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Faecal biomarkers for intestinal health in nutritional studies

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Introduction

- Gut is crucial for health and growth
- In particular in high production animals
- Nutrients, barrier
- Immune system central in regulation



Immunity means costs

- If none: growth to 100% of genetic potential
- Main factor inflammation: reduction of growth
- Inhibition inflammation: back towards 100%



Immune systems

- Systemic (ca 30%)
 - reactive
- Mucosal (ca 70%)
 - tolerant (feed is foreign)
 - tight regulation
 - enhancement may cause pathology



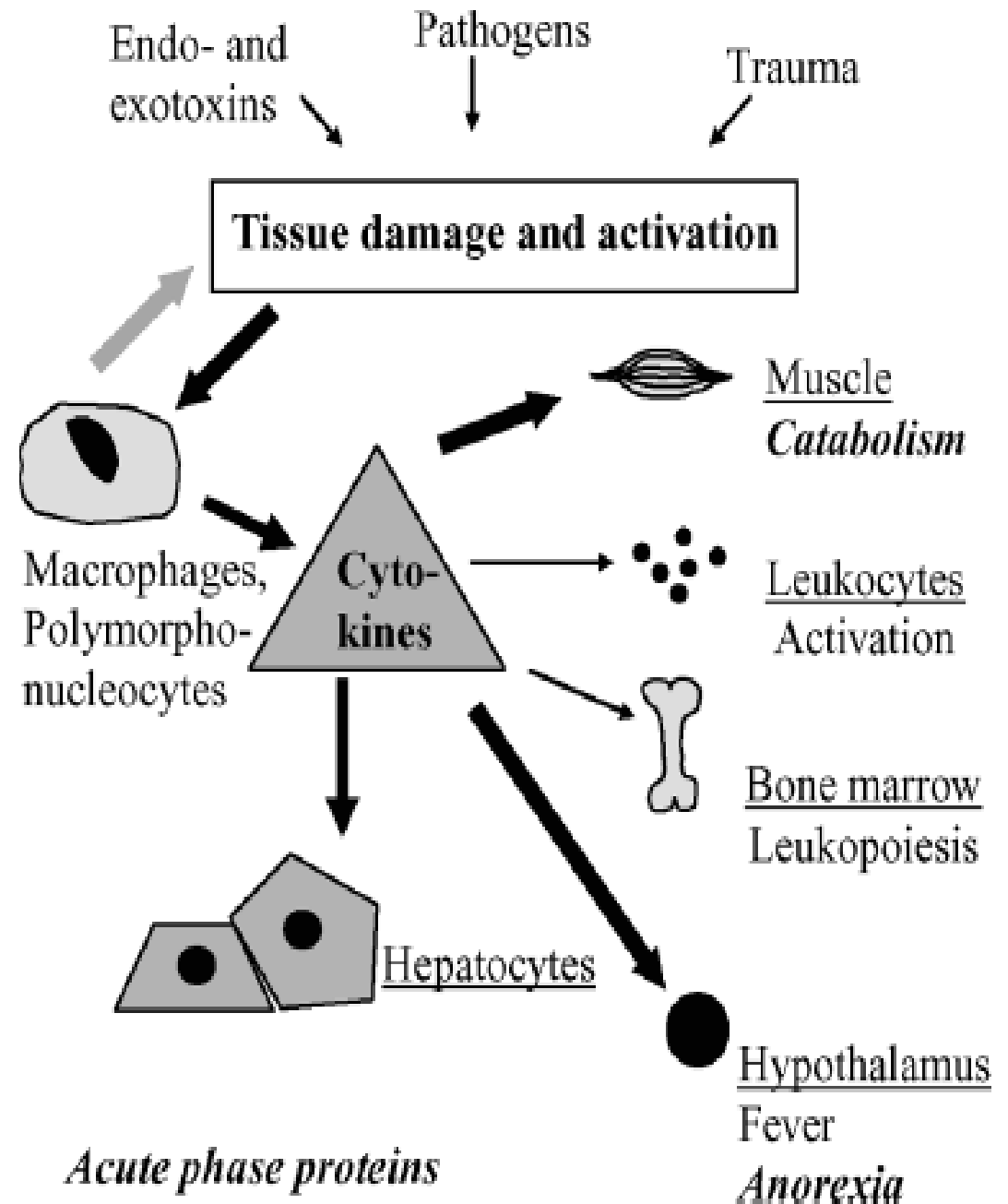
Immune systems

- In both Systemic and Mucosal
 - innate (inflammation) and acquired (antibodies)
 - in both central role for macrophage
- Costs for growth:
 - antibodies up to 3%
 - inflammation 10-30%



