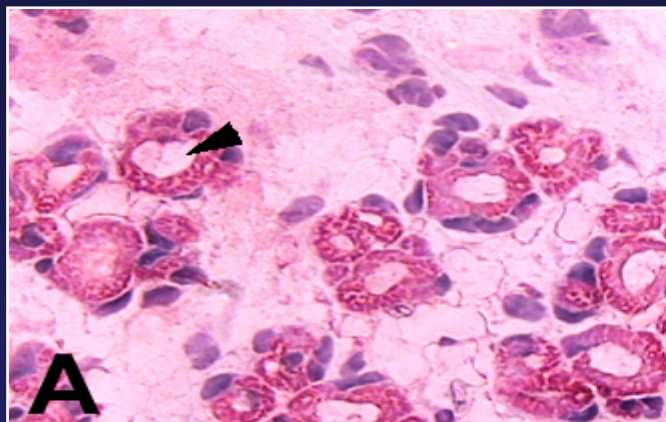
## Yield at 376 kg Cold Carcass Wt (n = 228)

|                   | Mean | Birth wt<br>( $\Delta$ /kg) | Weaning<br>wt ( $\Delta$ /kg) | Model<br>R <sup>2</sup> | Terms<br>(r <sup>2</sup> ) |
|-------------------|------|-----------------------------|-------------------------------|-------------------------|----------------------------|
| Retail yield (kg) | 249  | n.s.                        | -0.06                         | 95%                     | Weaning Wt<br>(1%)         |
| Fat trim (kg)     | 55.4 | n.s.                        | 0.08                          | 64%                     | Weaning Wt<br>(24%)        |
| Bone (kg)         | 67.6 | n.s.                        | n.s.                          | 87%                     | -                          |

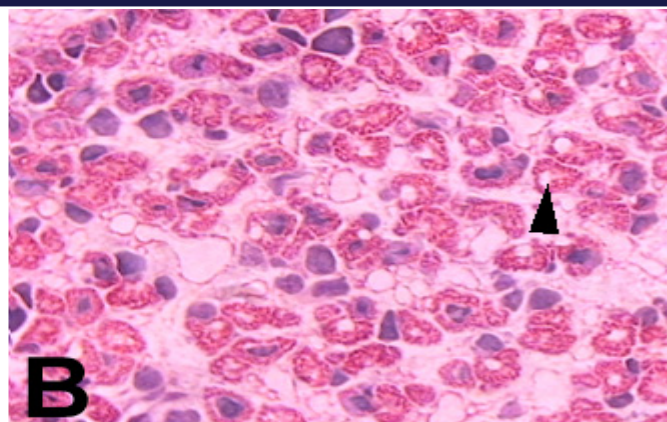
## Marbling & Ossification (n = 228)

|                           | Mean | Birth wt<br>( $\Delta$ /kg) | Weaning<br>wt ( $\Delta$ /kg) | Model<br>R <sup>2</sup> | Terms<br>(r <sup>2</sup> ) |
|---------------------------|------|-----------------------------|-------------------------------|-------------------------|----------------------------|
| USDA Marble<br>score      | 446  | n.s.                        | n.s.                          | 41%                     | Breed<br>(39%)             |
| LD IMF%                   | 6.94 | n.s.                        | n.s.                          | 45%                     | Breed<br>(43%)             |
| MSA ossification<br>score | 200  | n.s.                        | n.s.                          | 68%                     | Sex<br>(66%)               |

