



# Urea-PAGE patterns of PDO Évora cheese made with *Cynara cardunculus* L. ecotypes during ripening

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- Urea-PAGE patterns of PDO Évora cheese  
- Effect of *Cynara cardunculus* L ecotypes on Évora cheese proteolysis

**What?**

**Who?**

ValBiotecCynara  
team (ALT20-03-  
0145-FEDER-  
000038)



**Why?**

... Portuguese and Spanish  
ewe's cheese made with the  
aqueous extract of *Cynara  
cardunculus* L. dried flowers ...  
Cheese characteristics

**Where?**

Évora local  
cheesemaker |  
ICAAM Lab.

**How?**

Évora PDO cheese made  
with 3 ecotypes,  
analysed during ripening

# Background

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*Cynara cardunculus* L.



- The most widespread species of *Cynara* genus, also known as cardoon;
- Native to the Mediterranean region;
- Grows naturally in harsh habitat conditions;
- Acid or aspartic proteinases.

Dried flowers have been employed successfully in the manufacture of Spanish and Portuguese cheeses

# Background – Research Papers

## *Cynara cardunculus*: Use in Cheesemaking and Pharmaceutical Applications

Cristina Conceição, Pedro Martins, Nuno Alvarenga, João Dias, Elsa Lamy, Lúcia Garrido, Sandra Gomes, Sofia Freitas, Ana Belo, Teresa Brás, Ana Paulino and Maria F. Duarte

<https://cdn.intechopen.com/pdfs/61288.pdf>



## Selected Cardoon (*Cynara cardunculus* L.) Genotypes Suitable for PDO Cheeses in Mediterranean Regions

Paulo Barracosa✉, Nuno Rosa, Marlene Barros, Euclides Pires

<https://onlinelibrary.wiley.com/doi/abs/10.1002/cbdv.201800110>

## Serra da Estrela Cheese: evaluation of the thistle ecotype on the physical, chemical and sensorial properties

Marlene I. C. Tenreiro<sup>1</sup>, Raquel P. F. Guiné<sup>2\*</sup>, Paulo Barracosa<sup>3</sup>, Ana Cristina Correia<sup>1</sup>, Paula M. R. Correia<sup>2</sup>

<https://bibliotecadigital.ipb.pt/bitstream/10198/12390/3/Poster%20Int.%20136.pdf>

## Proteolytic effect of *Cynara cardunculus* rennet for use in the elaboration of 'Torta del Casar' cheese

Elena Ordiales<sup>1</sup>, Maria José Benito<sup>2\*</sup>, Alberto Martín<sup>2</sup>, Margarita Fernández<sup>2</sup>, Alejandro Hernández<sup>2</sup> and Maria de Guia Córdoba<sup>2</sup>

<https://www.ncbi.nlm.nih.gov/pubmed/24063288>

## Nutrition & Food Science

Effect of different thistle flower ecotypes as milk-clotting in Serra da Estrela cheese

Paula Correia, André Vítor, Marlene Tenreiro, Ana Cristina Correia, João Madanelo, Raquel Guiné,

<https://www.emeraldinsight.com/doi/abs/10.1108/NFS-12-2015-0157?journalCode=nfs>

## Cardoon-based rennets for cheese production.

Almeida CM<sup>1</sup>, Simões I<sup>2,3,4</sup>.

<https://link.springer.com/article/10.1007/s00253-018-9032-3>



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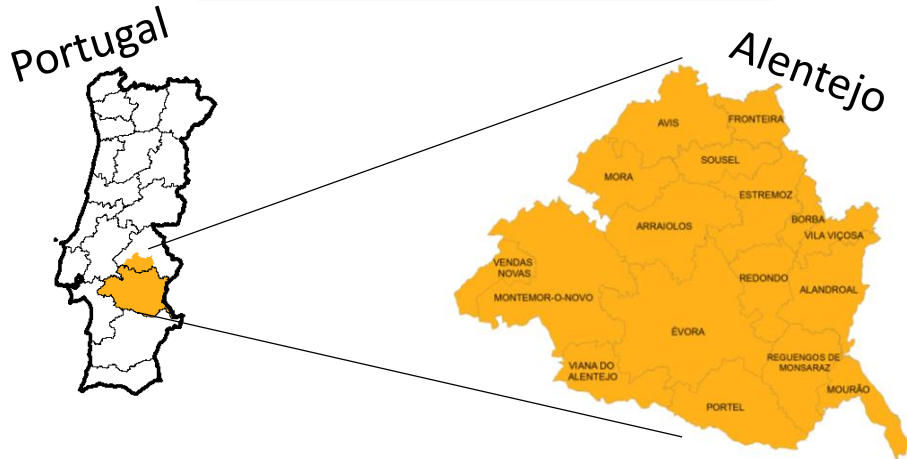
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# Background – Évora Cheese



## Évora cheese



- PDO cheese since 1994;
- Manufactured from raw ewe's milk in the Alentejo region;
- At least 30 days of ripening;
- Flavour is characterized with:
  - High intensity of piquant;
  - Salty;
  - Slightly acidic.