- Inflammation causes

- Lower appetite
- Catabolism muscle
- Disease/Pathology
- Pathogens (eg. Campy)
- Abdominal fat





INTESTINAL INFLAMMATION

- Is reciprocal to growth and health
- So (small intestinal) inflammatory biomarkers are promising



How to determine intestinal health

- Problems inaccessability GI-tract
 - necropsy
 - biopsy
 - fistulation
 - endoscopy
- All very invasive and expensive, alternatives?



Biomarkers

- Post-mortem: protein, mRNA expression in mucosa
- Less invasive: plasma acute phase proteins
- Non-invasive: faecal, urine, saliva



Alternatives 1

- Added markers: dual sugar methods e.g. lactulose/mannitol tests (urine/plasma)
 - testing permeability, but too variable
 - useless



Alternatives 2

- Spontaneous markers preferably
 - plasma
 - saliva
 - urine
 - faeces

Requirements:

Less/non-invasive
Reagents available
Cheap



Type?

Important factors in intestinal function

Integrity/permeability

Other: inflammation, damage/infection

Common factor: **Inflammation**

Many available in human

Enterocytes

- Intestinal fatty acid binding protein (I-FABP)
 - small intestine
 - porcine
 - enterocyte damage
 - blood Imm: porcine, chicken
 - urine
 - faeces³
- Claudin 3
 - tight junction loss, intestine permeability
 - blood Imm: porcine, chicken
- Pancreatitis associated protein (PAP, Reg3)
 - small intestine
 - porcine
 - inflammation
 - urine Imm: porcine
 - faeces
- Citrulline
 - small intestine
 - porcine, absent in chicken
 - epithelial loss
 - blood Imm: porcine

Inflammatory

- Myeloperoxidase (MPO)
 - intestine inflammation
 - absent in chicken
 - faeces Imm: / Biochem: porcine
- S100 calmodulin
 - intestine inflammation
 - faeces Imm: porcine, chicken
- Calprotectin
 - intestine inflammation
 - faeces Imm: porcine
- Lactoferrin
 - intestine inflammation
 - faeces Imm: porcine
- HMGB1
 - intestine inflammation
 - faeces Imm: porcine, chicken
- Lipocalin 2
 - intestine inflammation
 - faeces Imm: porcine
- Neopterin
 - intestine inflammation
 - faeces Imm: all Biochem: all
- Acute phase proteins (haptoglobin)
 - inflammation
 - porcine
 - blood Imm: porcine,
 - saliva Biochem: all



In pigs: serum acute phase protein (APP)

Parameter	Control pigs (n=13)		OTC pigs (n=14)		<i>P</i> -value
	Mean	SD	Mean	SD	
A. Growth and serum acute phase proteins					
Weight gain (kg, 37d)	8.5	2.4	10.4	2.0	0.006
Haptoglobin (mg/mL)	0.78	0.60	0.45	0.30	0.107
SAA (mg/mL)	101.0	46.6	71.8	54.2	0.014

NB: APP are also influenced by other inflammatory processes



Pig Intestinal: analogous to mice/man

- Enterocyte (Small Intestine) markers:
 - Intestinal Fatty Acid Binding Protein (IFABP): cell damage
 - Pancreatitis Associated Protein (PAP/Reg3): inflammation
 - Claudin 3: permeability (link inflammation)
- Inflammatory cell markers:
 - Myeloperoxidase (MPO (inflammation), in faeces
 - many more (also from inflammatory bowel disease)