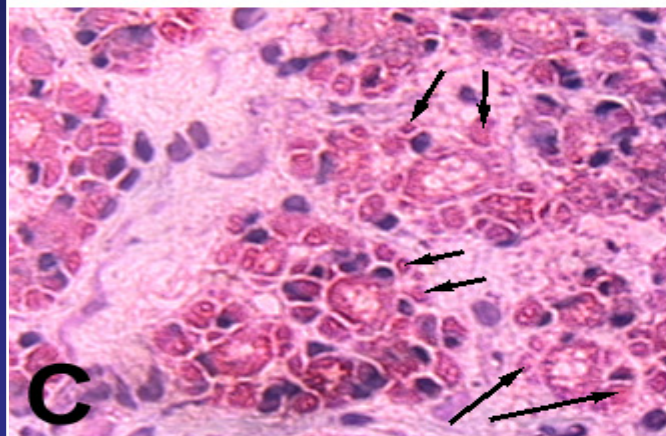
60d



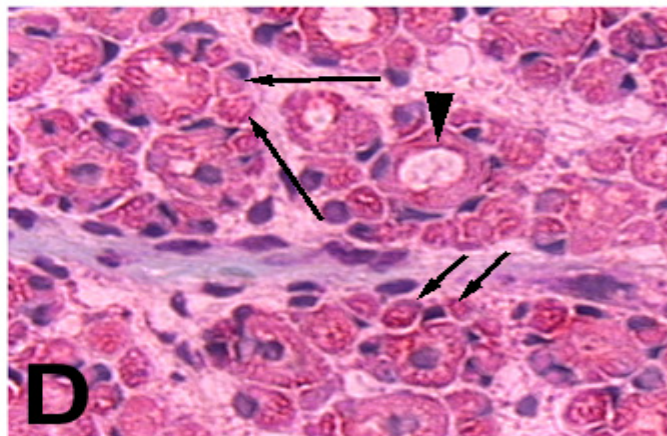
73d



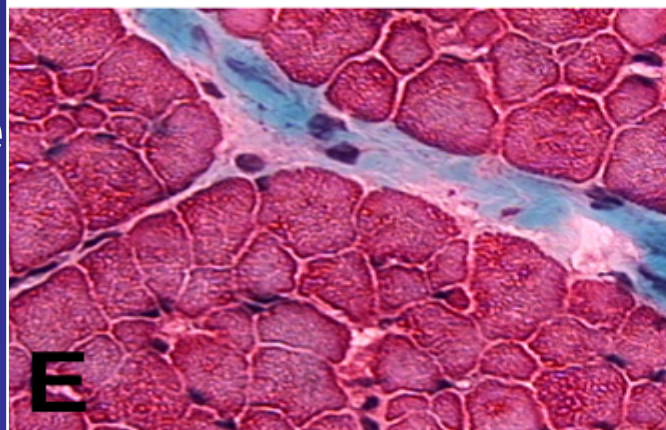
95d



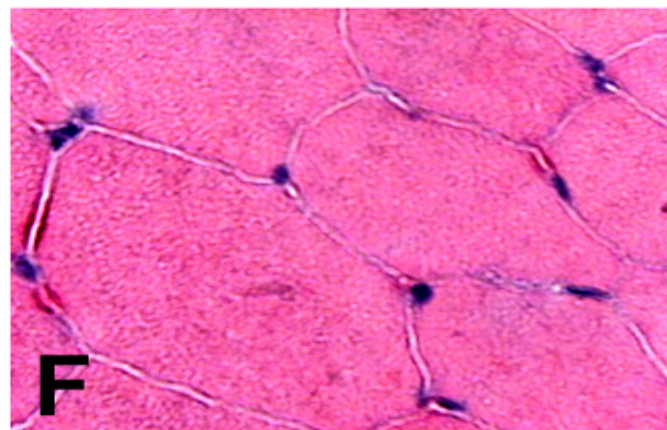
104d



neonate



adult



H&E stain: Courtesy of D. Gerrard in Greenwood *et al.* (1999)

# *Longissimus* myofibres

(352 kg carcass wt, heifer cohort, n = 73)

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|                              | Mean | Birth wt<br>(Δ/kg) | Weaning wt<br>(Δ/kg) | Model<br>R <sup>2</sup> ; Terms |
|------------------------------|------|--------------------|----------------------|---------------------------------|
| Number (x 10 <sup>-6</sup> ) | 1.12 | 0.07 #             | n.s.                 | 13%<br>BW <sup>#</sup> ,G       |

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# P = 0.08

Robinson *et al.* (2013)



Immunocytochemical staining of myofibres in ruminant muscle:

