



# Impacts of early life nutrition on fat tissue morphology and gene expression in adult sheep

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## Introduction

- It is quite well-established that adult obesity and a wide range of metabolic-endocrine disorders can have a fetal origin and can be predisposed by both undernutrition and overnutrition in late fetal life.
- The underlying mechanisms are, however, far from understood.

## Hypotheses:

- Adipose tissues are differentially programmed by over- compared to undernutrition in late fetal life.
- The phenotypic manifestation of this programming in adipose tissue of adults is tissue specific.
- Ability of adipose tissues to recover from development of obesity in early postnatal life relies on the prenatal nutritional history.

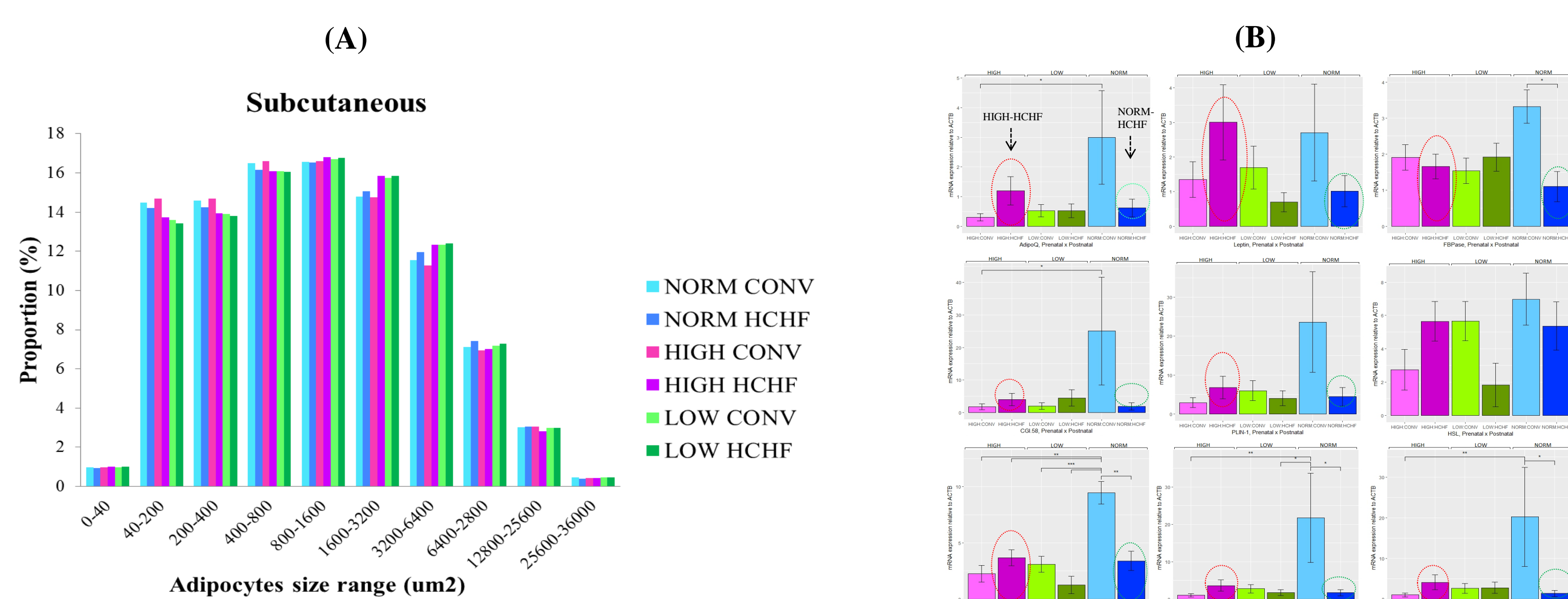
## Objectives

- To assess the long term implications of late gestational under- and overnutrition as well as exposure to an early postnatal obesogenic diet on morphological changes and gene expression patterns in subcutaneous, perirenal and epicardial adipose tissue in adult sheep.
- To investigate whether these impacts of late gestation malnutrition and early postnatal adiposity can be reversed by dietary correction later in life.

