

# The Role of Ceramide in the Dairy Cow: an Overview of Current Understanding

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# *Why the Interest in Ceramides?*

## SCIENTIFIC REPORTS



OPEN

### Mechanistic interplay between ceramide and insulin resistance

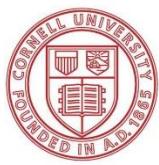
Federico Reali<sup>1,2,\*</sup>, Melissa J. Morine<sup>1,\*</sup>, Ozan Kahramanoğulları<sup>1,2,\*</sup>, Suryaprakash Raichur<sup>3</sup>, Hans-Christoph Schneider<sup>4</sup>, Daniel Crowther<sup>4</sup> & Corrado Priami<sup>1,2</sup>



Cell Metabolism  
Essay

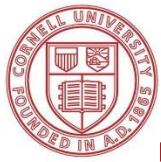
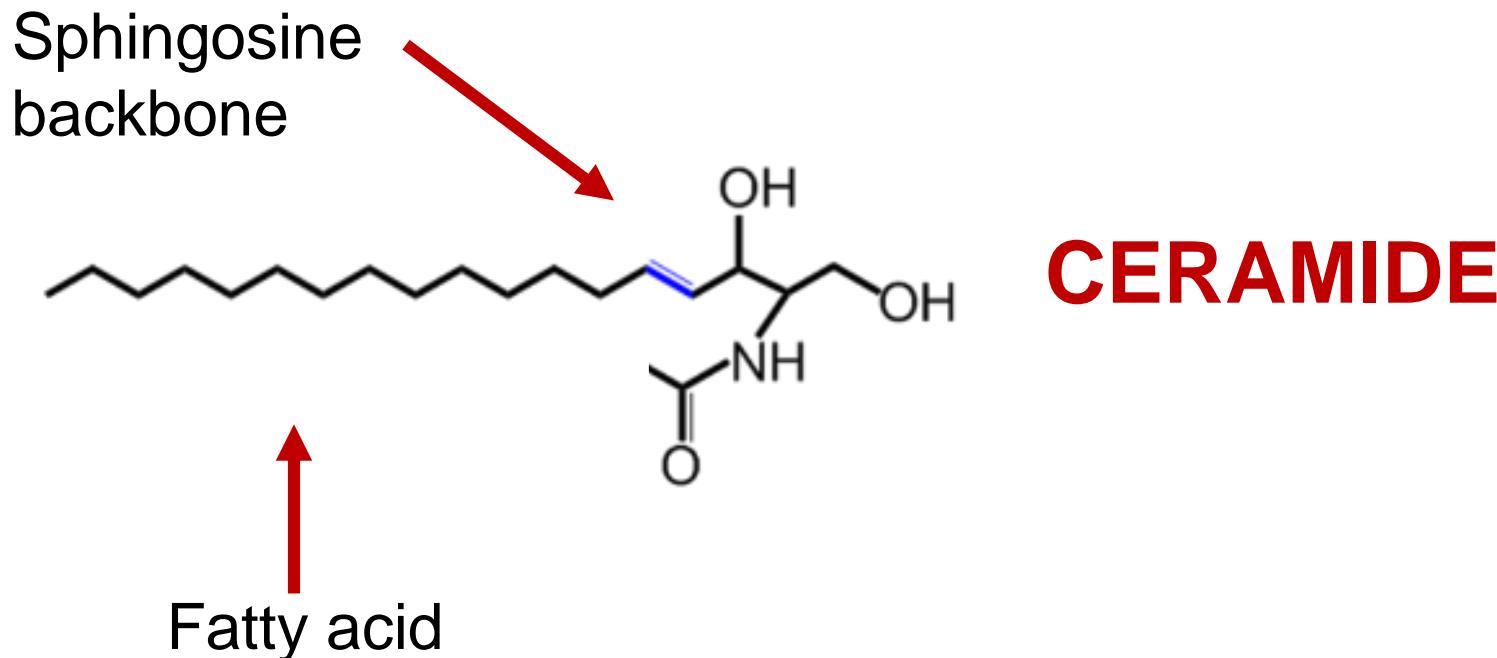
## Could Ceramides Become the New Cholesterol?

Scott A. Summers<sup>1,\*</sup>

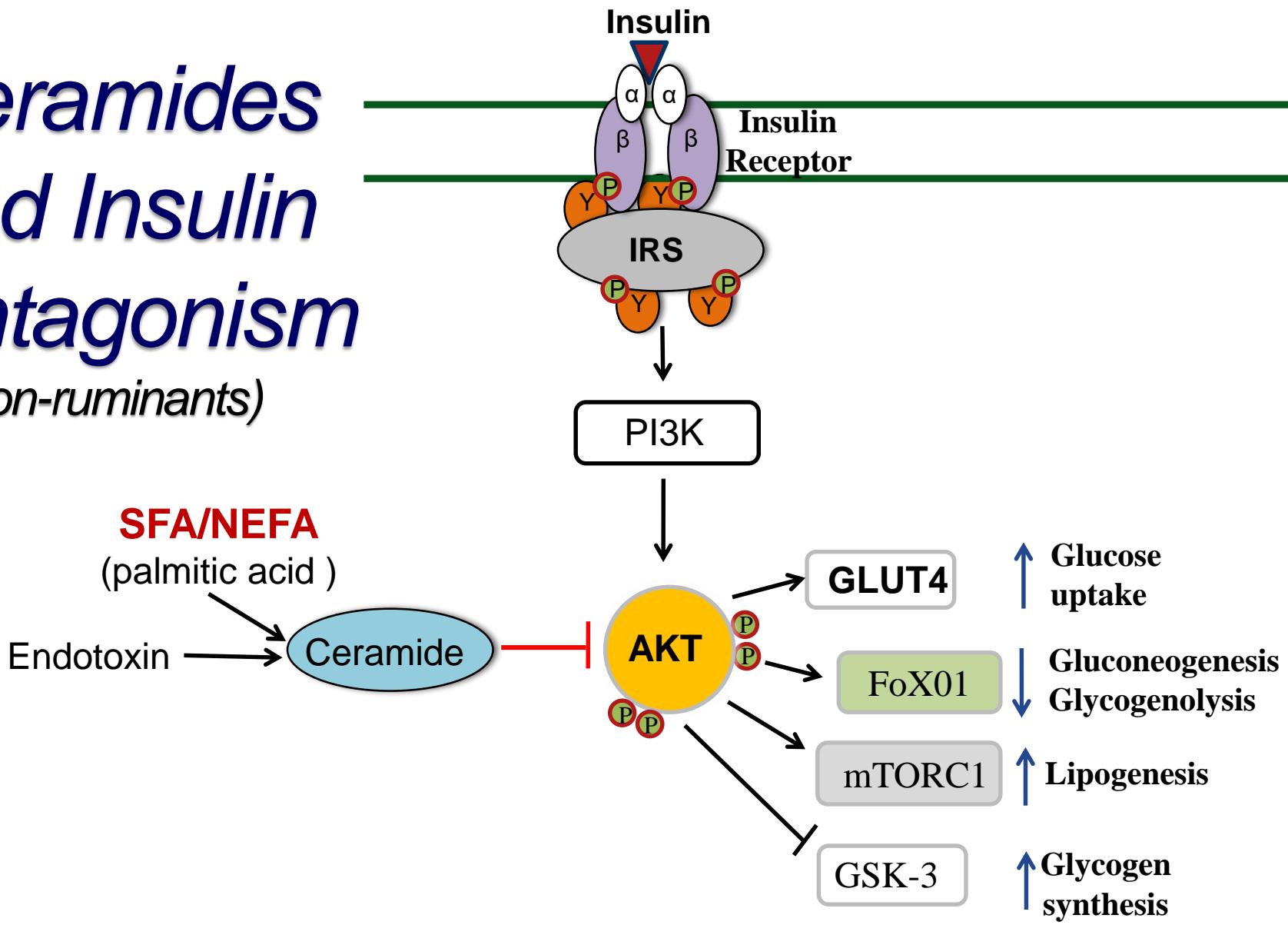


# *What are Ceramides?*

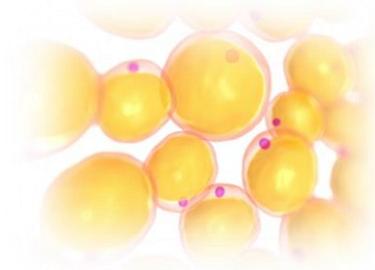
- Sphingolipids found in cell membranes
- Serve structural and functional purposes



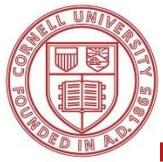
# Ceramides and Insulin Antagonism *(in non-ruminants)*



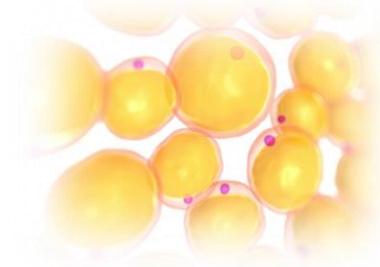
# *Uncontrolled Lipolysis During Peripartum*



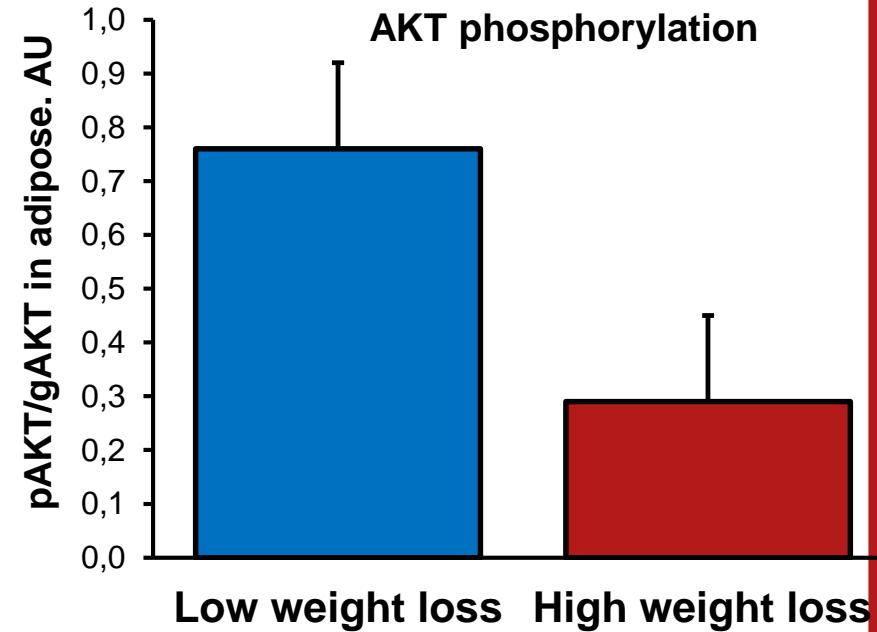
- Excessive lipolysis is associated with increased risk for peripartal diseases.