### REVIEW ARTICLE

### Cheese: Food Perception and Food Choice

Lénia Rodrigues<sup>1</sup>, Maria Machado<sup>1,2</sup> and Cristina Pinheiro<sup>1,2,\*</sup>

<https://www.ncbi.nlm.nih.gov/pubmed/29984675>

[Recent Pat Food Nutr Agric.](#) 2018 Jul 4. doi:  
10.2174/2212798410666180705092257.

# Cheesemaking process



Collecting the flowers ecotypes



Dried flowers



Aqueous extract



Coagulation



Cheesemaking

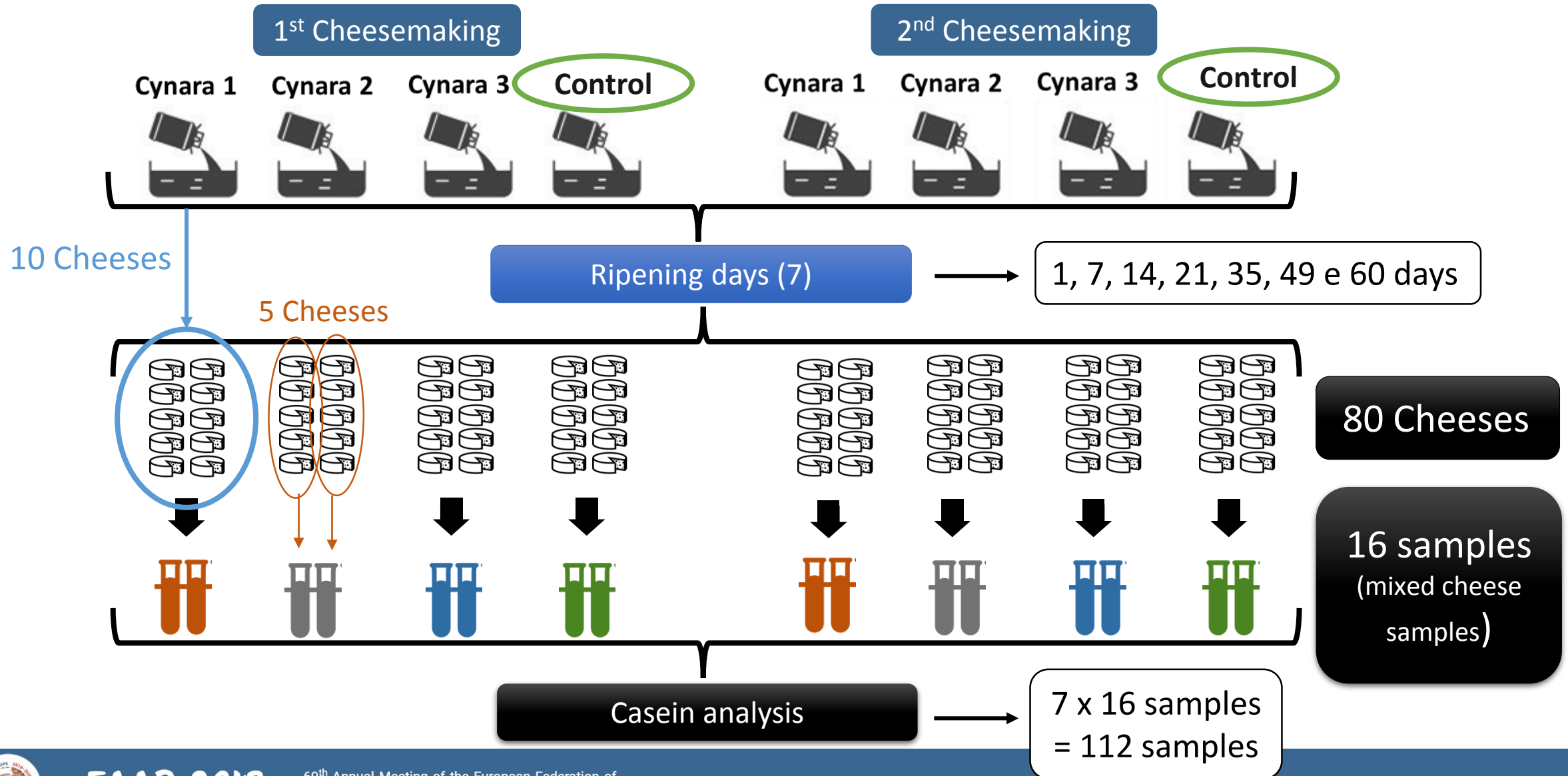


Curd poured into cylindrical multi-moulds



Ripening

# Material & Methods



# Material & Methods - Lab Protocols

Protocol of **casein extraction** was according to Ordiales *et al.*, 2013 with some modifications applied

