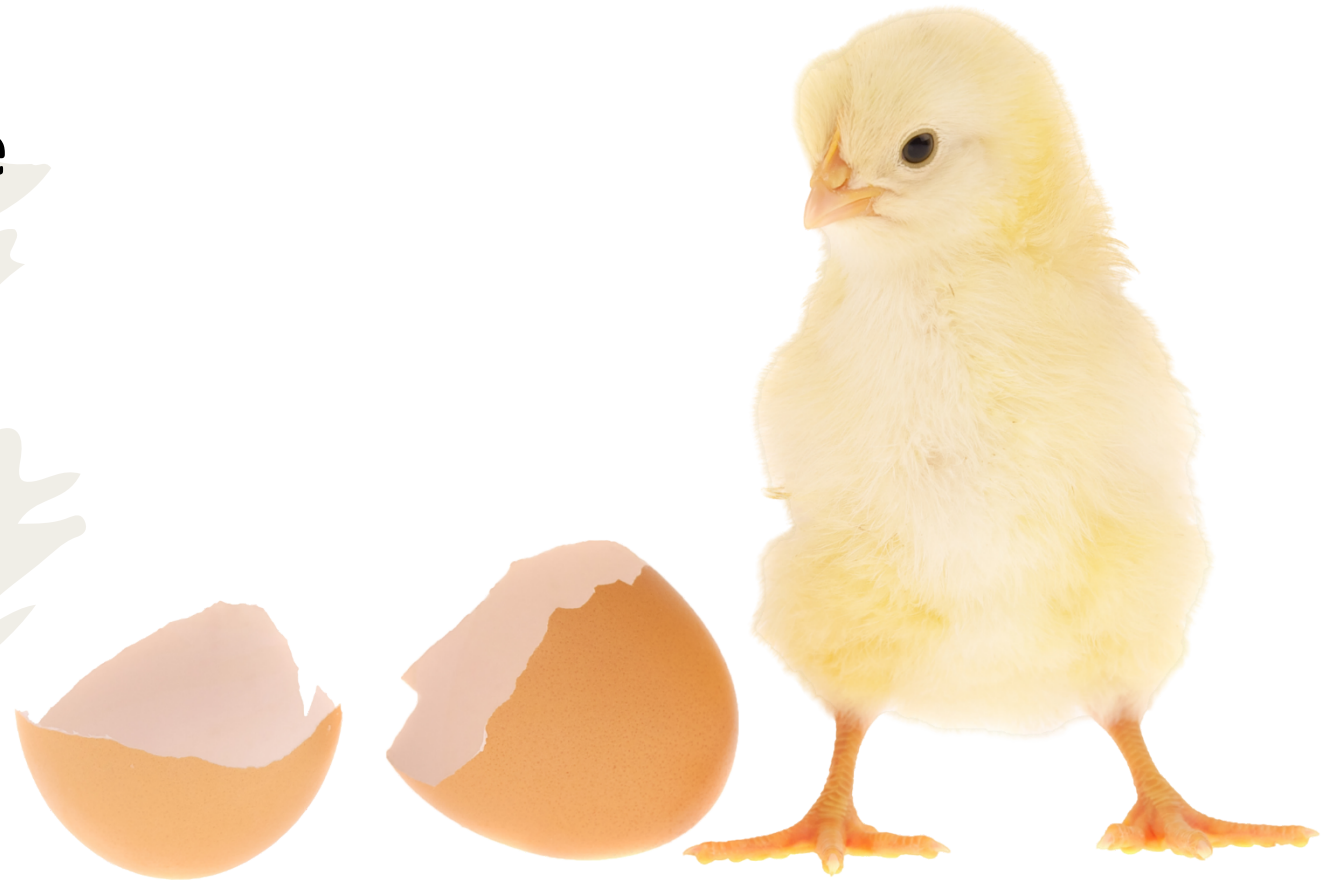


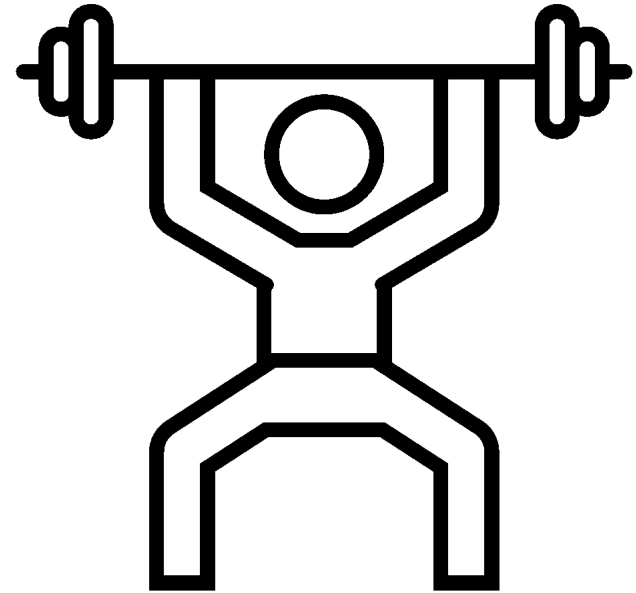
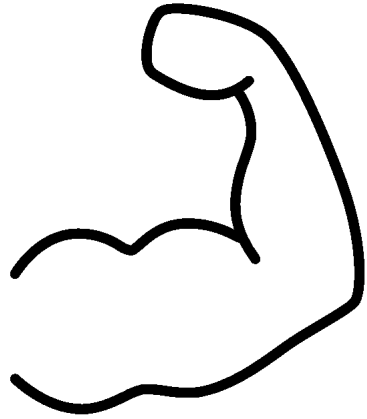
# Effect of Creatine Monohydrate *in ovo* feeding (IOF) on progeny performance of young breeder flocks

Corey-Ann B Firman\*, **Vivienne Inhuber**, David J Cadogan,  
William H E J Van Wettere, Rebecca E A Forder

**Lyon, EAAP Conference 2023**  
28 August 2023

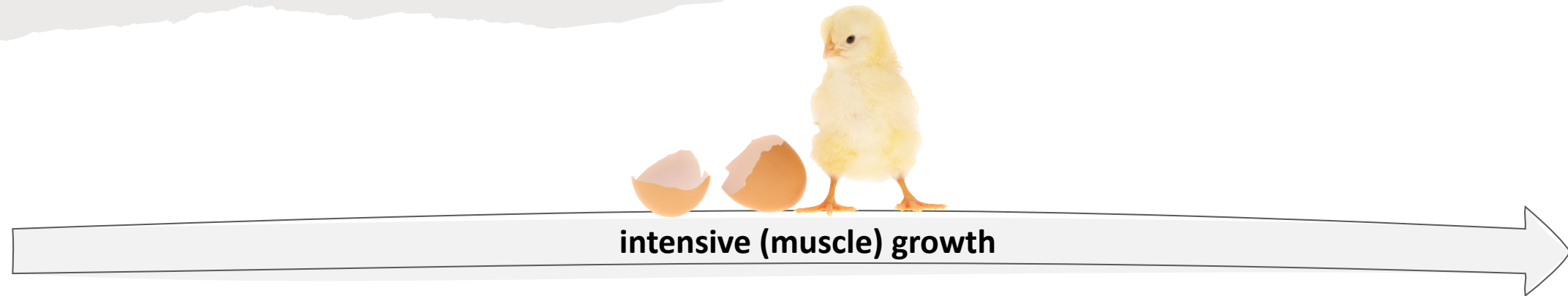


**CREATINE ...**



**... INTENSIVE MUSCLE GROWTH**

# BROILER PRE- and POST-HATCH DEVELOPMENT



**IN-OVO-FEEDING OF CREATINE  
FOR MORE VITAL HATCHLINGS AND BETTER POST-HATCH PERFORMANCE?**