# *Uncontrolled Lipolysis During Peripartum*



- Excessive lipolysis is associated with increased risk for peripartal diseases.
- Adipose tissue-specific insulin resistance occurs postpartum in cows with accelerated lipolysis.

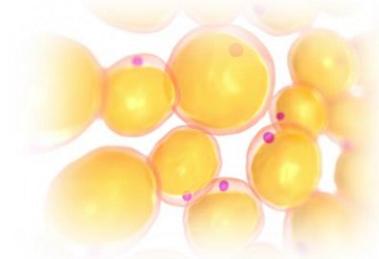


Adapted from Zachut et al., 2013

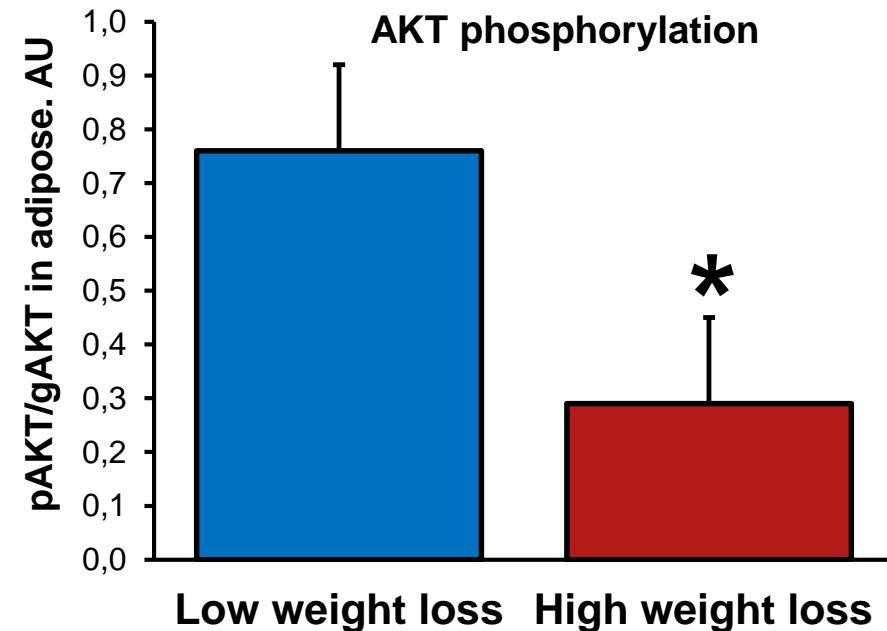


Le Marchand-Brustel, et al., 2003; Holtenius et al., 2003; Pires et al., 2010; Zachut et al., 2013.

# *Uncontrolled Lipolysis During Peripartum*



- Excessive lipolysis is associated with increased risk for peripartal diseases.
- Adipose tissue-specific insulin resistance occurs postpartum in cows with accelerated lipolysis.
- High NEFA is associated with insulin resistance via incompletely understood mechanisms.

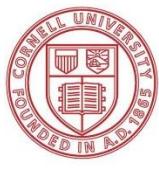
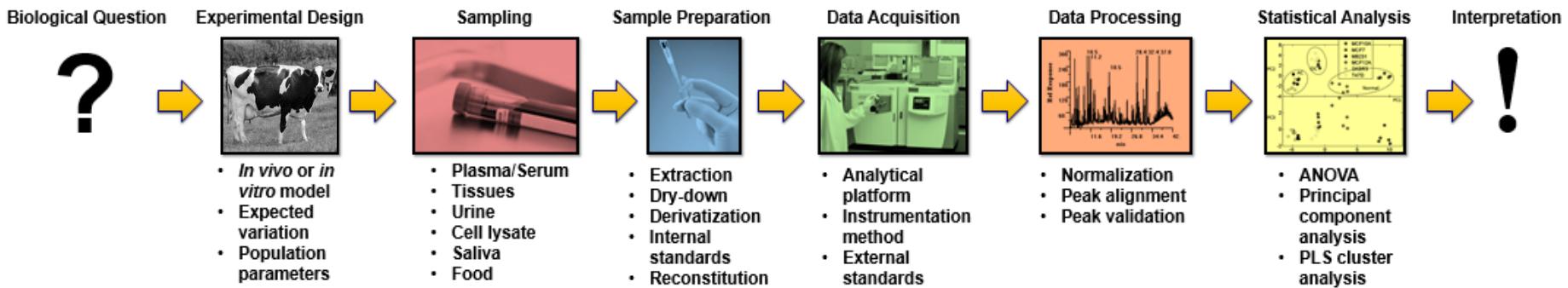


Adapted from Zachut et al., 2013



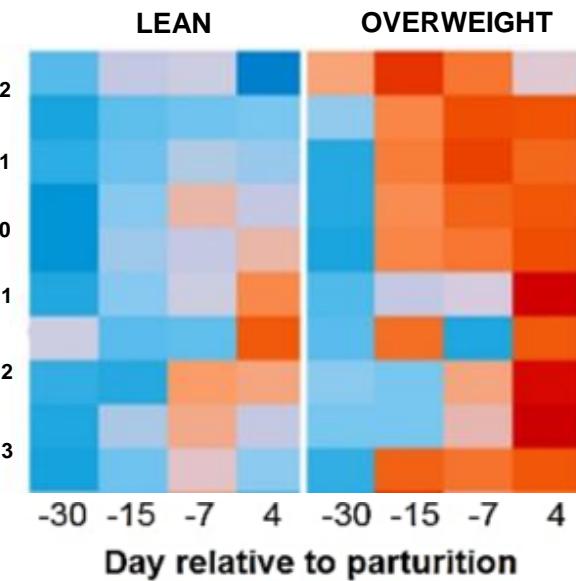
Le Marchand-Brustel, et al., 2003; Holtenius et al., 2003; Pires et al., 2010; Zachut et al., 2013.

# Metabolomics has Transformed our Understanding



# Ceramide Accrual Develops During Peripartum

A



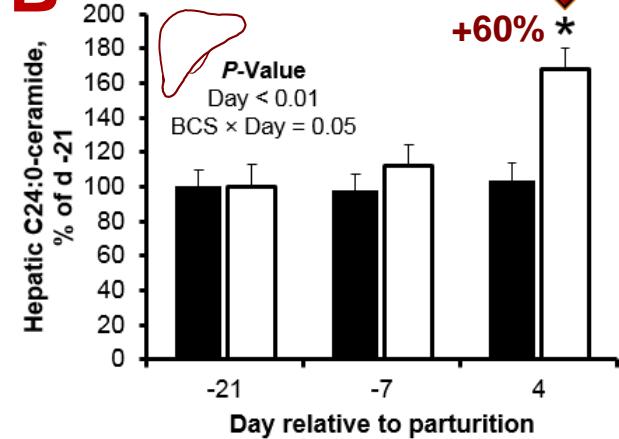
*Plasma*

- C16:0 ceramide
- C16:1 ceramide
- C18:0 ceramide
- C18:1 ceramide
- C20:0 ceramide
- C22:0 ceramide
- C22:1 ceramide
- C24:0 ceramide
- C24:1 ceramide
- C26:0 ceramide
- C26:1 ceramide