1g of samples + 10 ml of 1M ammonia-acetate buffer

Centrifugation at **6000g**, 2°C

Adding 10 ml of 1mM ammonia-acetate buffer

2X

Centrifugation at **6000g**, 2°C

Samples are washed with 5ml acetone (90%)

2X

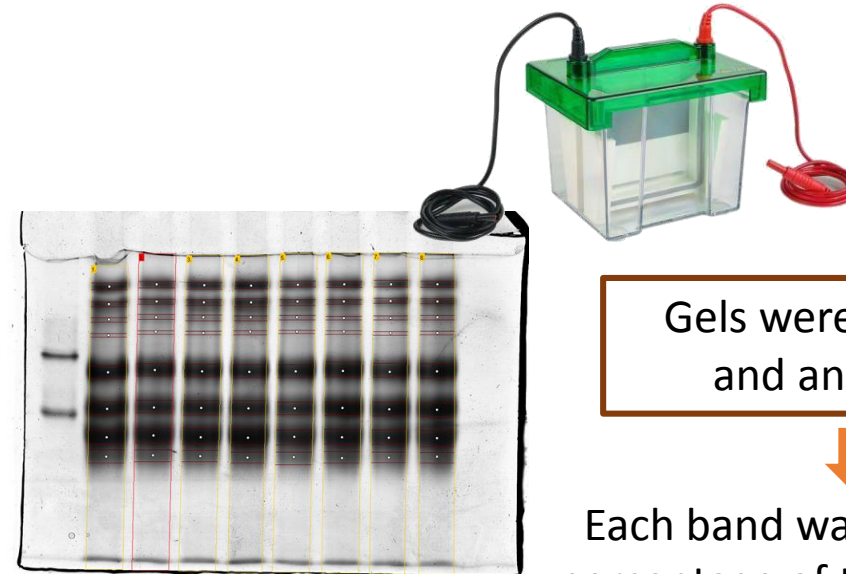
Precipitate obtained = **casein fraction**

Protocol of **urea-PAGE** as described by Andrews, 1993 with the modifications described by Veloso *et al.*, 2002.