## Results (long-lasting impacts of early life malnutrition)

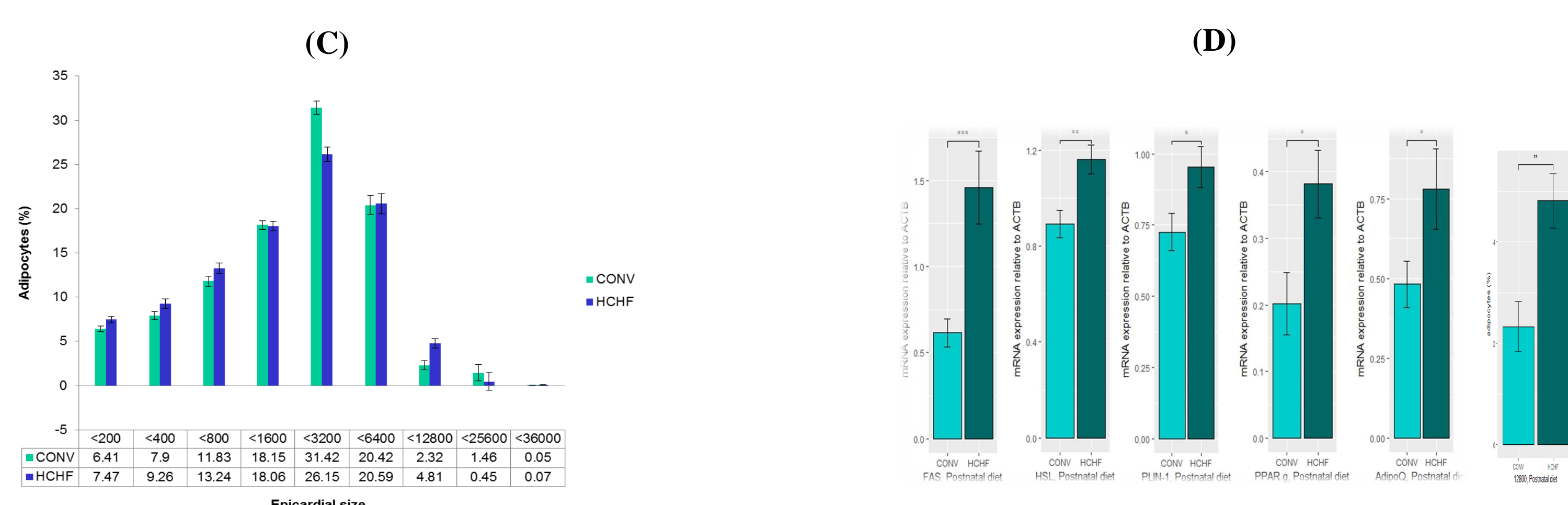
### Subcutaneous adipose tissue: Fetal malnutrition changed male phenotype in female direction

- Long-lasting prenatal malnutrition impacts:**
  - Lasting changes in expression of adipogenic genes were more pronounced in males than females, and changed males in a female phenotype direction (not shown).
  - No long-term impacts were observed on adipose morphology including size distribution (A).
- Long-lasting impacts of early postnatal obesity and pre- postnatal nutrition interactions:**
  - No long-term impacts on adipose morphology were detected.
  - HIGH sheep exposed to overnutrition in late fetal life appeared to attain tolerance towards adverse effects of an early postnatal obesogenic diet (HCHF) on gene expression patterns (B).