*\*, P < 0.05*

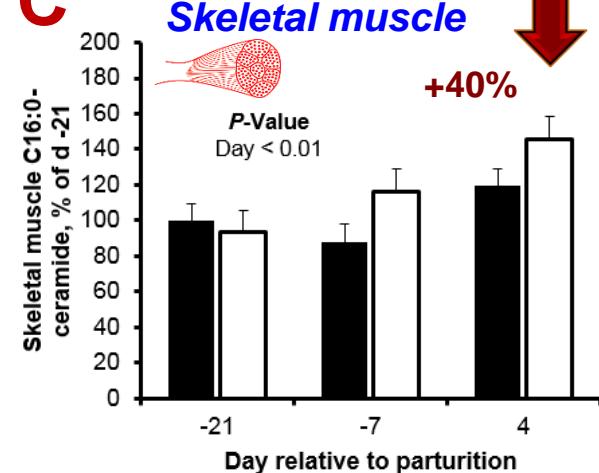
■ LEAN    □ OVERWEIGHT

B      *Liver*

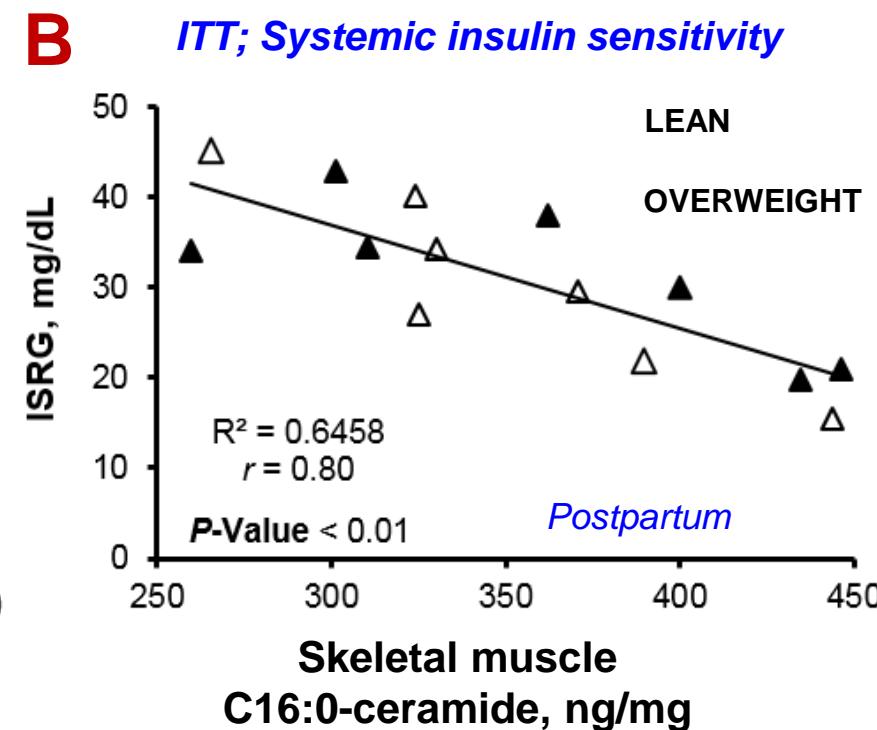
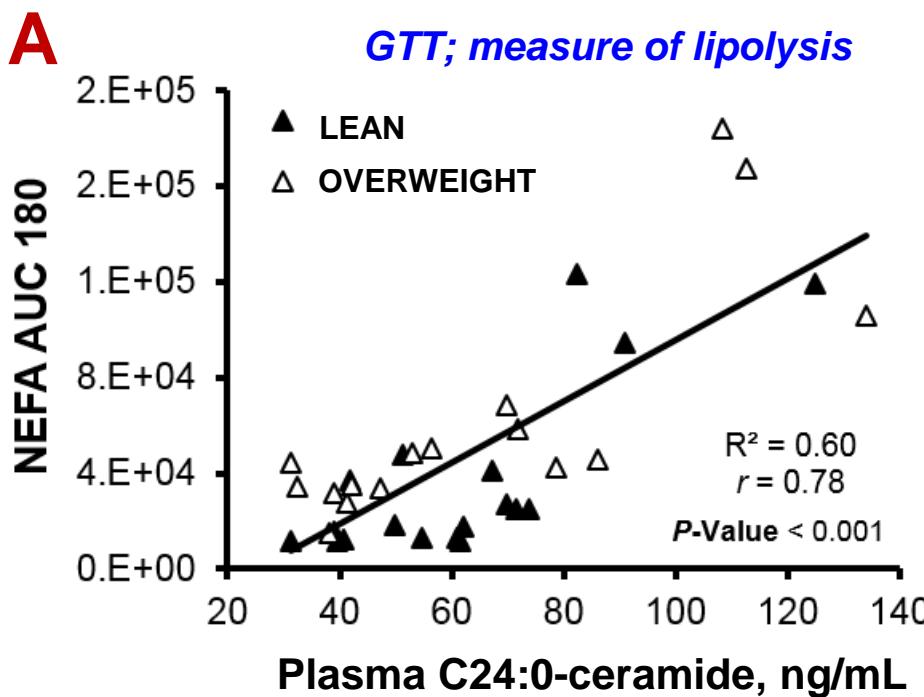


C

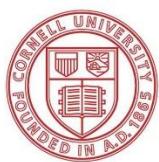
*Skeletal muscle*



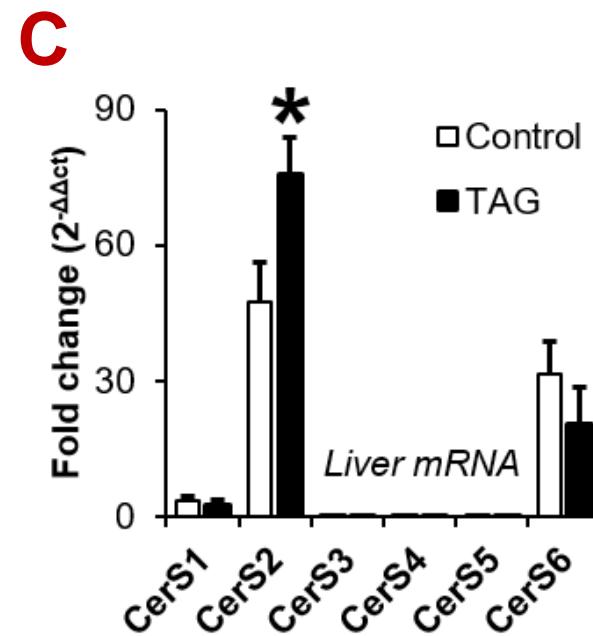
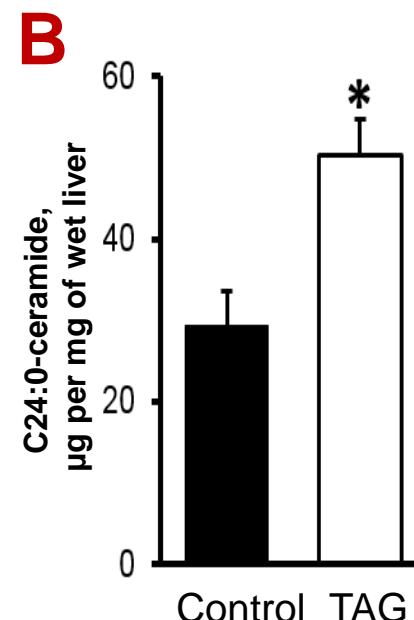
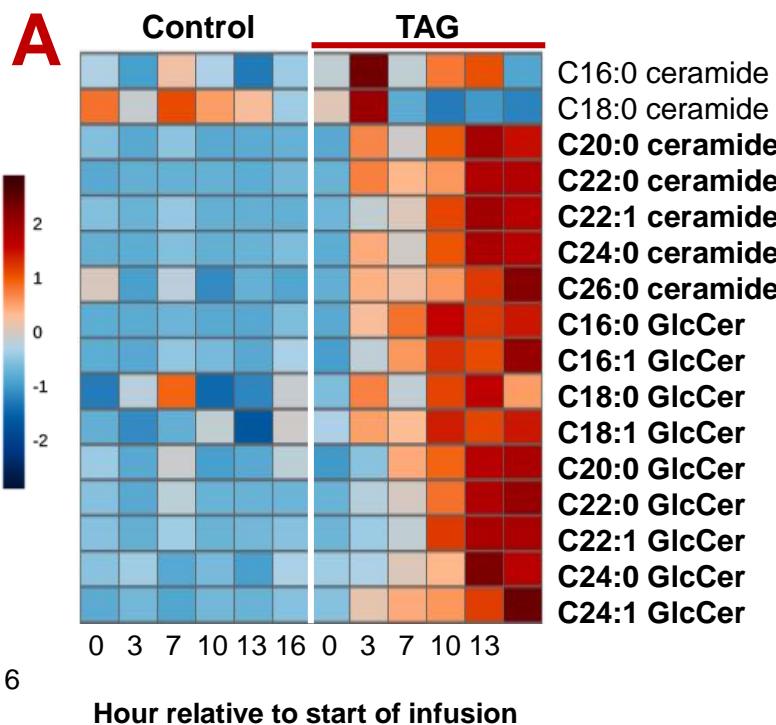
# Ceramide is Inversely Related to Insulin Sensitivity



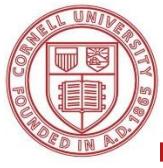
ISRG: Insulin-stimulated reductions in glucose



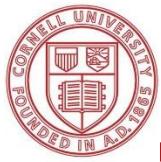
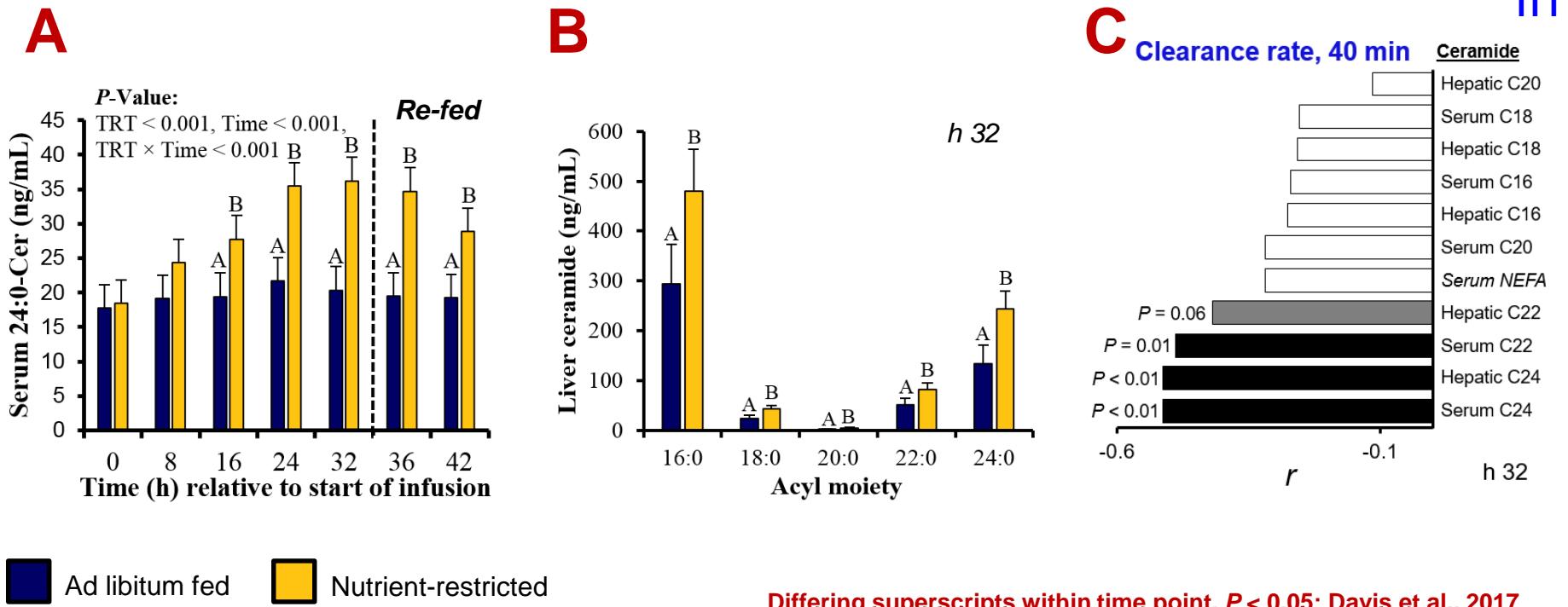
# Inducing Hyperlipidemia Increases ceramide Synthesis