4% acrylamide in stacking gels



10% acrylamide in resolving gels



Gels were scanned and analysed

Each band was quantified as percentage of the total volume



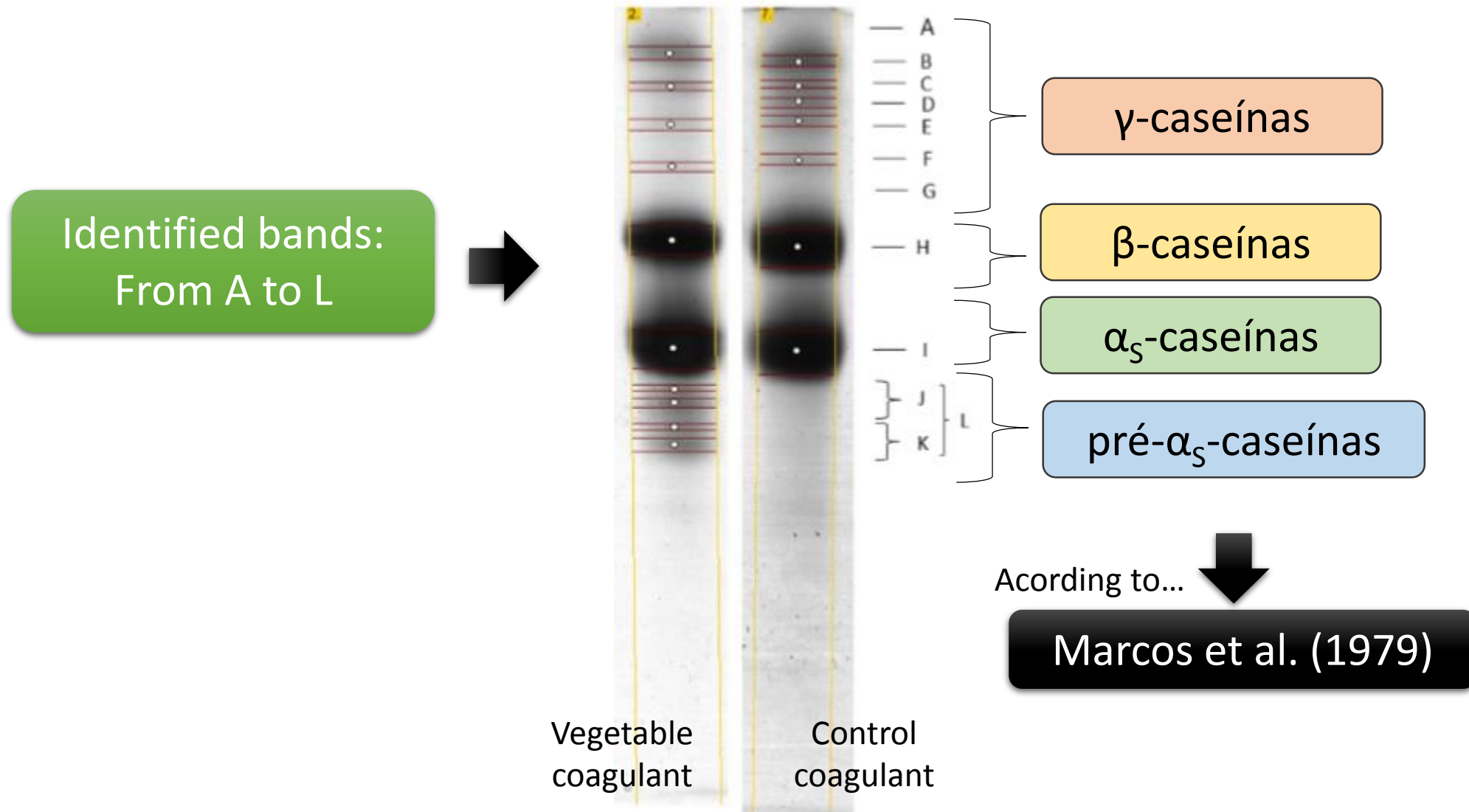
# Results and discussion

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1. Casein  
electrophoretic  
fractions of Évora  
cheese

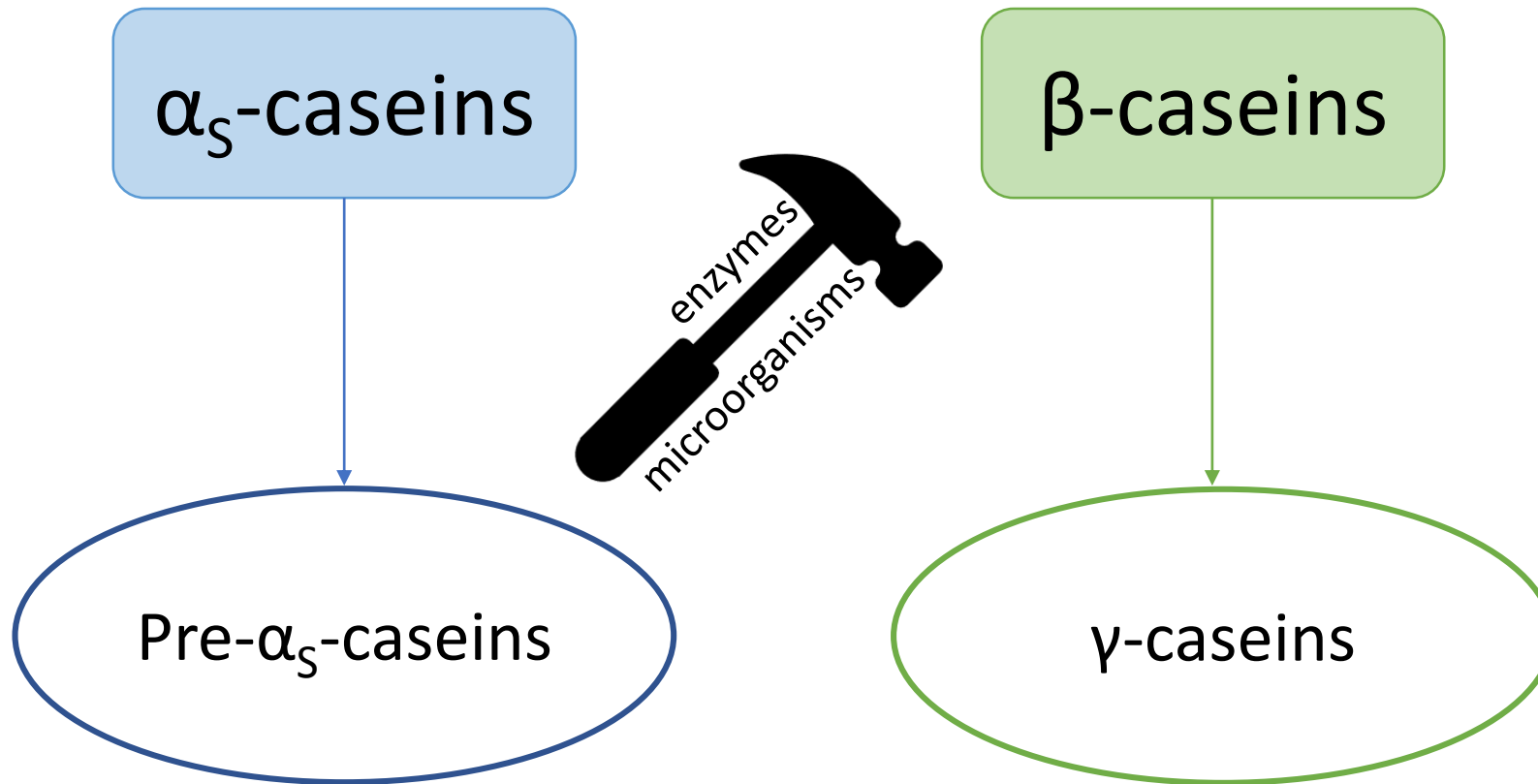
1. urea-PAGE patterns  
profile between the  
coagulation agents  
during ripening