# Today's agenda

## Energy Metabolism in ovo

Embryonic broiler  
development

Creatine & cellular energy  
metabolism

## Our Study

IOF study

supplementary  
study

## (prelim.) Results

hatch rate & performance

other measurements

## Conclusions & Outlook

Sneak-preview of  
current (follow-up)  
study

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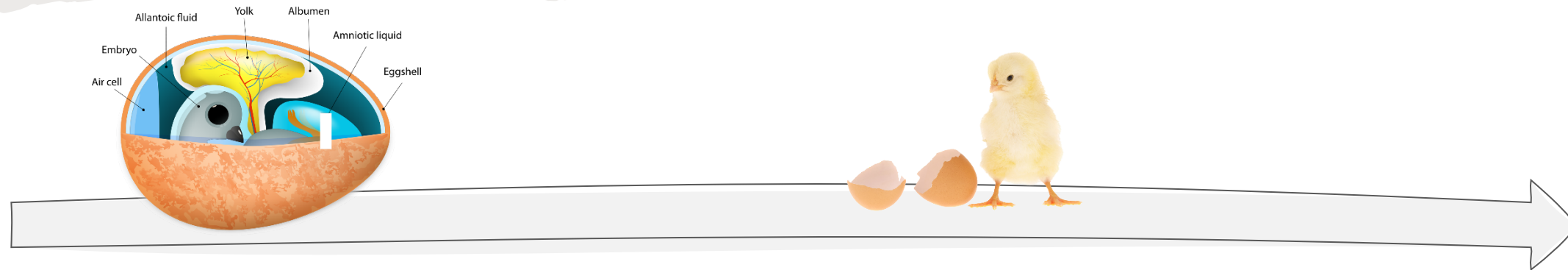
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# BROILER EMBRYONIC DEVELOPMENT