i.v. TAG infusion; GlcCer = Monohexosylceramide; bold or \*,  $P < 0.05$ ; Rico et al., 2018

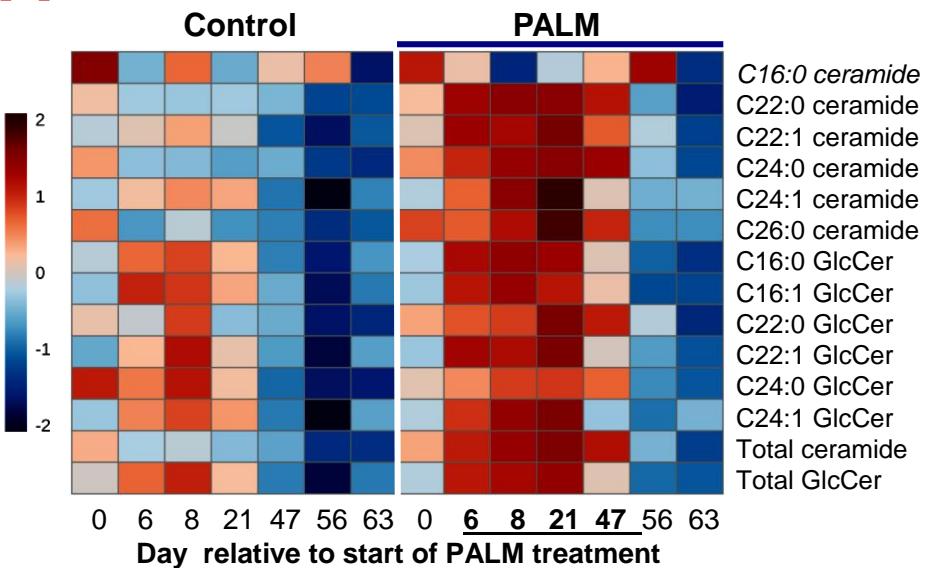


# *Nutrient Restriction Increases Ceramide in Cows Experiencing Insulin Intolerance*

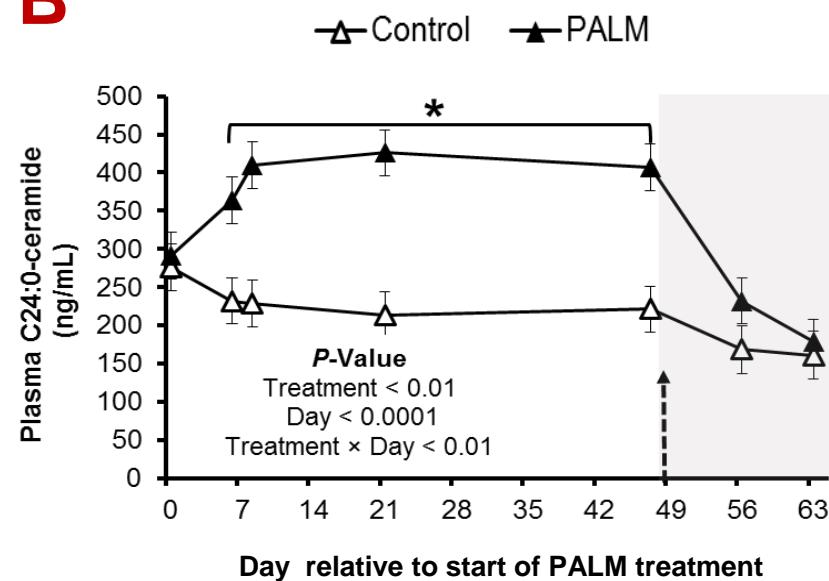


# Palmitic Acid Feeding Increases Plasma Ceramide

A

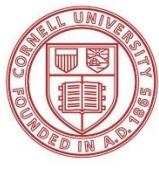


B

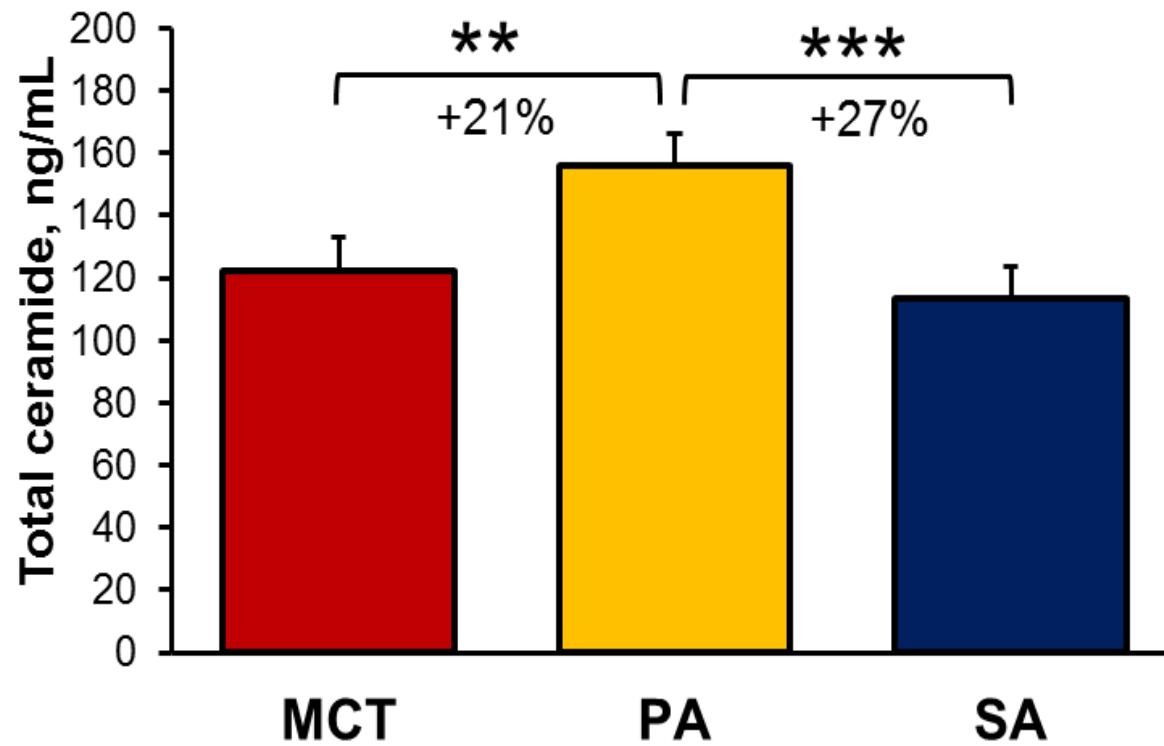


Palmitic acid feeding increased hepatic ceramide (wk 7).