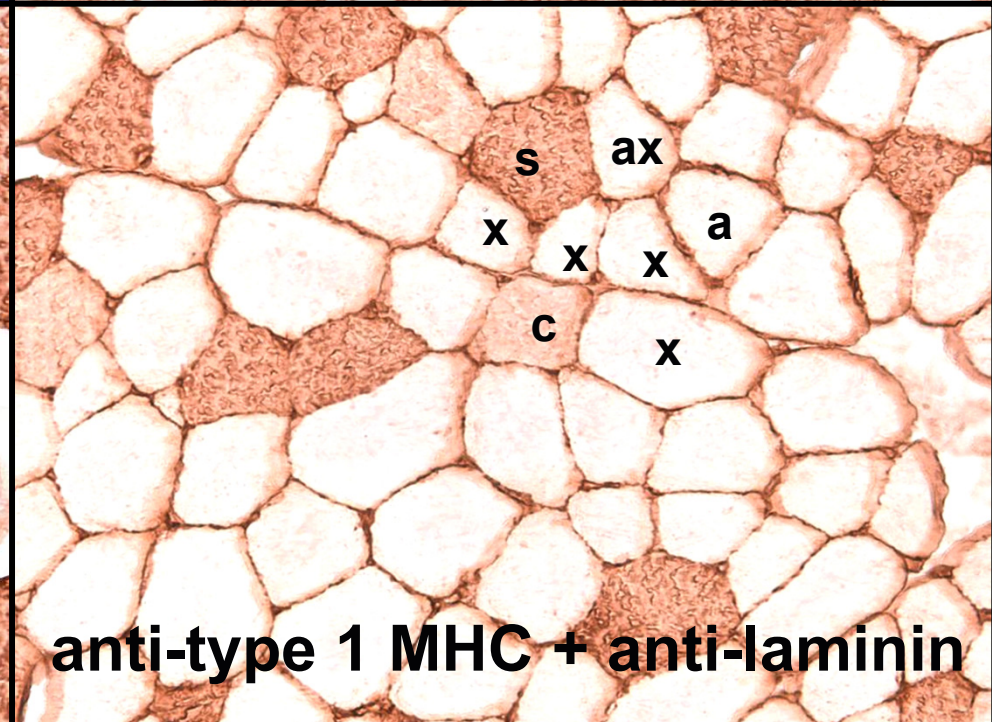
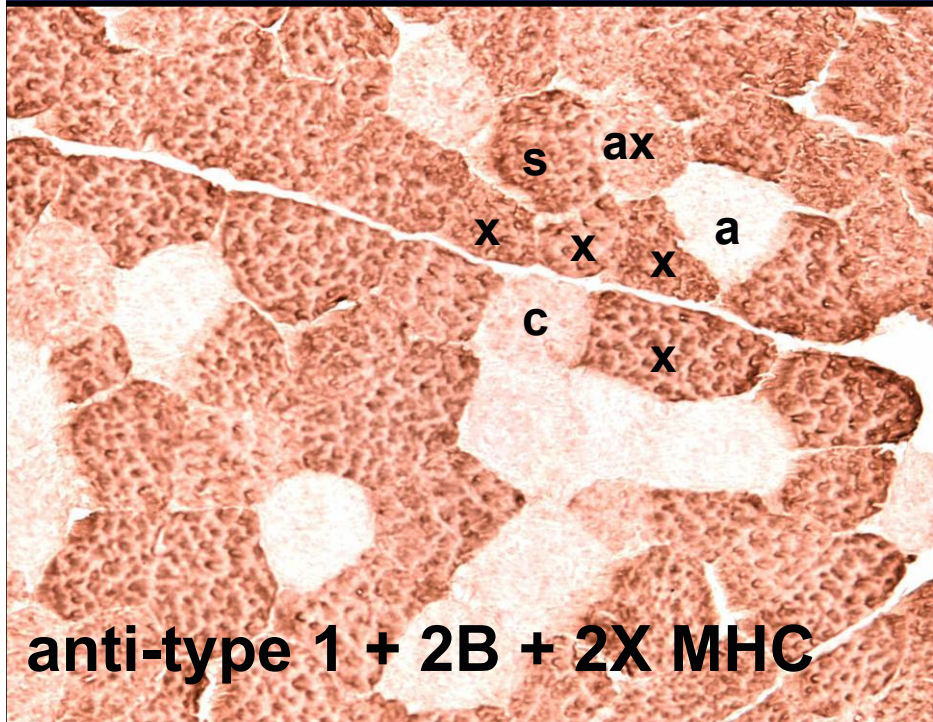
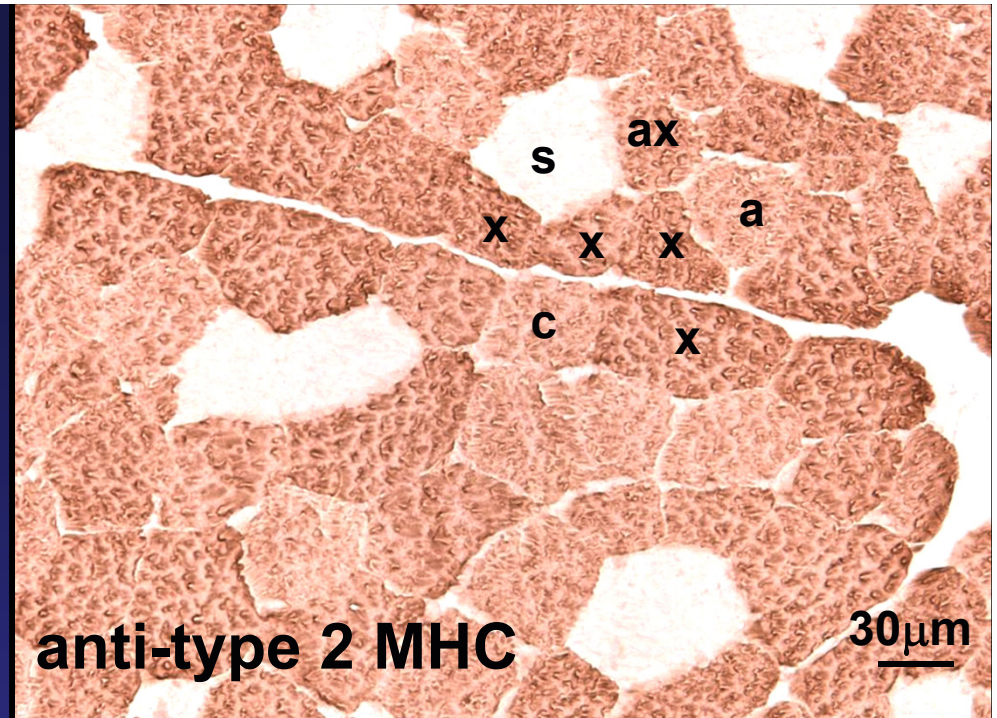
s = type 1 (slow)