>33%

spent in ovo



requirements *in ovo*

heat, humidity, oxygen  
nutrients & energy

resources *in ovo*

mostly water, lipids and  
proteins

performance-determining factors

hatch

post-hatch performance

# BROILER EMBRYONIC DEVELOPMENT

## Energy Metabolism

### first week

small **glucose** stores help to maintain metabolism

(Moran, 2007)

### embryonic d17

(Omede et al., 2017)

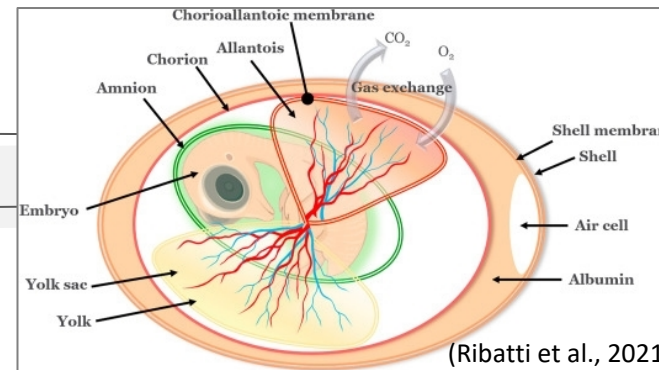
- significant changes in the metabolism
- ingestion of amniotic fluid **substrates** become available to deposition as **glycogen** stores

(Uni and Ferket, 2003)

- metabolism needs **anaerobic catabolism of glucose**
- dependency on glycogen stores and gluconeogenesis pathway

(Uni and Ferket, 2004)

## embryonic development



### second week

extraembryonic membranes are formed and **lipids** serve as main energy source

(De Oliveira et al., 2008)

### embryonic d19

- rupture of chorioallantoic membrane (gas exchange) → decrease of O<sub>2</sub> availability
- fatty acid utilization becomes ineffective and does not meet the energy requirements anymore

(Moran, 2007)