Mid-lactation cows (N = 20); \*, P < 0.05; Rico et al., 2016



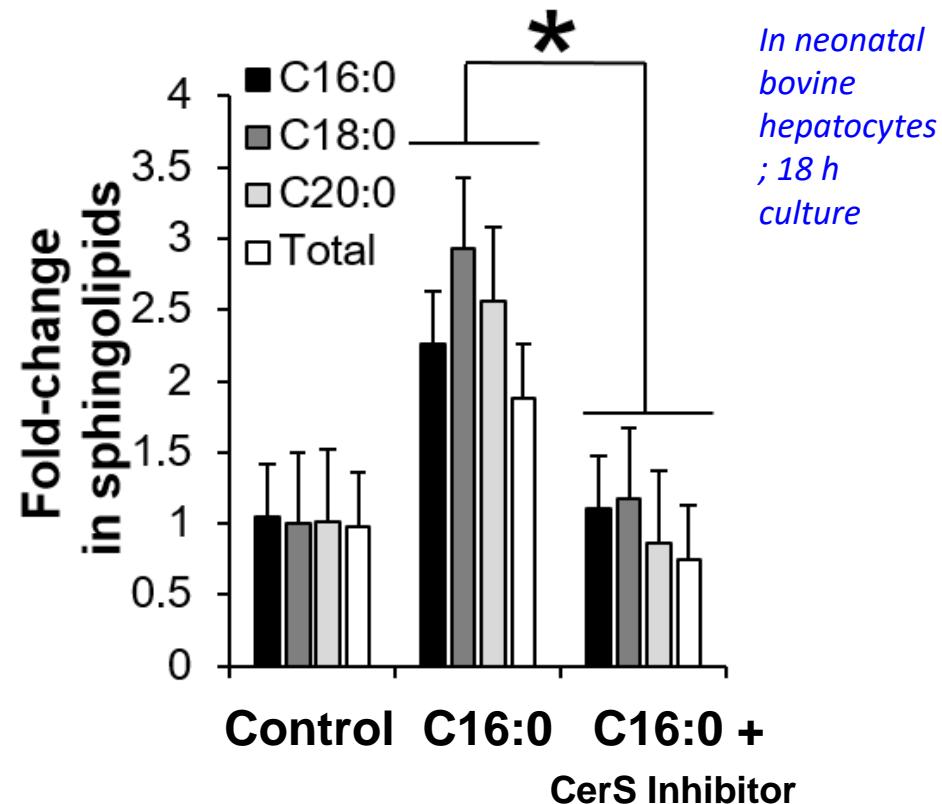
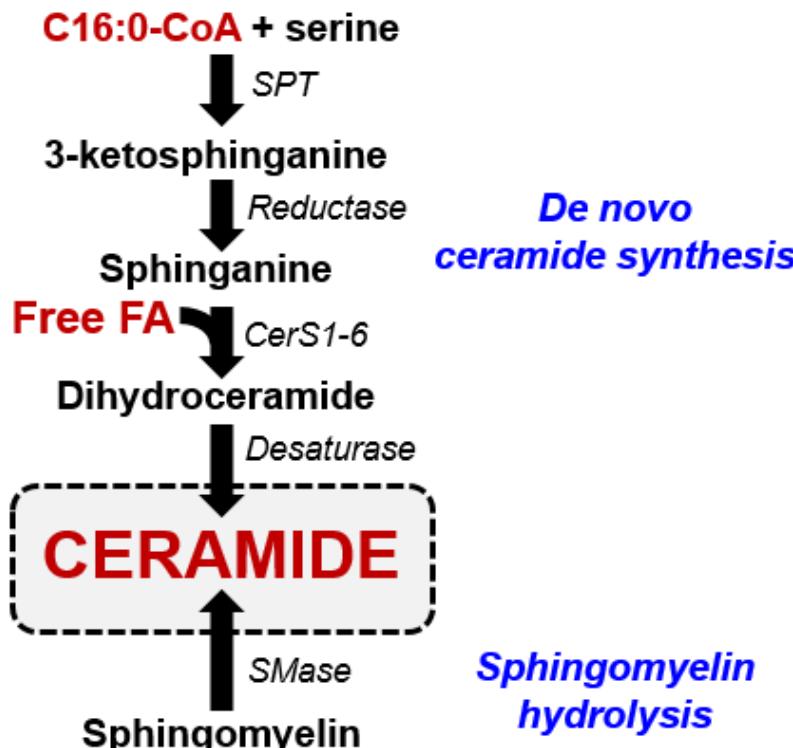
# *Palmitic Acid Increases Plasma Ceramide Relative to Other Saturated Fatty Acids*



Plasma; \*\*,  $P < 0.01$ ; \*\*\*,  $P < 0.001$ ; Rico et al., 2017, 2018 (ADSA Abstracts)



# Palmitate Increases Hepatocyte Ceramide Synthesis

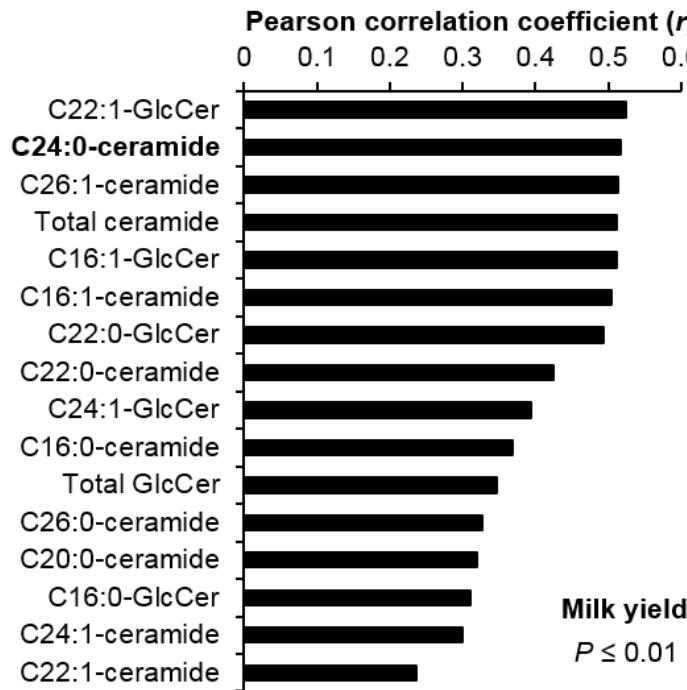


\*, P < 0.05; McFadden et al., 2018 (ADSA Abstract); 4 calves for hepatocyte cultures, 3 reps/calf

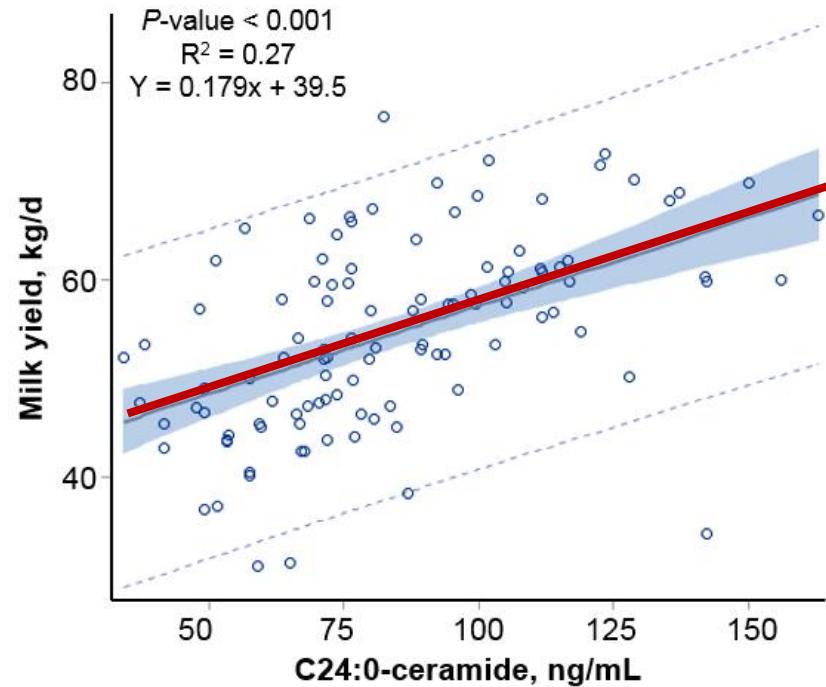


# Circulating Ceramide is Consistently Positively Related to Milk Yield

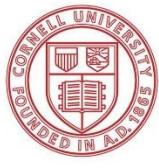
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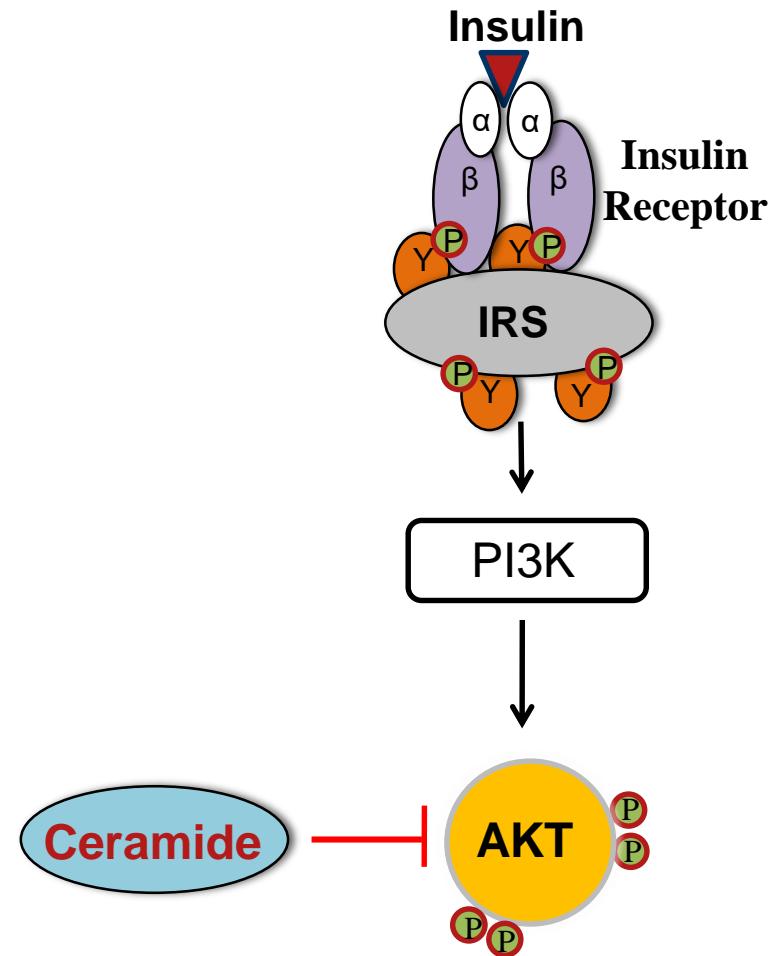
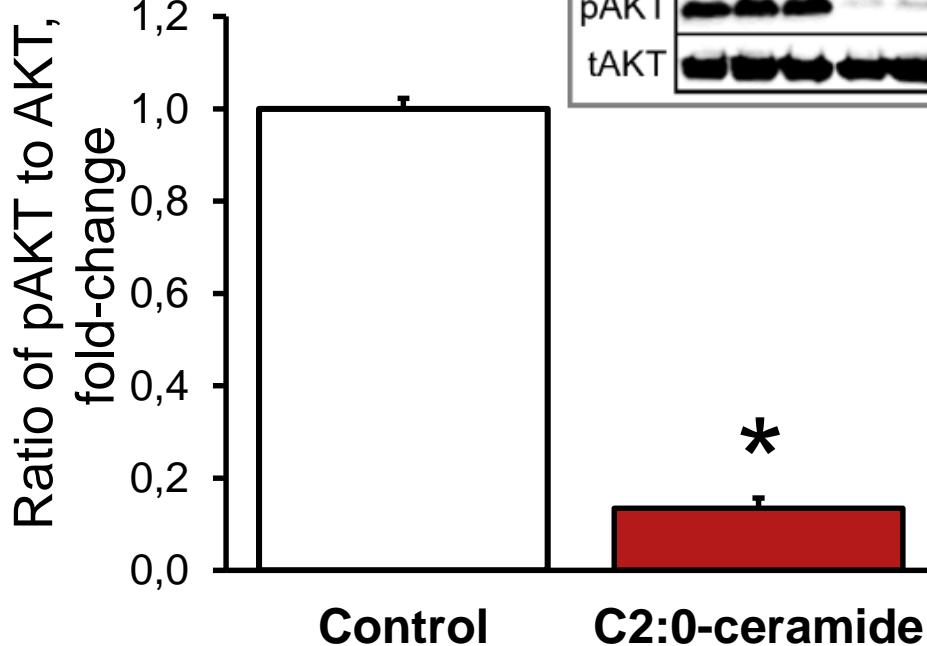
B