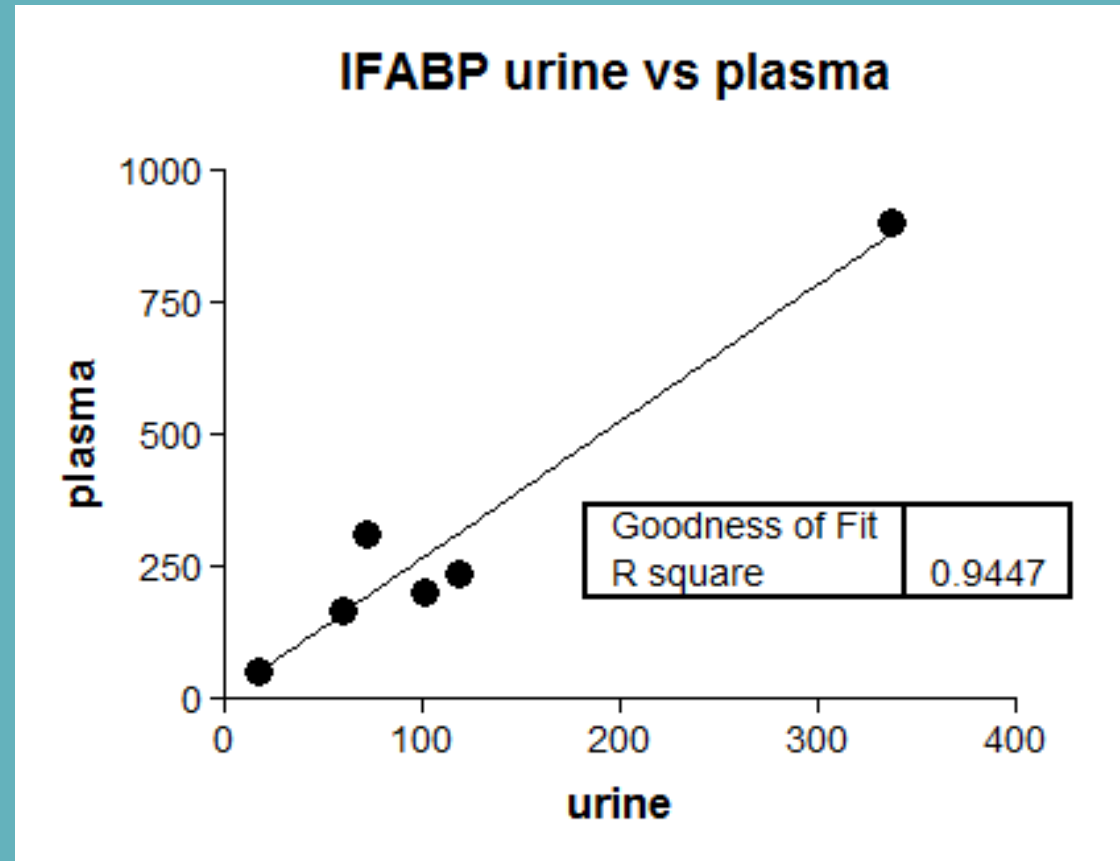


IFABP pig

- Marker for acute enterocyte damage
- Human ELISA cross-reacts
- Plasma, urine, faeces