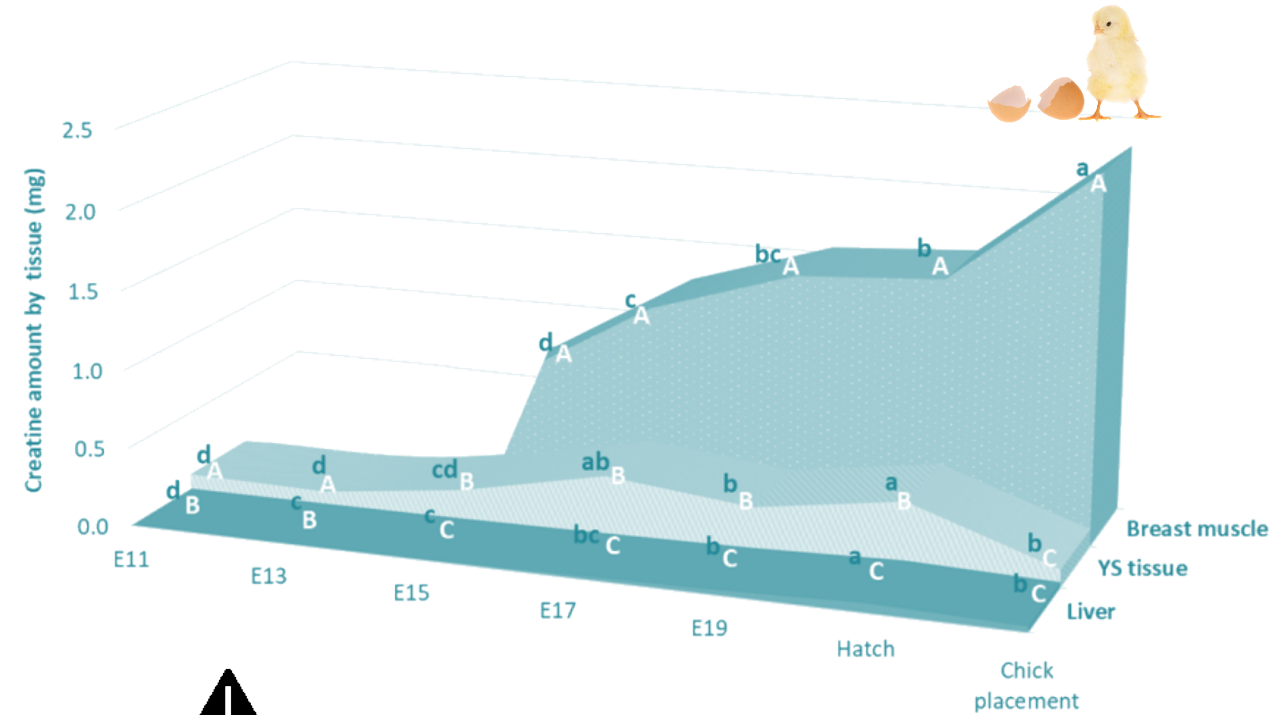
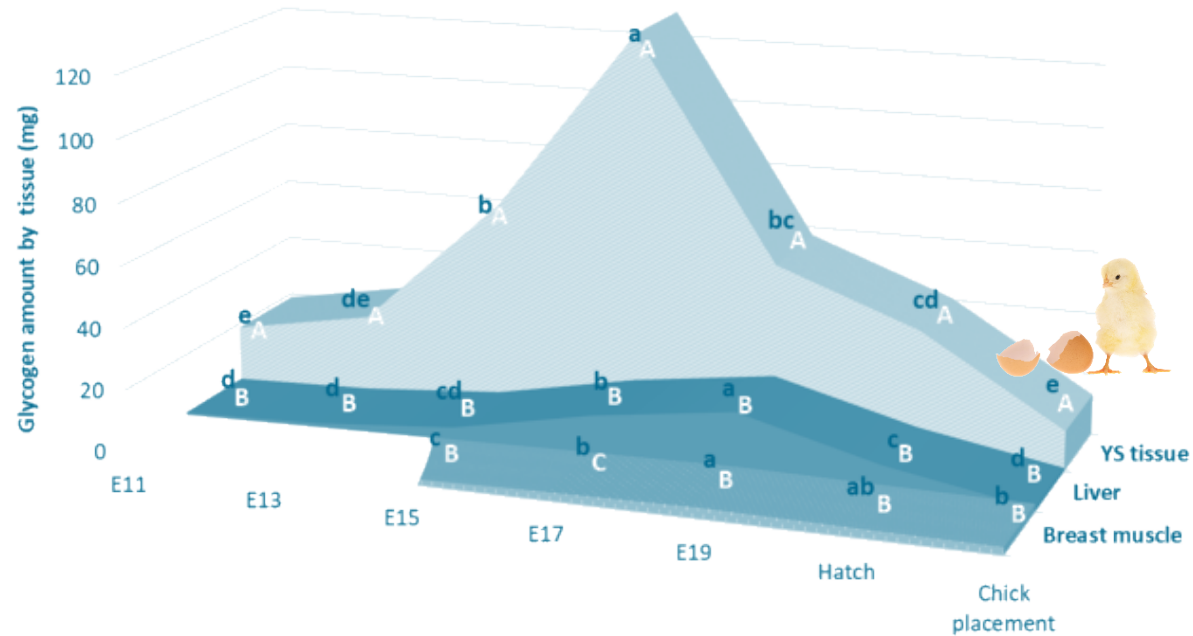
**depletion of glycogen levels towards hatch**



# ENERGY RESOURCES AT HATCH



**GLYCOGEN** is stored mainly in the yolk sac tissue.  
The sharp **decrease** in glycogen levels **at hatch** and chick placement implies energy limitation in hatchlings.



**CREATINE** is stored mainly in the breast muscle.  
At chick placement, the high **creatine** levels in the breast muscle **serve as THE available energy source**.