Early lactation; Plasma; N = 37; Rico et al., 2016, 2017  
(ADSA abstract); Davis et al., 2017 (ADSA abstract)

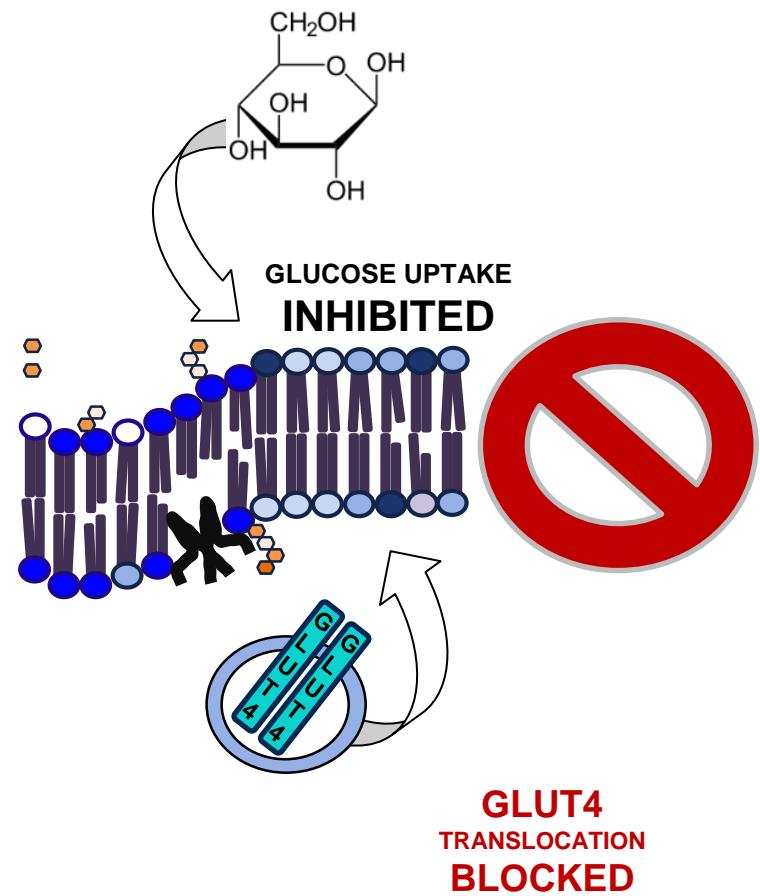
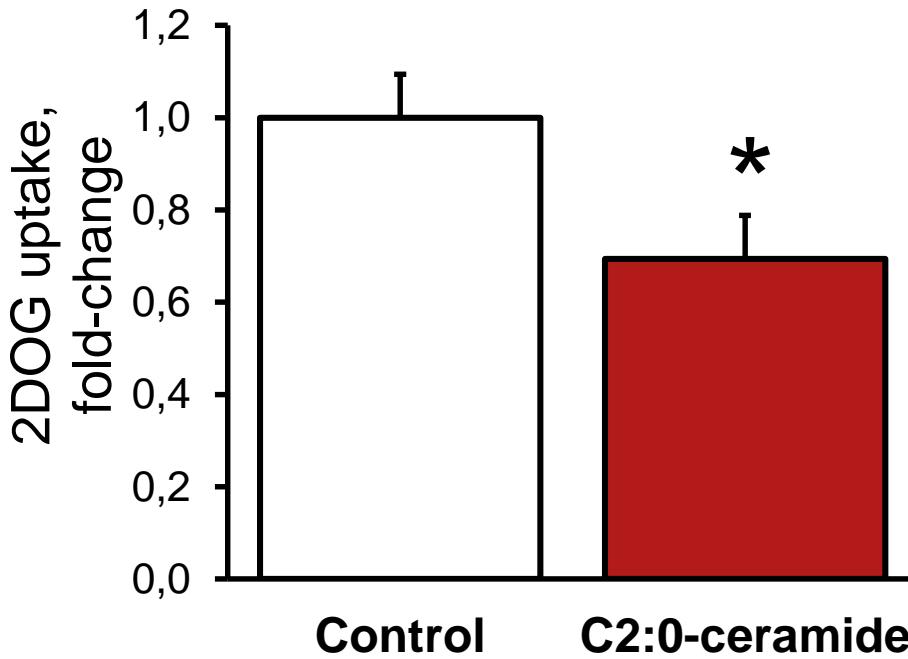


# Exogenous Ceramide Inhibits Insulin Sensitivity via AKT



Primary bovine adipocytes; \*,  $P < 0,05$ ; Rico et al. 2018

# *Exogenous Ceramide Inhibits Glucose uptake*



Primary bovine adipocytes; \*,  $P < 0,05$ ; Rico et al. 2018



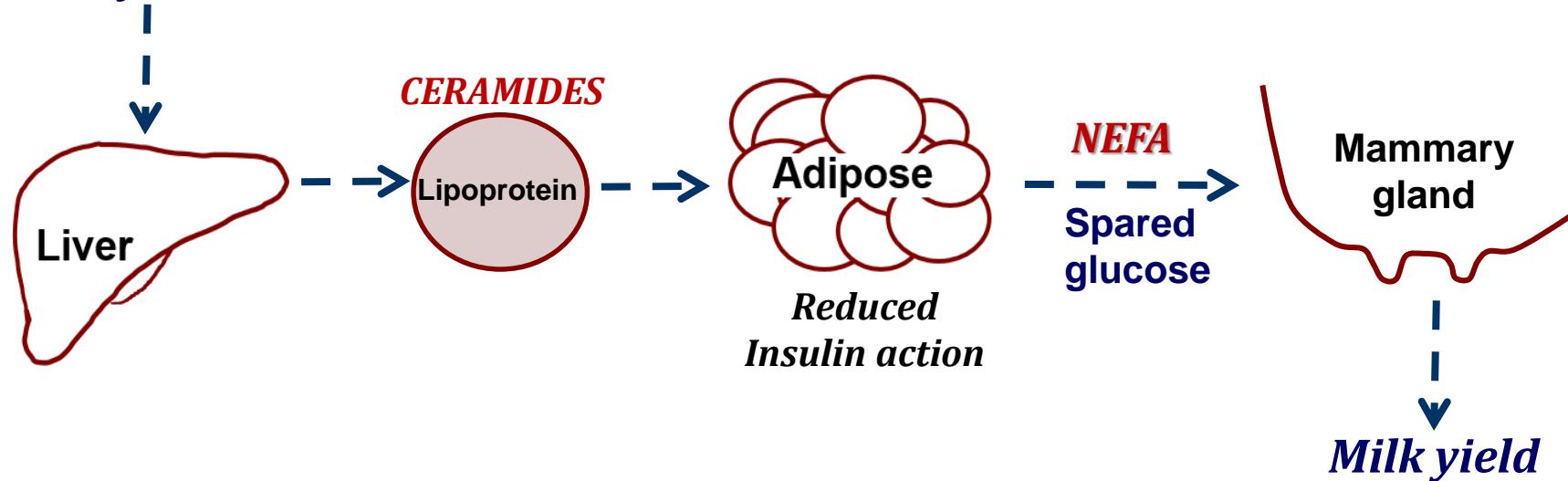
# *Summary of Findings*

- Ceramide increases during the transition from gestation to lactation and is associated with lipolysis and reduced insulin sensitivity
- Ceramide is produced by hepatic cells and can impair insulin sensitivity of adipose cells



# Current Model & Future work: The Adipose-Liver-Mammary Gland Axis

*Fatty acids,  
dietary sources*



- *in vivo* effects of ceramides?
- Evaluate as biomarkers: disease/productive life



# Acknowledgements

## ➤ Trainees

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- Fatima Seck
- Mary Clapham
- Mary Coleman
- Hannah Bailey
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- Dr. Yves Boisclair, Cornell University
- Dr. Adam Lock, Michigan State University
- Dr. Rachel Gervais, Université Laval
- Dr. Heather White, University of Wisconsin
- Dr. Susan Duckett, Clemson University

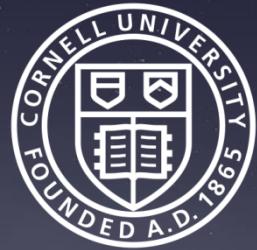


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United States Department of Agriculture  
National Institute of Food and Agriculture





# Thank You!



# The Role of Ceramide in the Dairy Cow: an Overview of Current Understanding

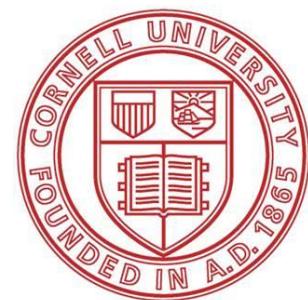
## Questions?