# Casein electrophoretic fractions of Évora cheese



# Casein degradation through ripening

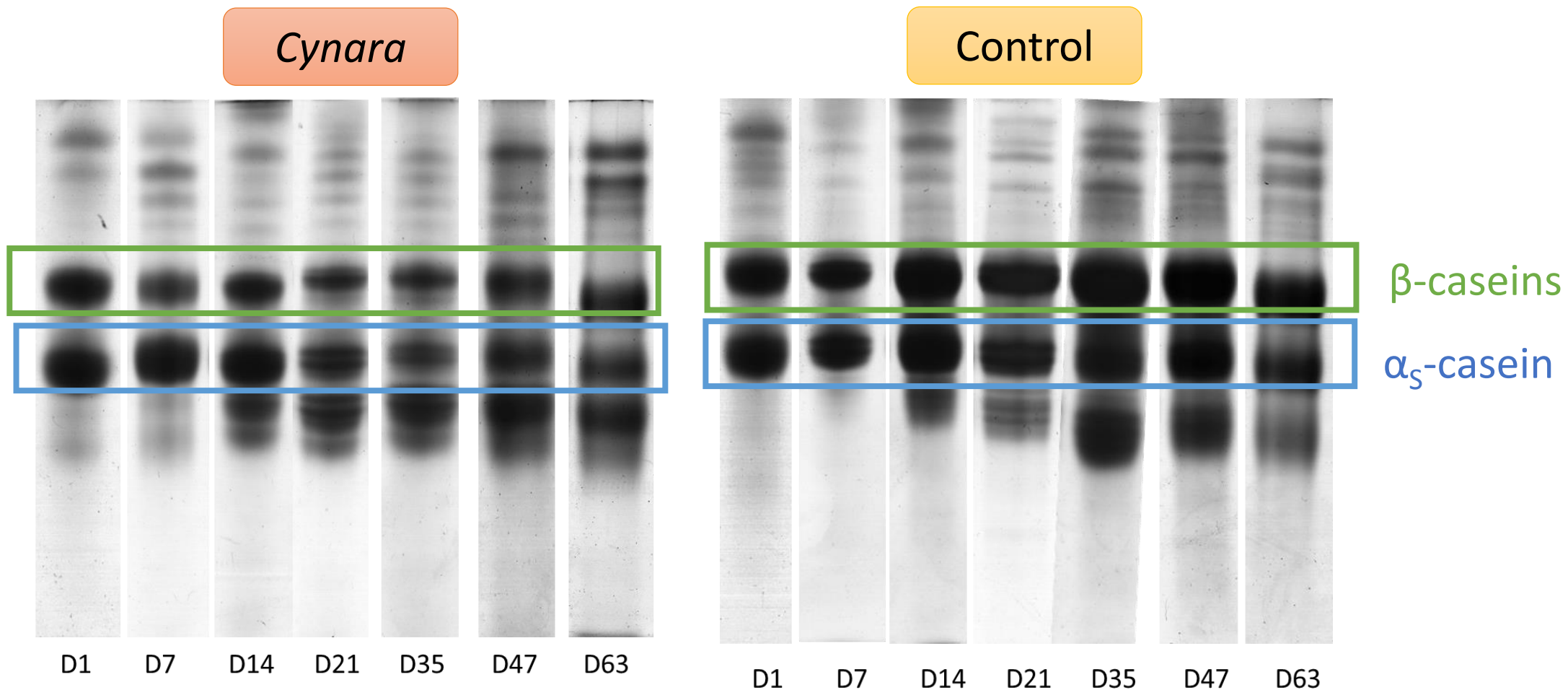
Marked as the main caseins of cheese



## ➔ Proteolysis

- The degradation of  $\alpha_S$ -caseins and  $\beta$ -caseins was observed and the percentage of the total amount of the respective casein initially present in the curd was calculated