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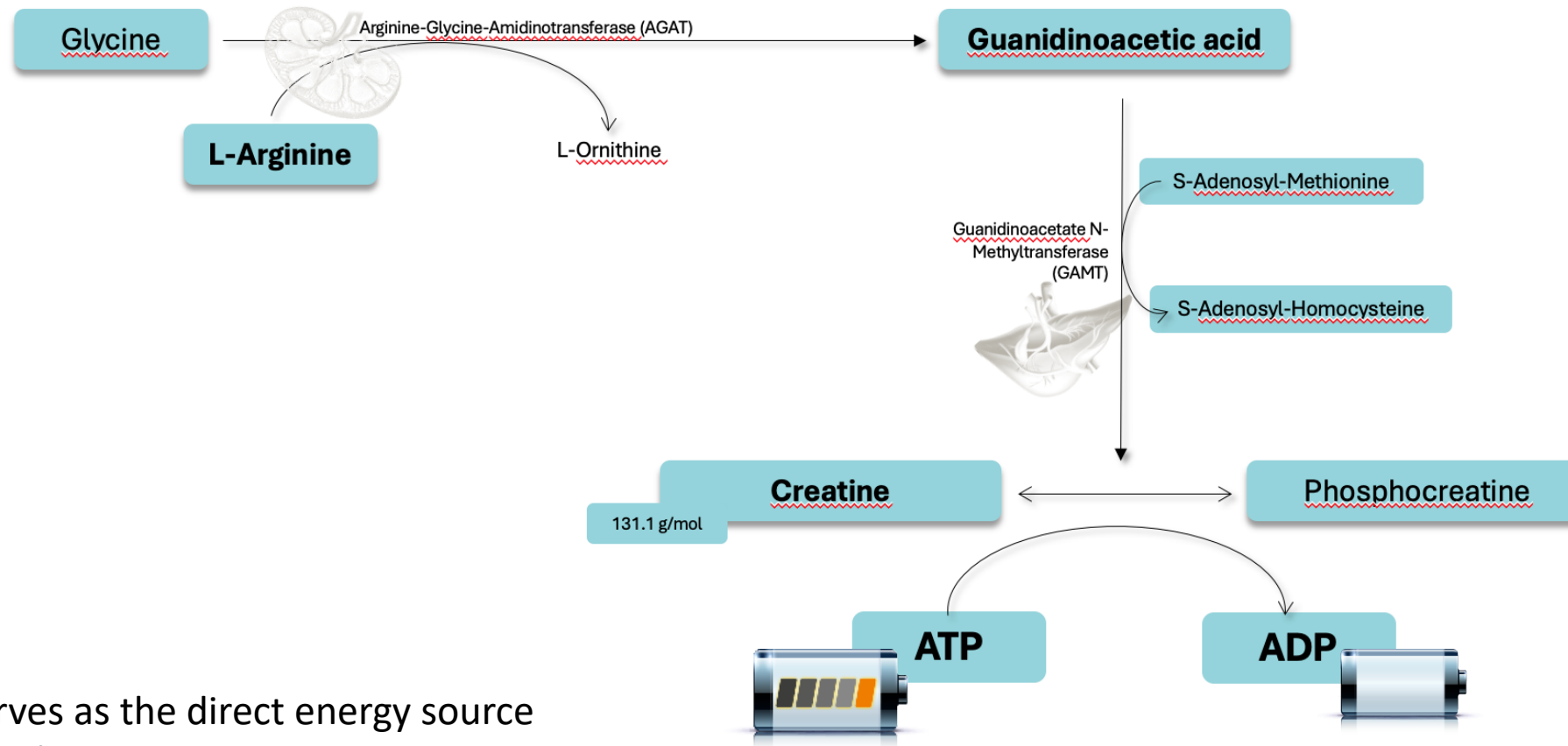
other measurements

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# CREATINE

rapidly available energy, mainly stored in muscle tissue



**CREATINE** serves as the direct energy source on cellular level.  
In its active form phosphocreatine (PCr) it replenishes ATP from ADP.

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# STUDY DESIGN



IN-OVO-FEEDING OF CREATINE  
FOR MORE VITAL HATCHLINGS AND BETTER POST-HATCH PERFORMANCE?



## 400 fertile eggs

obtained from 28-week-old Ross breeder hens



young breeder hens,  
producing smaller egg yolks than  
older breeder hens  
→ **less nutrients for their progeny!**



## treatment at embryonic d14

- 1) CON: no IOF treatment
- 2) IOF-CON: injection of 0.75% saline solution
- 3) IOF-CrM: 8.16 mg CrM in 0.75% saline solution



## at hatch

24 birds/treatment

## grow-out until d42

32 birds/treatment

## dissection

(e.g., liver, heart and breast and  
hatching muscle samples)

## SUPPLEMENTARY STUDY

(repetition of this study including additional measurements)

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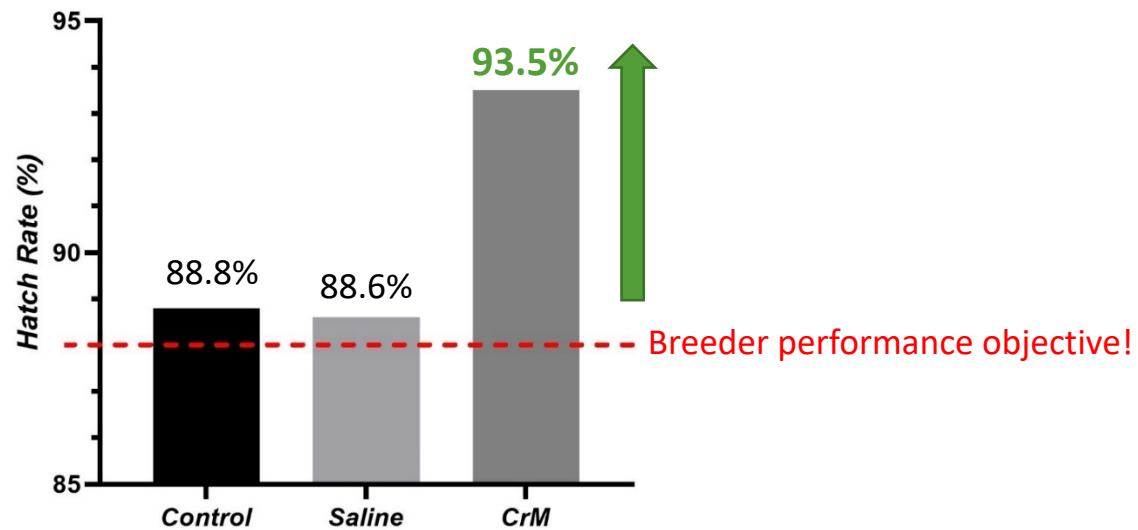
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# RESULTS