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E-mail: jer358@cornell.edu

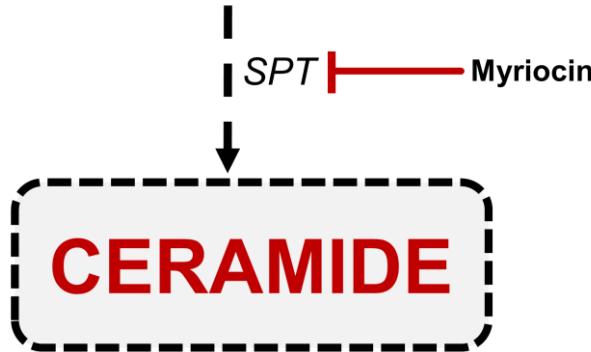
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College of Agriculture  
and Life Sciences

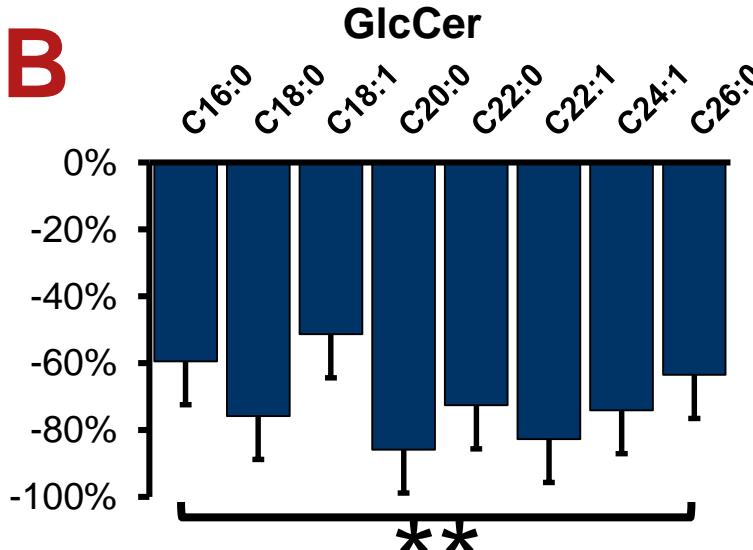


# Ceramide Synthesis is Reduced by Myriocin

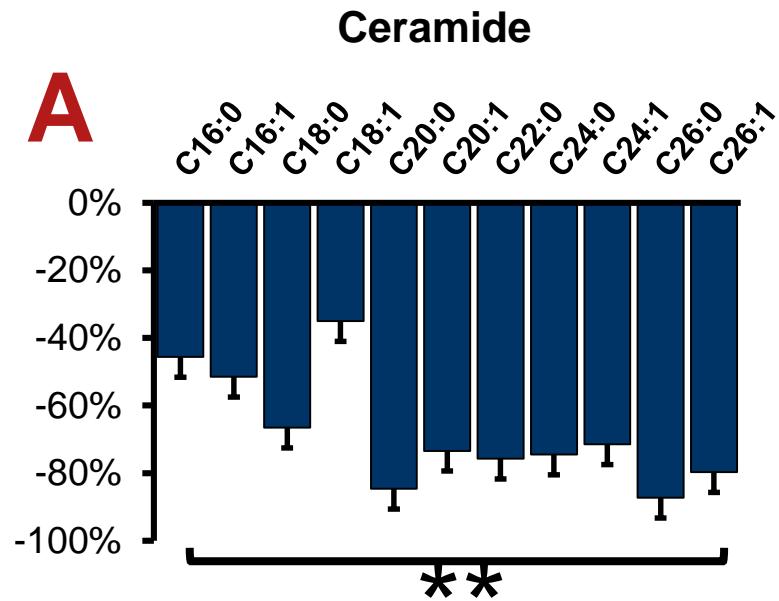
C16:0-CoA + serine



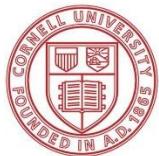
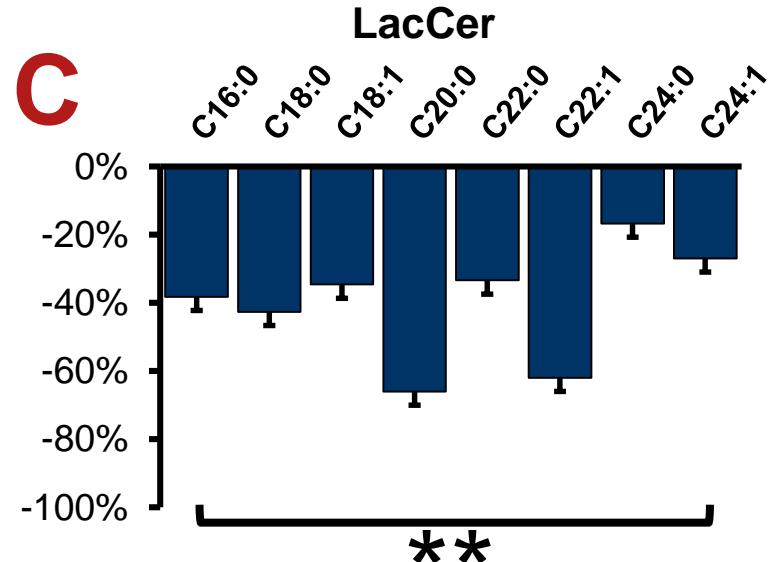
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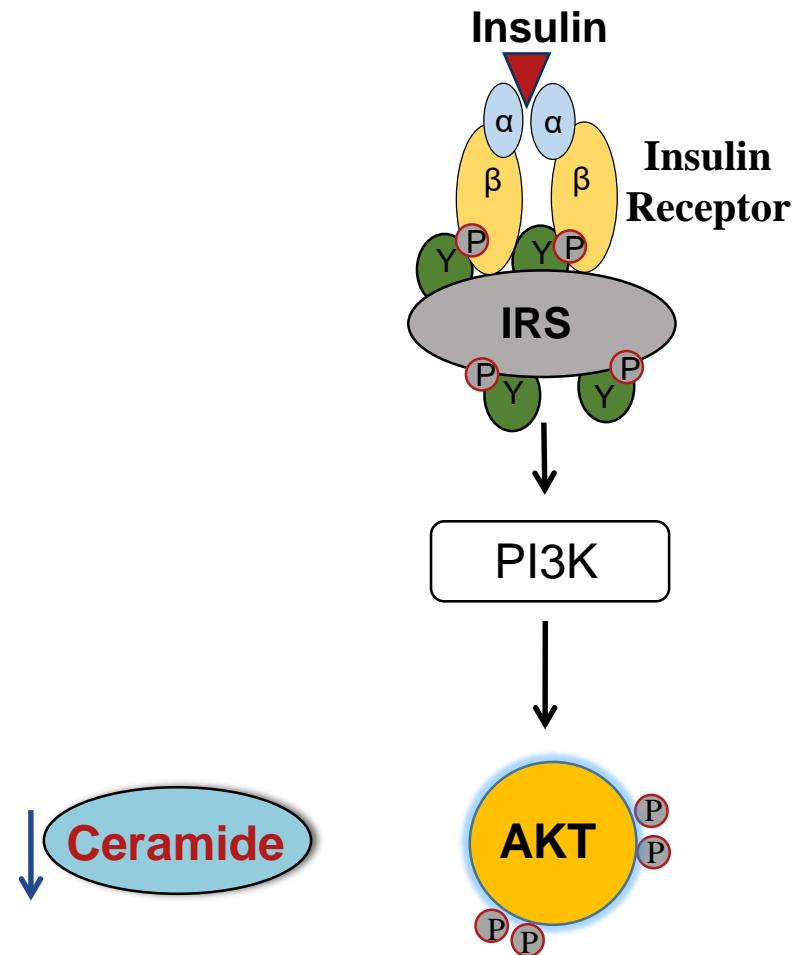
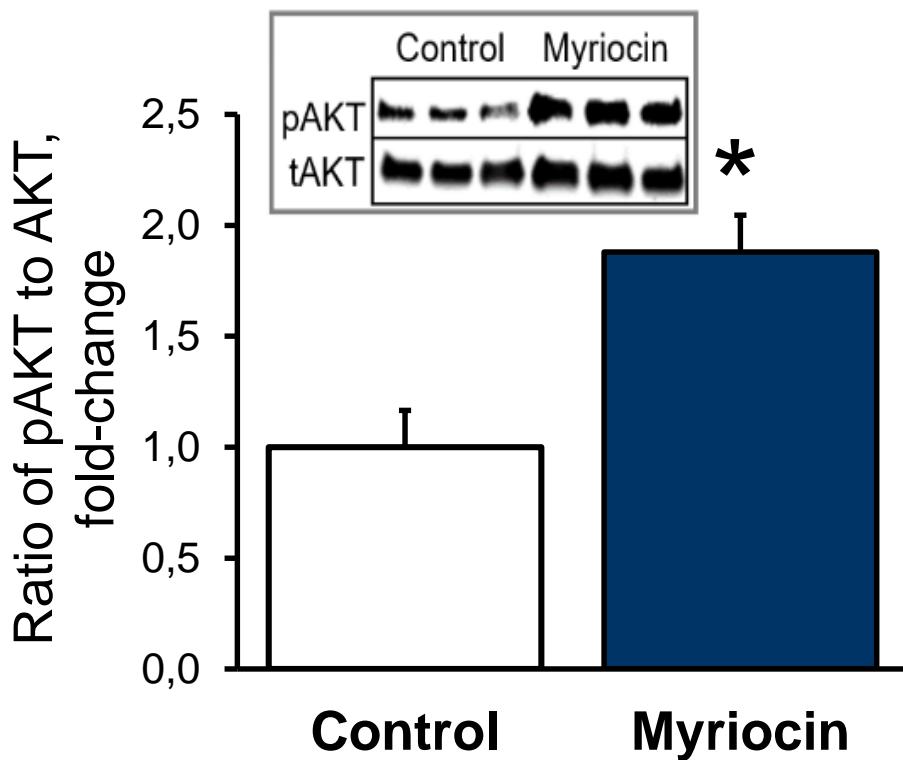
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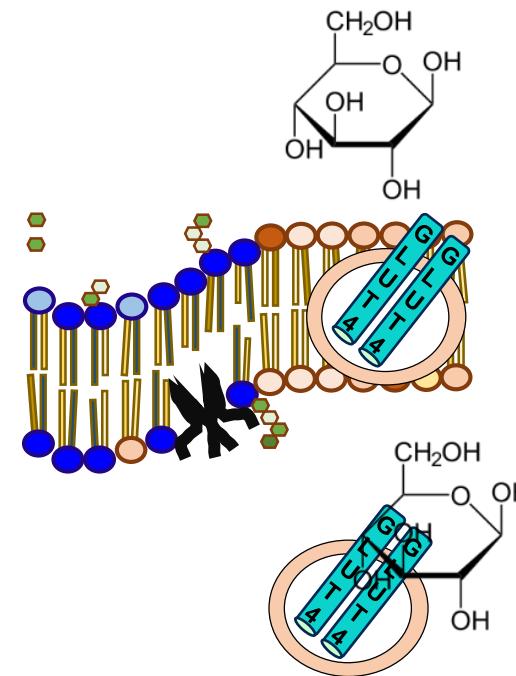
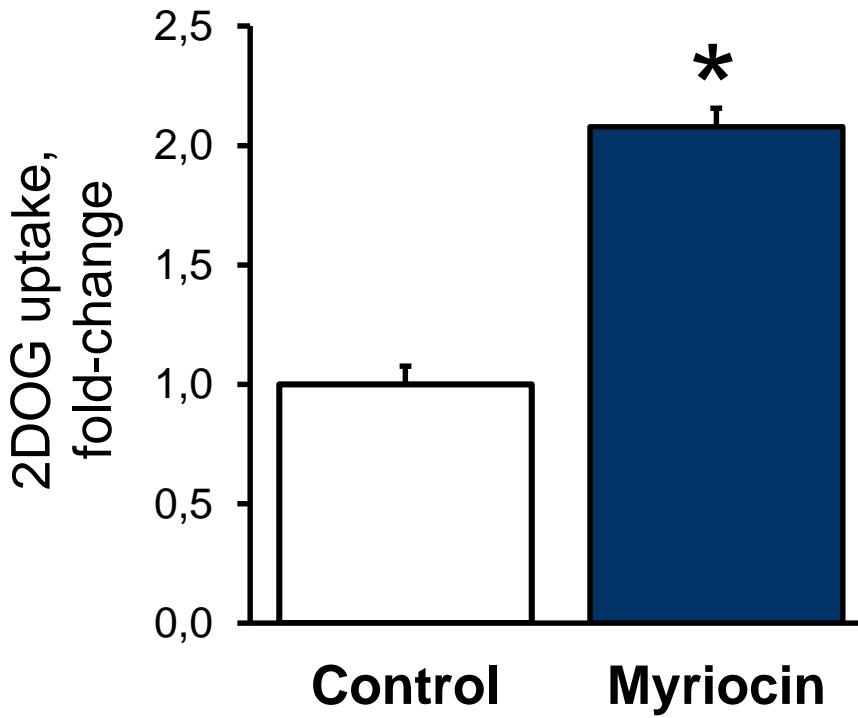