c = type 2C (slow/fast oxidative-glycolytic intermediate)

a = type 2A (fast oxidative-glycolytic)

ax = type 2AX (fast oxidative-glycolytic/ fast glycolytic intermediate)

x = type 2X (fast glycolytic)



# *Longissimus myofibres*

(352 kg carcass wt, heifer cohort, n = 73)

| % myofibre area | Mean | Birth wt<br>( $\Delta$ /kg) | Weaning wt<br>( $\Delta$ /kg) | Model<br>R <sup>2</sup> ; Terms |
|-----------------|------|-----------------------------|-------------------------------|---------------------------------|
| Type 1          | 22.2 | n.s.                        | n.s.                          | 17%: G                          |
| Type 2C         | 0.6  | n.s.                        | n.s.                          | 0%                              |
| Type 2A         | 22.8 | n.s.                        | n.s.                          | 21%: G                          |
| Type 2AX        | 5.9  | n.s.                        | n.s.                          | 0%                              |
| Type 2X         | 48.4 | n.s.                        | n.s.                          | 21%: G                          |

# Striploin meat quality (n = 228)

(382 kg carcass weight)

|                      | Mean        | Birth wt<br>( $\Delta$ /kg) | Weaning<br>wt ( $\Delta$ /kg) | Model<br>R <sup>2</sup> | Terms<br>(r <sup>2</sup> )                     |
|----------------------|-------------|-----------------------------|-------------------------------|-------------------------|--|
| Shear force (N)      | 39.7        | n.s.                        | n.s.                          | 14%                     | S,Y  |
| Compression (N)      | 14.1        | n.s.                        | n.s.                          | 29%                     | S,G,Y  |
| Cooking loss (%)     | 21.5        | n.s.                        | n.s.                          | 66%                     | S,Y,A  |
| Ultimate pH          | 5.48        | n.s.                        | n.s.                          | 29%                     | S,Y  |
| <b>Lightness (L)</b> | <b>39.8</b> | <b>0.07</b>                 | <b>n.s.</b>                   | <b>11%</b>              | <b>G,Y</b><br><b>Birth Wt</b><br><b>(2.3%)</b> |
| Red/green (a)        | 26.5        | n.s.                        | n.s.                          | 8%                      | Y  |
| Yellow/blue (b)      | 13.7        | n.s.                        | n.s.                          | 5%                      | Y  |