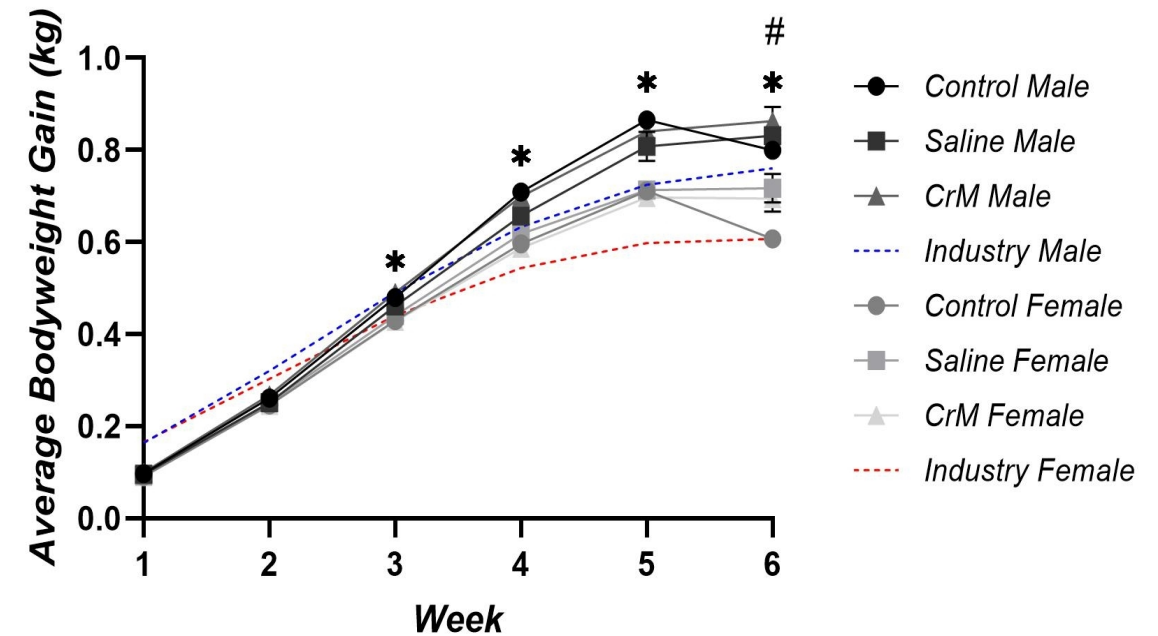
Performance

## Hatch Rate



notable difference between treatment groups

## Bodyweight Gain

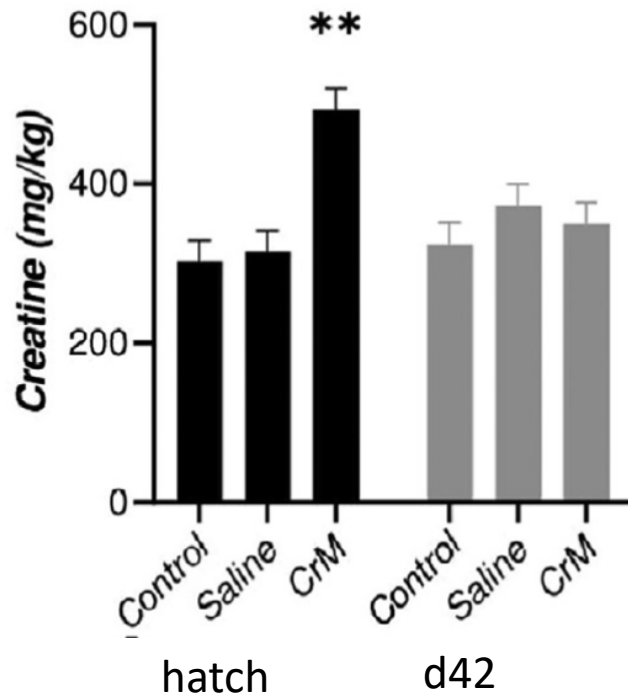


no statistical difference between treatment groups, but a significant sex effect

# RESULTS

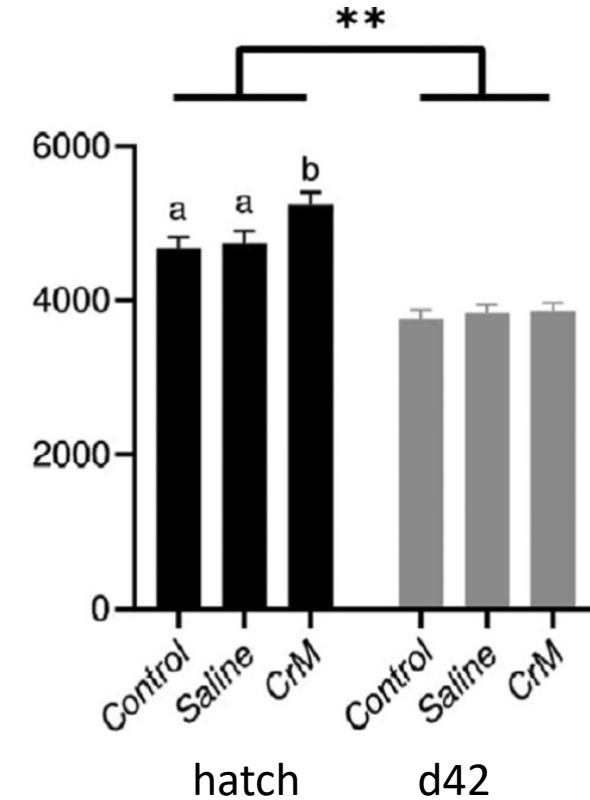
Tissue Analyses

## Liver Creatine



CrM birds had higher ( $p < 0.05$ ) liver Creatine at hatch