# Inhibition of Ceramide Synthesis Increases Insulin Sensitivity



Primary bovine adipocytes; \*,  $P < 0.05$ ; Rico et al. 2018

# Inhibition of Ceramide Synthesis Increases Glucose Uptake

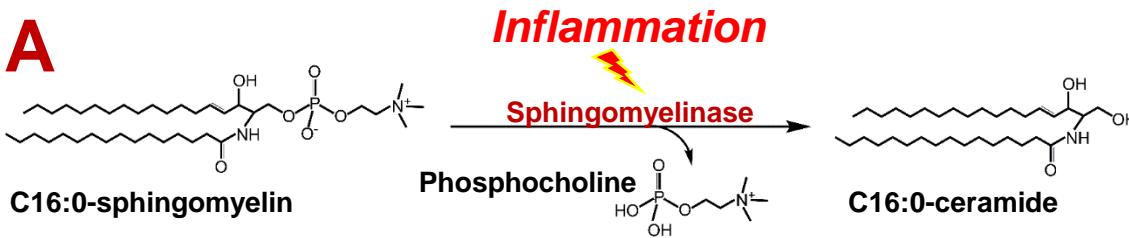


Primary bovine adipocytes; \*,  $P < 0.05$ ; Rico et al. 2018

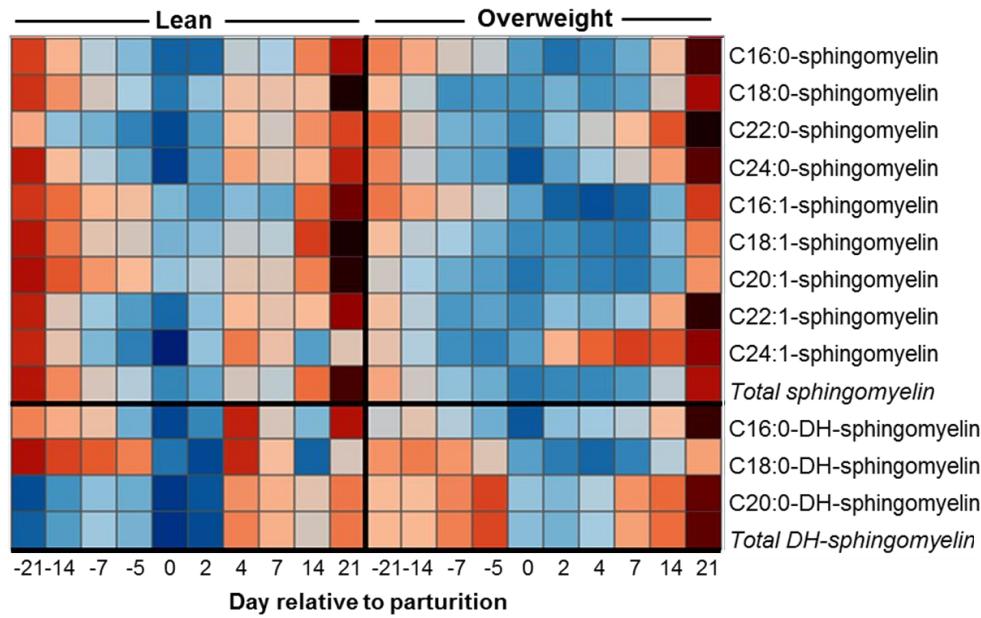


# Inflammation may Increase Ceramide Synthesis

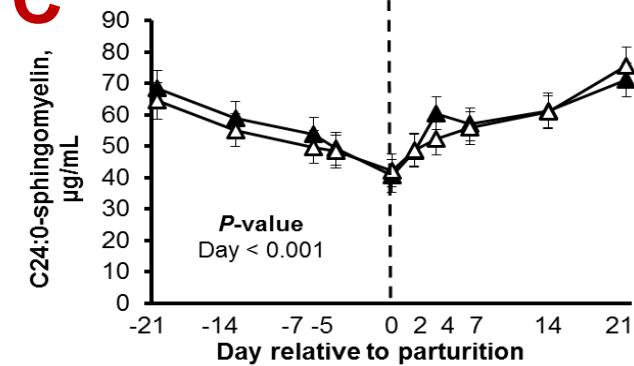
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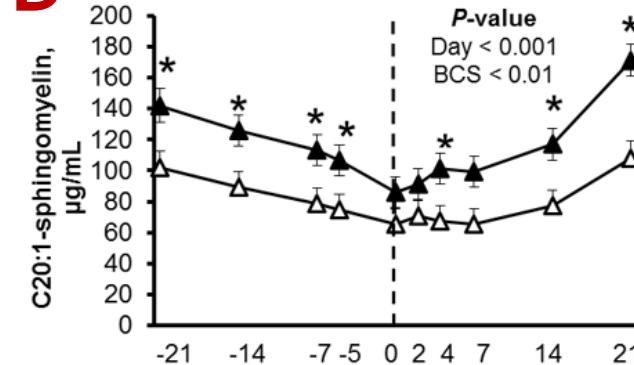
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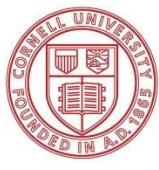
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D

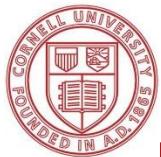


\*, P < 0.05; Rico et al., 2017; 2018.



# Conclusion and Importance

- Ceramide inhibits insulin stimulated glucose uptake by downregulating AKT activation in primary bovine adipocytes.
- The potential exists to modulate ceramide synthesis and insulin resistance in ruminants.
- Novel strategies to improve metabolic health and productive performance.



# Future Research

- The *in vivo* assessment of the direct effects of ceramides on insulin action is required.