# Eye round meat quality (n = 228)

(382 kg carcass wt)

|                        | Mean        | Birth<br>wt<br>( $\Delta$ /kg) | Weaning<br>wt<br>( $\Delta$ /kg) | Model<br>$R^2$ | Terms<br>( $r^2$ )                             |
|------------------------|-------------|--------------------------------|----------------------------------|----------------|--|
| Shear force (N)        | 46.1        | n.s.                           | n.s.                             | 42%            | S,Y,G  |
| <b>Compression (N)</b> | <b>22.4</b> | <b>-0.01</b>                   | <b>n.s.</b>                      | <b>35%</b>     | <b>S,Y</b><br><b>Birth Wt</b><br><b>(1.6%)</b> |
| Cooking loss (%)       | 21.3        | n.s.                           | n.s.                             | 70%            | S,Y  |

# Severe Growth Restriction



|                        | Prenatal | Pre-weaning |
|------------------------|----------|-------------|
| Pre-weaning growth     | ↓        |             |
| Backgrounding growth   | ↓        | ↑           |
| Feedlot growth         | ↓        | ↔           |
| Feedlot efficiency     | ↔        | ↔           |
| Carcass weight & yield | ↓        | ↓           |
| Age at specification   | ↑        | ↑           |

*At equivalent carcass weight (~380 kg)*

|                 |   |    |
|-----------------|---|----|
| Carcass fatness | ↔ | ↓* |
| Marbling        | ↔ | ↔  |
| Retail yield    | ↔ | ↑* |
| Ossification    | ↔ | ↔  |
| Beef quality    | ↔ | ↔  |

\* *Opposite may occur if recovered on concentrates for prolonged period*

# Pasture vs feedlot “recovery”

% Carcass Fat at ~ 400 kg LW

Pre-weaning nutrition

| <u>Post-weaning</u> | <b>High</b> | <b>Low</b> |
|---------------------|-------------|------------|
| <b>Pasture</b>      | 23.8        | 23.6       |
| <b>Intensive</b>    | 29.9a       | 34.1b      |

Tudor *et al.* (1980)

# Conclusions

- Feed cows to ensure survival and to optimise capacity to re-breed (weaning rate)
- If severe growth-retardation occurs the time to market weight may be longer
- Carcasses and beef quality were little affected in our pasture-based systems

# Conclusions

Hence, beyond effects related to size:

Few long-term effects of cow nutrition during pregnancy &/or fetal growth on commercial characteristics of offspring within our pasture-based system



# Conclusions

- Few interactions with genotype
- Few interactions between prenatal and pre-weaning nutrition or growth
- Better maternal nutrition more profitable in our systems (Alford *et al.* 2009)

## Concluding Remarks

- Present study = severe, chronic nutritional restriction & prolonged recovery on pasture
- Effects may also occur as a result of:
  - acute &/or specific influences within developmental windows
  - carry-on effects in accelerated or concentrate-based systems

## Concluding Remarks

- Consideration also needs to be given to:
  - maternal genotype and frame size
  - weight cycling: Freetly, Ferrell and Jenkins (2000, 2005)
  - lactation (confounding of fetal programming)
  - subsequent reproductive capacity
  - production system and market end-points
  - economics of production systems (Alford *et al.* 2009)

## Concluding Remarks

- Soft carcass tissues are highly plastic & have strong capacity to recover, especially given adequate time (epigenetics)
- Much variation remains to be explained, commercially and biologically

# Acknowledgements

- NSW Department of Primary Industries
  - Grafton Agricultural Research & Advisory Station
  - Glen Innes Agricultural Research & Advisory Station
  - Beef Industry Centre, Armidale
- Beef CRC 'Tullimba' feedlot
- University of New England Meat Science Laboratory
- CSIRO Livestock Industries
- John Dee abattoir
- Meat & Livestock Australia
- Dr Brigitte Picard, INRA