## Heart Creatine



CrM birds had higher ( $p < 0.05$ ) heart Creatine at hatch;  
heart Creatine was higher ( $p < 0.05$ ) at hatch than at d42

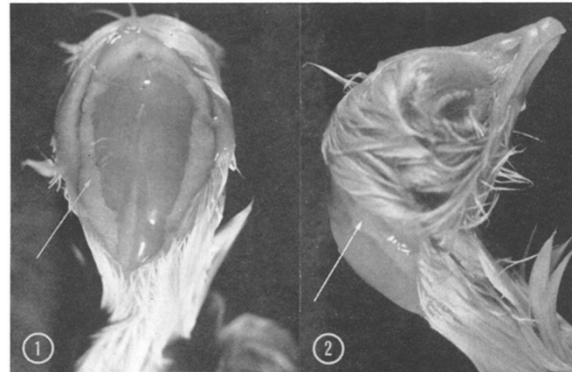
# RESULTS

supplementary study



**No significant difference  
between groups in:**

- Hatch weight
- Weekly weight

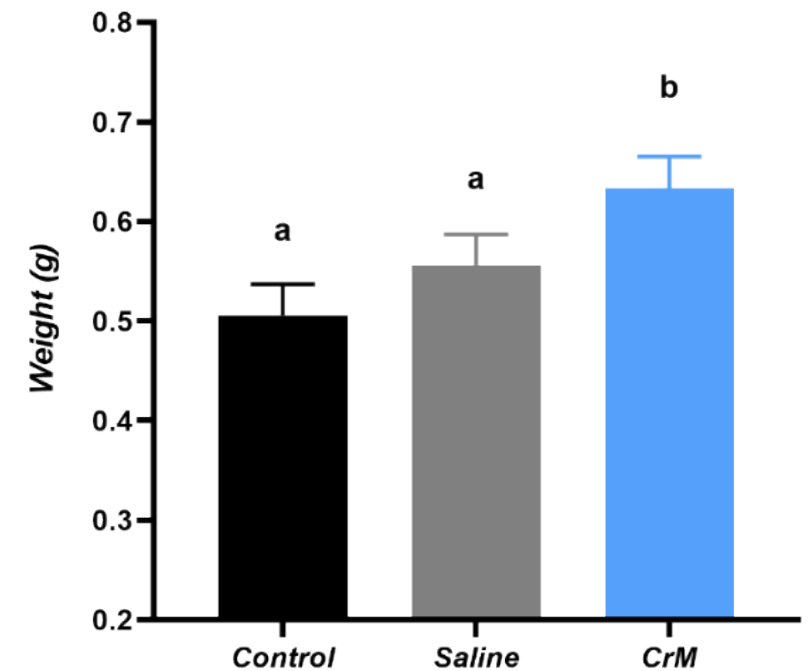


Dorsal and lateral view of hatching muscle in chick at embryonic day 19. Arrows indicate the large lymph glands (Smail, 1964)