### Epicardial adipose tissue: Only affected by postnatal nutrition

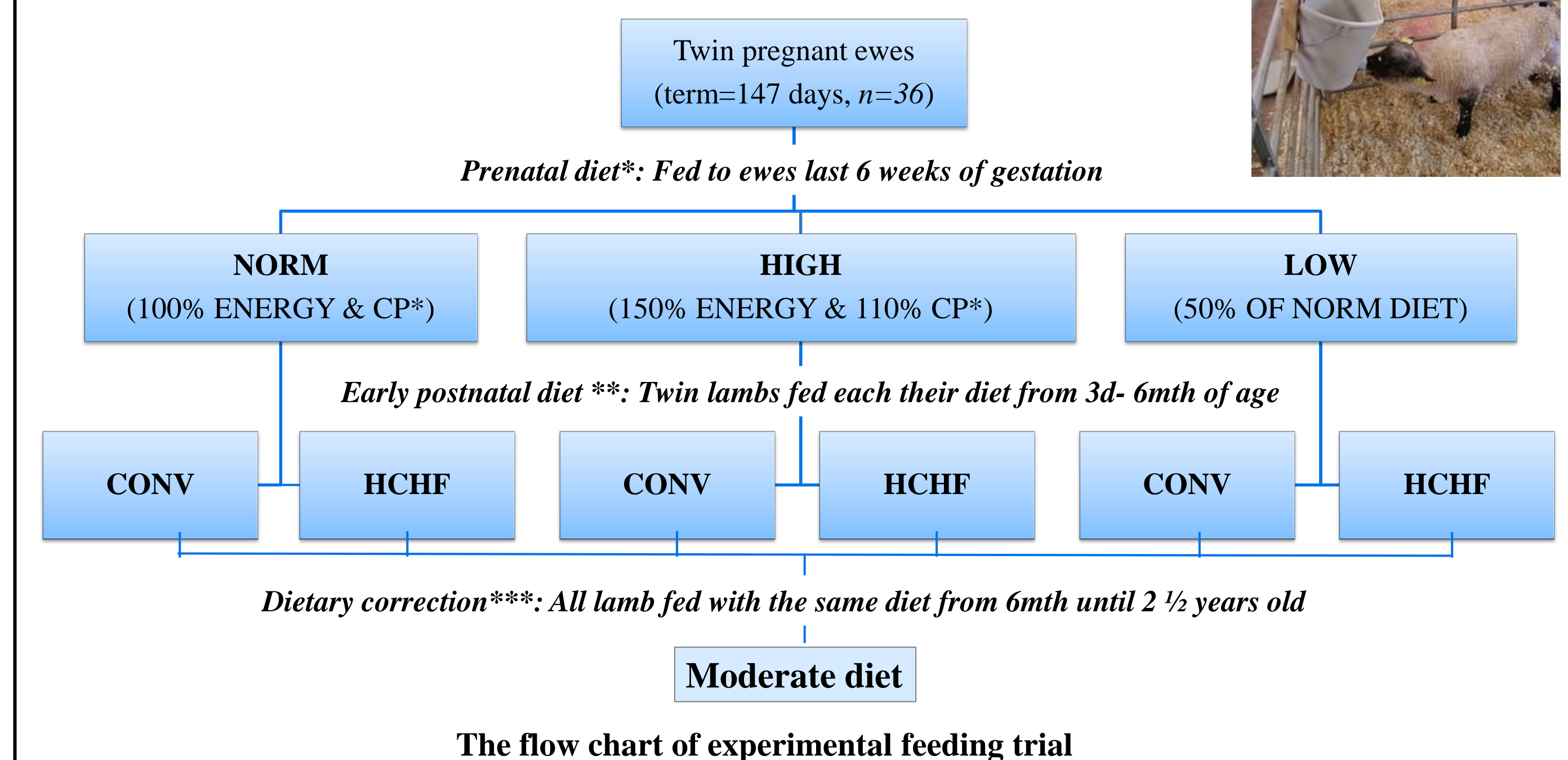
- Long-lasting prenatal malnutrition impacts:**
  - Not detected for any of the studied parameters.
- Long-lasting impacts of early postnatal obesity (after 2 years feeding of a non-obesogenic diet):**
  - Cell distribution patterns were shifted towards larger cells (C).
  - This was associated with up-regulation of adipogenic and lipid metabolism genes (D).



## Conclusion

- Long-lasting impacts of late fetal undernutrition and early postnatal overnutrition on adipose tissue traits were tissue and sex specific.
- Epicardial adipose tissue was exclusively affected by the postnatal diet, probably due to the mismatch in timing of development in this tissue (early gestation) compared to the prenatal nutritional insult.
- Long-lasting impacts of early life nutrition were much more abundant in males compared to females, and appeared to change the male adipose phenotype in a more female direction.
- Surprisingly, exposure to prenatal overnutrition appeared to be associated with increased tolerance towards long-term effects of an obesogenic diet in early post-natal life in subcutaneous but not perirenal adipose tissue.
- Changes in adipose tissue morphology were not closely associated with changes in gene expression and other factors must be involved in changes in adipose cell size distribution.