Results post
weaning piglets

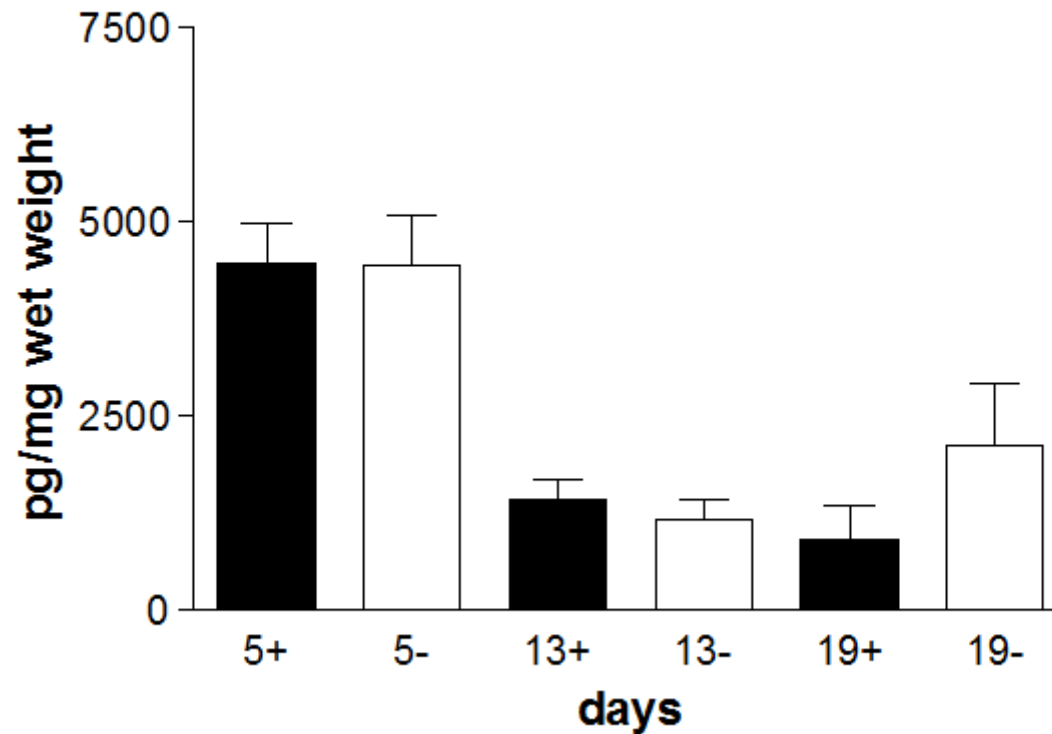




Enterotoxigenic *E. coli* test post infection



I-FABP faeces Rec status



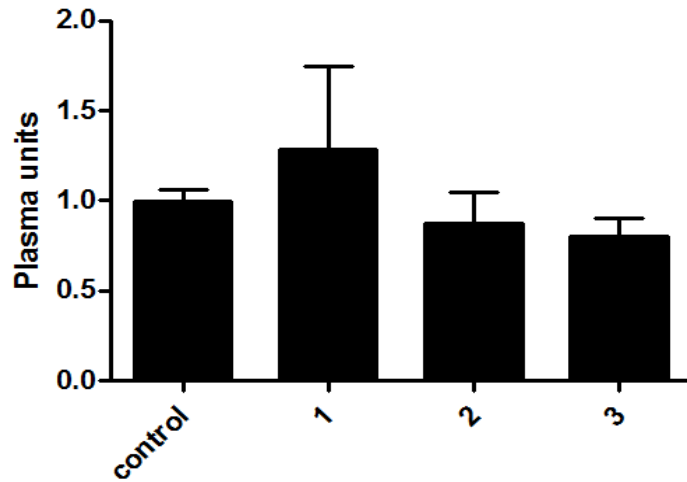


IFABP results and to do

- Biomarker for acute enterocyte damage in pigs
- In plasma, urine and faeces
- In pigs,
 - Chicken similar protein?



Haptoglobin



MPO Faeces pigs (3 additives)

Haptoglobin (Hp) measure in plasma is reciprocal to growth (standard)

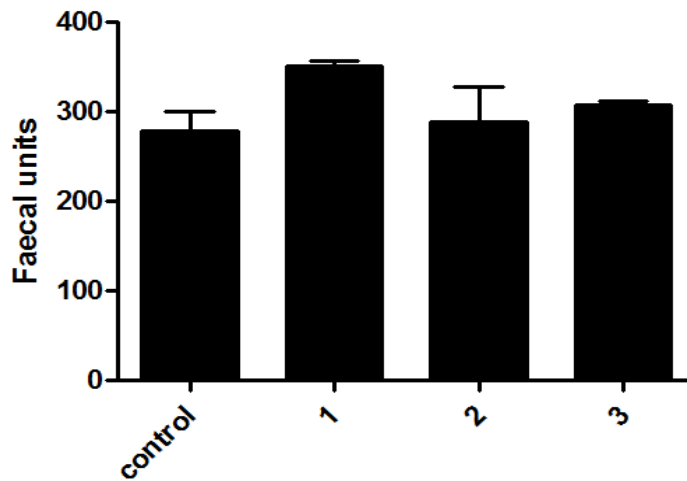
MPO in faeces correlates with Hp

MPO can be simply measured by colorimetric assay (peroxidase)