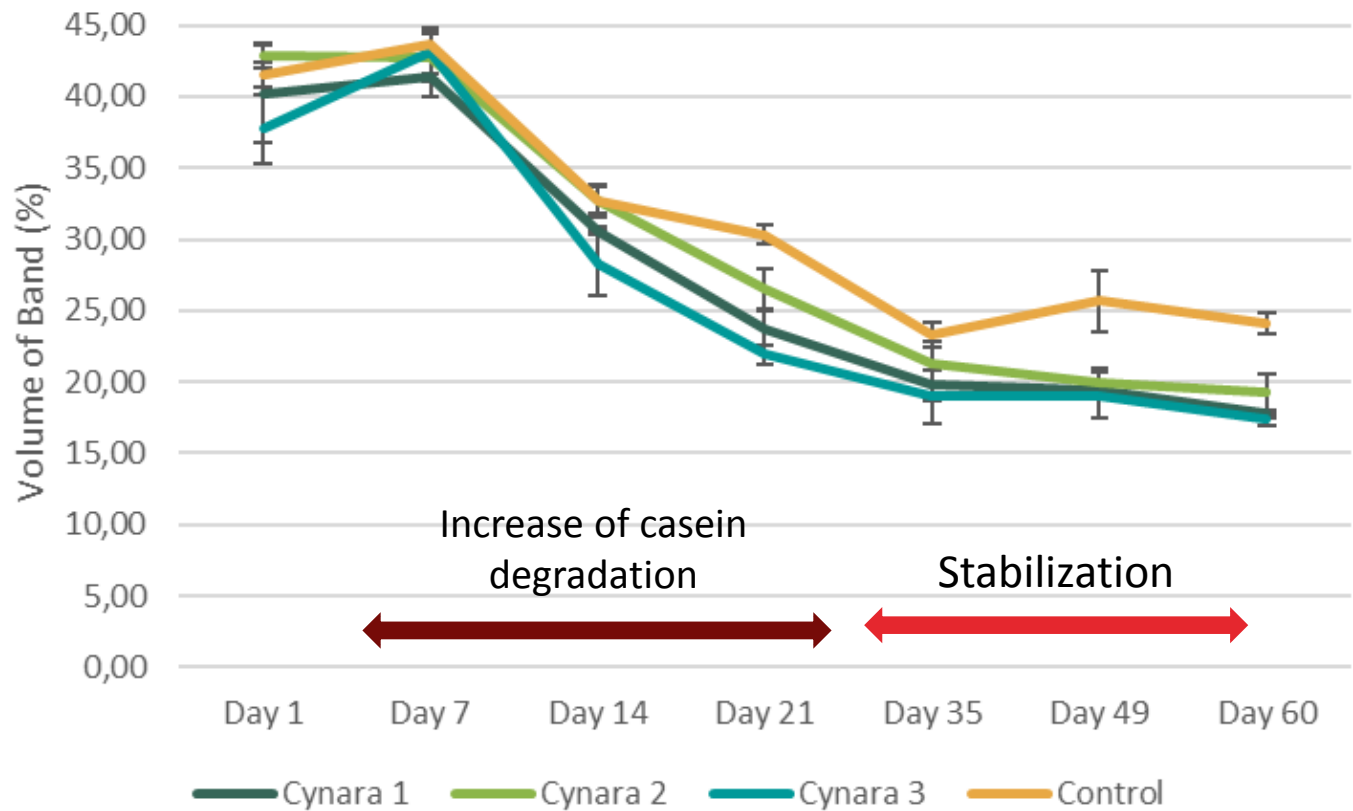
# Urea-PAGE patterns profile during ripening



Urea-polyacrylamide gel electrophoretograms of the main caseins of Évora PDO cheese made using *Cynara cardunculus* L. coagulant (Cynara) and animal rennet (Control) at 1, 7, 14, 21, 35, 47 and 63 days of ripening.