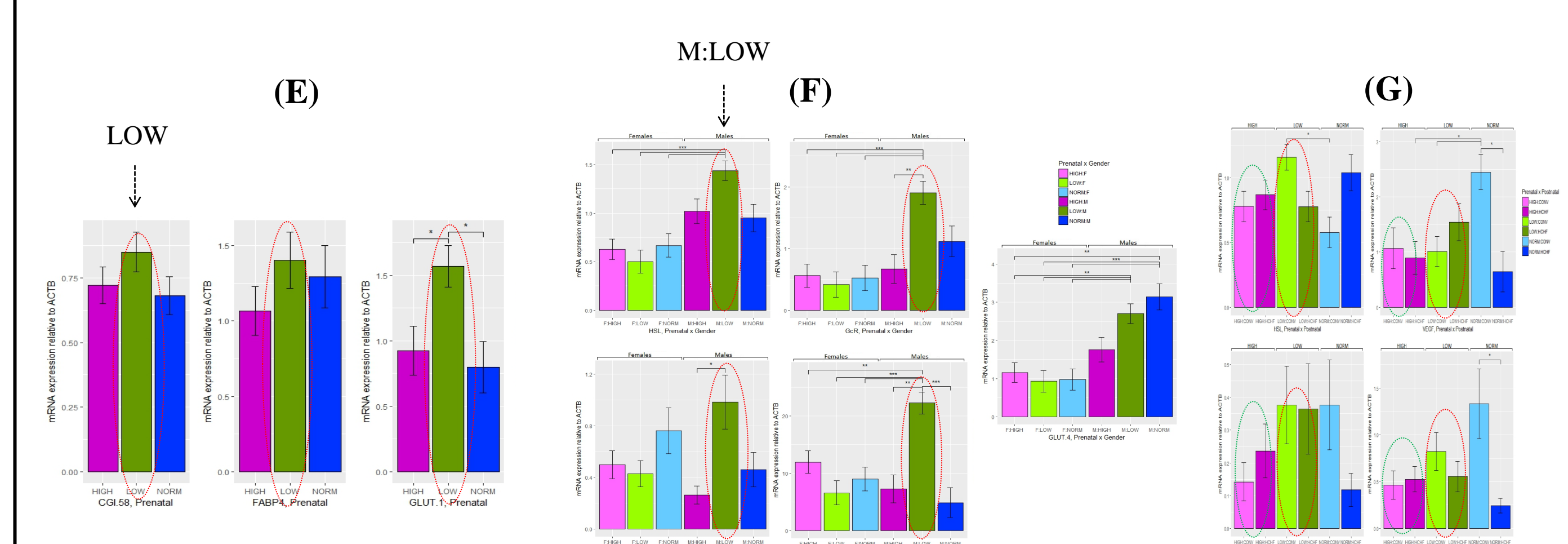
## Experimental design



\*Prenatal nutrition: Daily provisions in diet for twin-pregnant ewes are indicated as % of NRC recommendations for energy and crude protein (CP).  
\*\*Postnatal nutrition:  
- CONV: Conventional, moderate diet; :milk replacer and hay (until 8 weeks) thereafter, only hay. Feeding was adjusted weekly to achieve moderate constant growth rates of approximately 225 g/day until 6 months of age.  
- HCHF: High-starch-high-fat diet; dairy cream-milk replacer mix (1:1 ratio) and rolled maize.  
\*\*\*All sheep were fed a conventional hay-based diet from 6 months to 2½ years of age.  
At 2½ years of age, adipose tissue samples were collected at autopsy to characterize morphology including cell size distribution patterns (Visiopharm®) and mRNA gene expression patterns (qPCR).

### Perirenal adipose tissue: Most sensitive to early life malnutrition

- Long-lasting prenatal malnutrition impacts:**
  - Fetal undernutrition upregulated expression of adipogenic and lipogenic genes (E), but for some genes it was only the case in males (F).
  - Prenatal overnutrition changed adipose cell size distribution in males towards larger cells, ie. a more female-like phenotype (not shown).
- Long-lasting impacts of early postnatal obesity:**
  - Gene expression for a range of adipogenic and lipogenic genes were reduced in males exposed to the obesogenic HCHF diet in early postnatal life, ie in a more female direction (not shown).
  - In females, only few long-lasting effects of the early postnatal nutrition on gene expression were observed.
- Long-lasting pre- and postnatal nutrition interactions:**
  - Expression patterns for a number of genes changes in opposite direction in fetally undernourished (LOW) as compared to overnourished (HIGH) sheep in response to early postnatal exposure to the obesogenic HCHF diet (G).



## Acknowledgements

UNIVERSITY OF COPENHAGEN



Centre for Fetal Programming



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