



FETAL SUPPLEMENTATION WITH VITAMINS C AND E, VIA MATERNAL INTAKE, IMPROVES ANTIOXIDANT STATUS



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INTRODUCTION

- Twin pregnancies are essential to improve profitability in the sheep industry.
- Chilean Patagonia, concentrates over 55% of the country sheep population, characterized by low quality pastures which fail to meet nutrient requirements during pregnancy.
- In sheep, undernutrition and/or twinning results in intrauterine growth restriction (IUGR), associated with fetal hypoxemia and oxidative stress.
- A possible strategy for counteracting oxidative stress of the fetoplacental unit and thus IUGR is the maternal supplementation with antioxidant vitamins C and E.

- Data were analyzed by ANOVA in a factorial model, considering rank (single or twin), nutritional plane (with or without supplementation) and vitamins supplementation. Differences were considered when $P \leq 0.05$. Data are presented as mean \pm SEM.

AIM

To determine if vitamins C and E are adequately transferred from the ewe to the fetus and to evaluate their effect on fetal antioxidant capacity.

MATERIAL AND METHODS

- **Location:** INIA research farm, 65 km north from Punta Arenas, Magellan Region, Chilean Patagonia (Lat 52° 36'; Lon 70° 56').
- **Animals:** Corriedale single- (n=32) and twin-bearing (n=32) ewes were maintained under natural prairie, covering ~70% of NRC requirements. Half of the animals in each gestation rank received, in addition, daily supplementation with concentrate to satisfy ~100% of NRC requirements.

Half of the ewes from each group received daily oral administration of vitamin C (10 mg/kg) and vitamin E (9 IU/kg) from 30 days after mating.



Photos: Oral supplementation of vitamins C and E in pregnant ewes

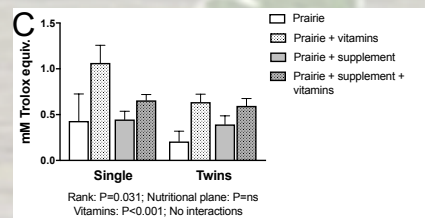
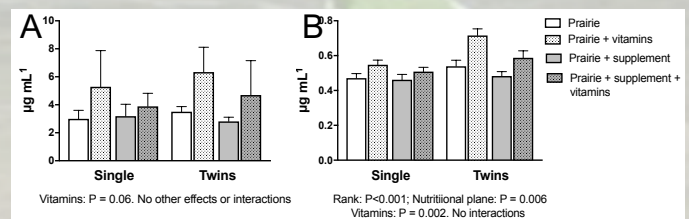
- At 140 days of pregnancy, maternal jugular and umbilical vein blood samples were taken for evaluation of vitamin C and E, and total antioxidant capacity (TAC).

RESULTS

Peripheral blood plasma concentrations of vitamins C (panel A) and E (panel B) in single- and twin-bearing ewes



Umbilical cord blood plasma concentrations of vitamins C (panel A) and E (panel B), and total antioxidant capacity (panel C) in single- and twin-bearing ewes



CONCLUSION

It is concluded that maternal supplementation with vitamins C and E increased the vitamins delivery to the fetuses and improved their redox status. This research contributes to potential future strategies to prevent IUGR.