# Urea-PAGE patterns profile during ripening and degradation ratio

## $\alpha_S$ -casein

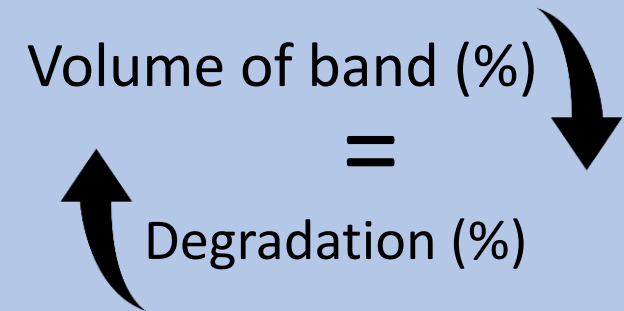
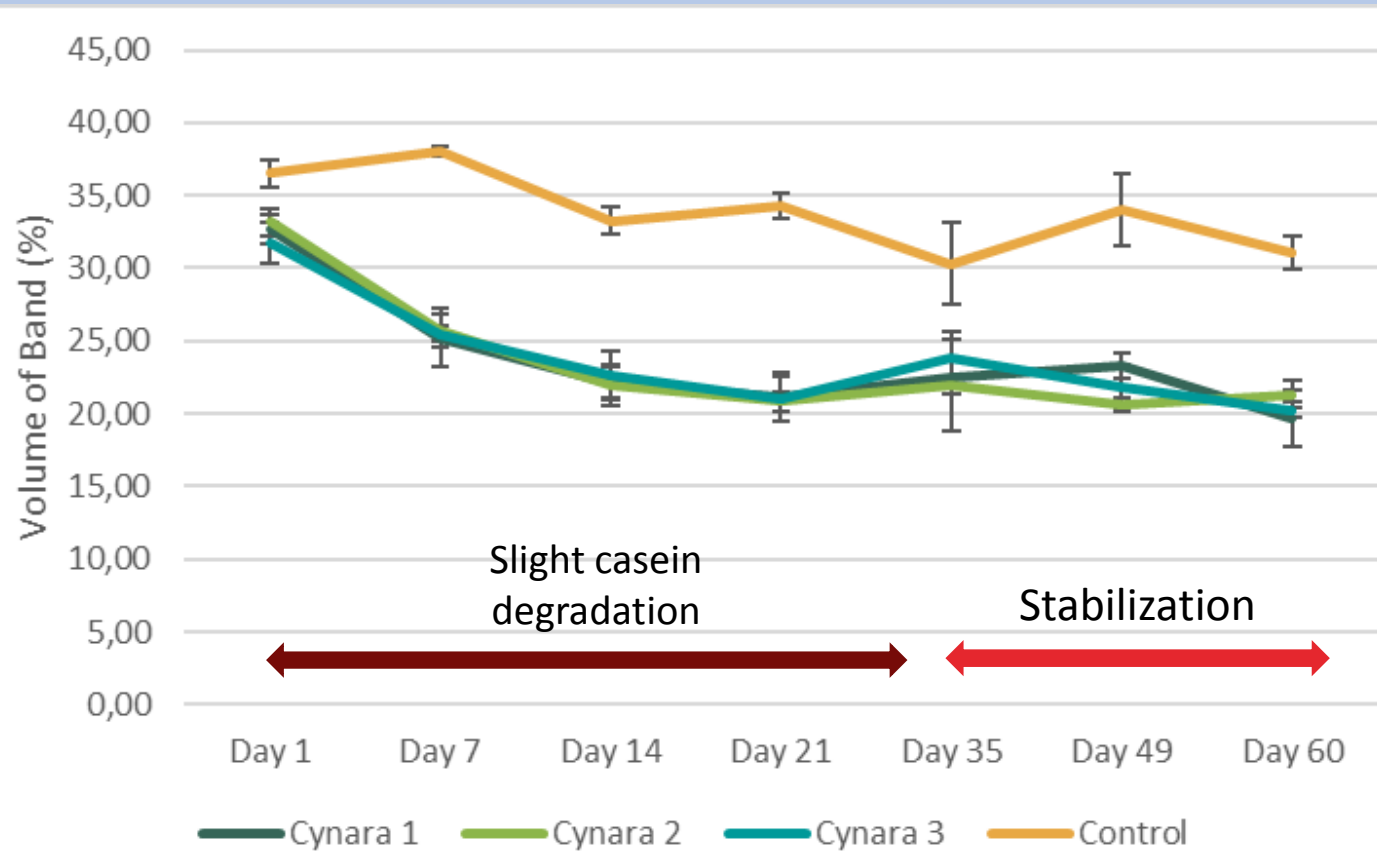


Volume of band (%)  
= Degradation (%)

Coagulant agente	Degradation ratio - 1 to 60 days (%)
Cynara 1	55,76 <sup>a</sup>
Cynara 2	54,99 <sup>a</sup>
Cynara 3	53,95 <sup>a</sup>
Control	41,86 <sup>b</sup>