Cheap and no specific antibodies required

Successful additives show 50% reduction in faecal MPO

MPO



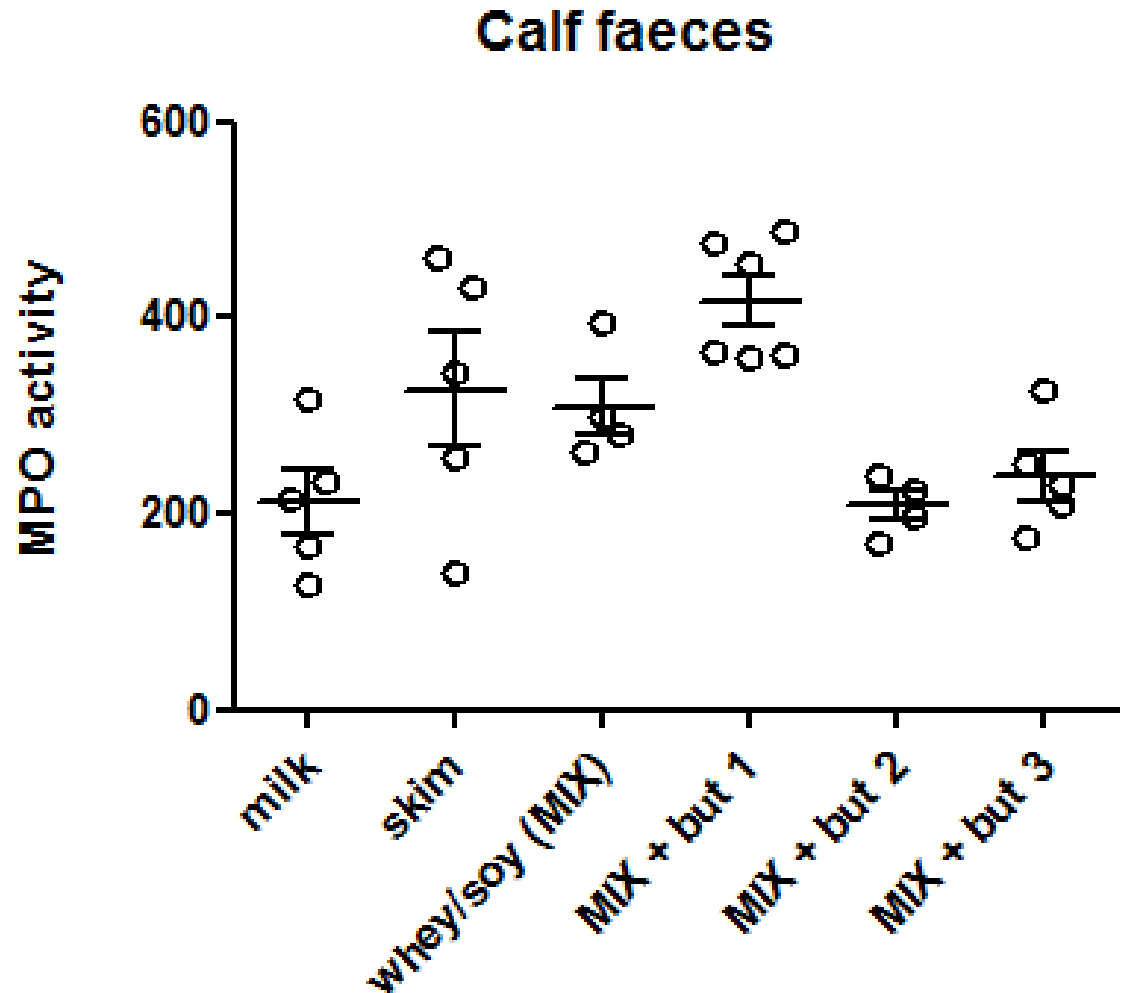


Example calves MPO

Study milk replacers

MPO parallels growth
(retardation)

(MPO not in chicken)





PAP

- Inflammatory marker
 - pancreatitis associated protein, also Reg 3
 - antibacterial, anti-inflammatory
- Correlates with severity of e.g. infection (ETEC)
- Described to be present in other species in plasma, urine, faeces



PAP in pig

- Works at the mRNA level, not protein (ELISA)
 - despite claims from companies
- Problem appeared to be:
 - Soler et al.: Identification of the major regenerative III protein (RegIII) in the porcine intestinal mucosa as RegIII γ , not RegIII α . *Vet Immunol Immunopathol.* 167:51–56, 2015
- Now specific pig antibodies, and testing (see next ppt) successfully



Concluding remarks 1

- Intestinal health and function in mammals can be determined by using faecal biomarkers
- Still some validation has to be done
- However, a good correlation is found between faecal biomarkers and growth



Concluding remarks 2

- Inflammatory biomarkers such as PAP and MPO give similar results as in other species
- Faecal MPO is the simplest and cheapest
- Further field testing required
- End goal: animal side test



Concluding remarks 3

- Often parameters are used which not necessarily directly related to health and growth (villus/crypt ratio, microbiota etc)
- As opposed to inflammatory biomarkers (IB)
- IB for preventive and curative purposes
- Objective parameters for the efficacy of additives



Concluding remarks 4

- Particularly relevant because of search for alternatives to antimicrobial growth promoters (AGP) and Zn
- These are anti-inflammatory agents
- So alternatives should be too
- Prove by low MPO (or PAP etc)



Thank you

Questions?



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