CrM birds had a **heavier** ( $p < 0.05$ ) hatching muscle than CON and IOF-CON birds

## Hatching Muscle





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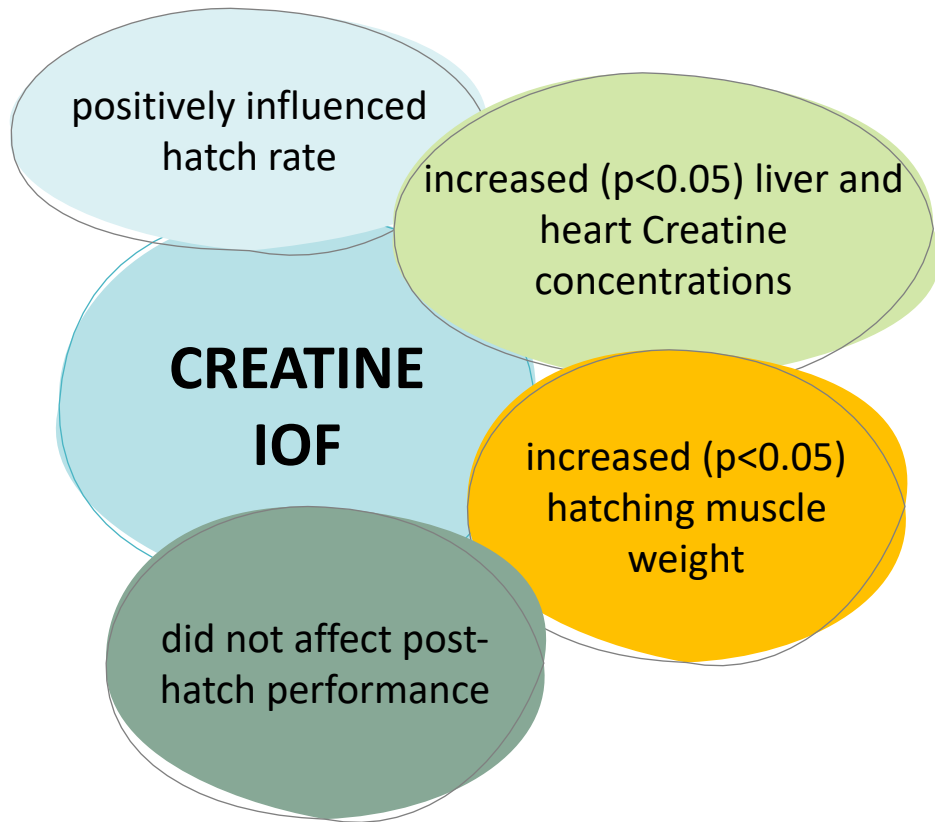
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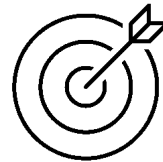


# IN-OVO-FEEDING OF CREATINE FOR BETTER CHICK VITALITY AND POST-HATCH PERFORMANCE?



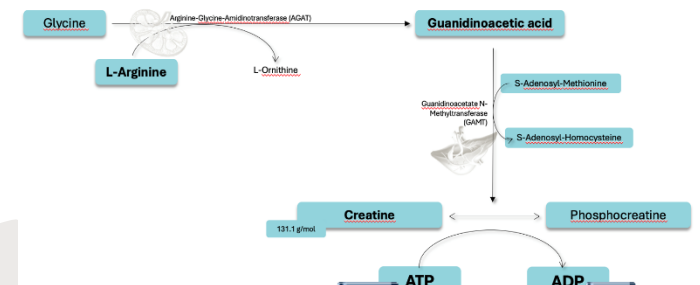
## fill the puzzle

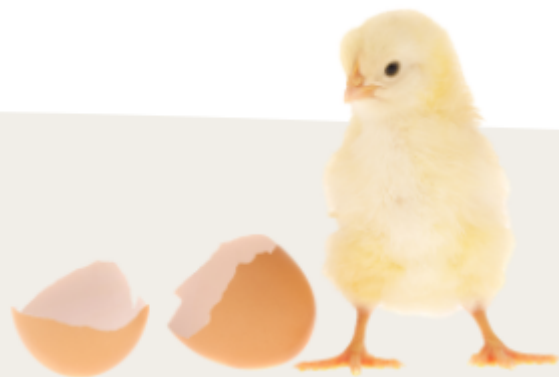
- analyses on **Creatine concentration in hatching muscle** and other tissues
- behaviour data on chick vitality** min. 24h post-hatch



## OUTLOOK

study with Creatine feed supplement (GAA, Creamino®) for breeder hens





**THANK YOU FOR YOUR  
ATTENTION  
AND THANKS TO ...**



**THE UNIVERSITY  
*of* ADELAIDE**

alzchem  
group