# Urea-PAGE patterns profile during ripening and degradation ratio

## $\beta$ -casein



Coagulant agente	Degradation ratio - 1 to 60 days (%)
Cynara 1	39,81 <sup>a</sup>
Cynara 2	35,72 <sup>a</sup>
Cynara 3	36,27 <sup>a</sup>
Control	14,95 <sup>b</sup>

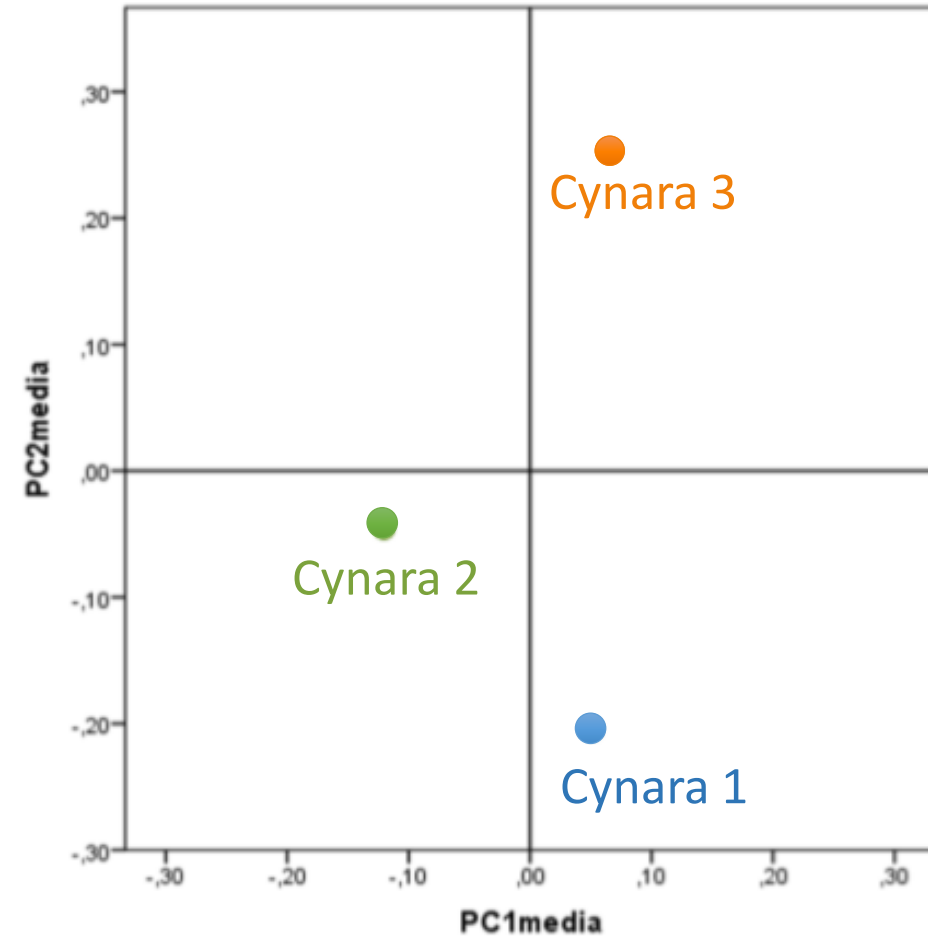
# Principal component analysis

- **PC1**

**Cynara 2** is separated by the other two because of the **degradation of  $\alpha_s$ -caseína** ( $\downarrow$  lower);

- **PC2**

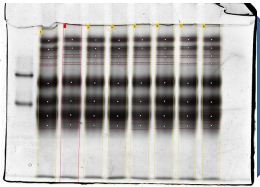
**Cynara 3** is separated by the other two by the **products of degradation of  $\beta$ -caseín** ( $\uparrow$  higher)



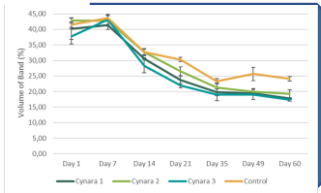
# Conclusions



- 11 bands were identified in PDO Évora cheese and were transformed into 4 main fractions



- Up to **35 days of ripening** → increase of the casein degradation rate, remaining relatively constant until the end of maturation (60 days ).



- **Urea-PAGE casein degradation** → higher protein degradation of cheeses made with **vegetable coagulant** than cheeses made with **animal coagulant**

$\alpha_s$ -caseins = 54.90%

$\alpha_s$ -caseins = 41.86%

$\beta$ -caseins = 37.27%

$\beta$ -caseins = 14.95%



- The degradation pattern of caseins → of cheeses made with the different *Cynara cardunculus* L. ecotypes was quite similar but strongly different from cheese made with animal rennet.





Thank you!!!



Questions ?



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